

Manchester Area Cross Country League at Heaton Park on Saturday 12th January 2019

Under 11 - Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	70	Oberon Kearney	Wirral Ac	10:51
2	65	Jack Marwood	Warrington A C	11:00
3	57	William Bailey	Stockport Harriers & Ac	11:12
4	72	Dominic Poulston	Wirral Ac	11:25
5	69	Ben Cronshaw	Wirral Ac	11:30
6	60	Isaac Reed	Stockport Harriers & Ac	11:46
7	42	Ben Keeley	Sale Harriers Manchester	11:48
8	66	Jacob Pryor	Warrington A C	11:49
9	47	Evan Grime	Salford Harriers & AC	11:51
10	693	Liam O'Brien	Sale Harriers Manchester	11:55
11	827	Tom Byrne	Liverpool Harriers & Ac	11:58
12	706	Evan Lewis	Trafford Athletic Club	11:58
13	61	Ben Sturgess	Stockport Harriers & Ac	12:05
14	692	James O'Brien	Sale Harriers Manchester	12:09
15	11	Alfie Bundy	East Cheshire Harriers	12:10
16	67	Jamie Barnes	Wespa Fire Athletics	12:11
17	3034	\$Jamie McCabe	Unattached	12:14
18	68	Noel Ford	Wespa Fire Athletics	12:16
19	815	Luca Noorpuri	Wespa Fire Athletics	12:22
20	711	Alfie Murray	Vale Royal Ac	12:27
21	695	Fraser Sinclair	Sale Harriers Manchester	12:29
22	19	Alfie Manser	East Cheshire Harriers	12:31
23	847	Tyler Piercy	Wespa Fire Athletics	12:40
24	64	Spencer Astbury	Warrington A C	12:42
25	3033	\$Joe Eyre	Unattached	12:42
26	12	Bobby Burton	East Cheshire Harriers	12:45
27	45	Jamie Barber	Salford Harriers & AC	12:46
28	696	Joseph Spark	Sale Harriers Manchester	12:47
29	702	Will Vose	St Helens Sutton Ac	12:52
30	848	Mateuse Mientke	Oldham & Royton H & Ac	13:02
31	39	William Pentreath	Manchester Triathlon Club	13:06
32	672	Marshall Fleet	East Cheshire Harriers	13:07
33	59	Joel Hulley	Stockport Harriers & Ac	13:14
34	25	Charlie Rigby	Halton & Frodsham Harriers	13:14
35	818	Zach Rose	Stockport Harriers & Ac	13:16
36	673	Jed Burton	High Peak Athletic Club	13:16
37	48	Marcus Lowrey	Salford Harriers & AC	13:20
38	26	Josh Edlin	High Peak Athletic Club	13:22
39	20	Tom Snowden	East Cheshire Harriers	13:26
40	23	Charlie Larkin	Halton & Frodsham Harriers	13:28
41	716	Evan Williams	Vale Royal Ac	13:29
42	29	B Spooner-Witney	Macclesfield Harriers & Ac	13:30
43	49	Jj O'Brien	Salford Harriers & AC	13:33
44	46	Harry Bayman	Salford Harriers & AC	13:40
45	710	Thomas Messenger	Vale Royal Ac	13:40
46	28	Stanley Slater	Macclesfield Harriers & Ac	13:45
47	684	Alex Fraser	Sale Harriers Manchester	13:45
48	44	Asa Backhouse	Salford Harriers & AC	13:45
49	35	Christopher Parikh	Manchester Harriers & Ac	13:49
50	52	Jack Broadhurst	Salford Metropolitan Ac	13:49
51	33	Michael Wood	Macclesfield Harriers & Ac	14:01
52	18	Patrick Mannion	East Cheshire Harriers	14:04
53	58	Leo Dewsbury	Stockport Harriers & Ac	14:08
54	842	Theo Cotter	St Helens Sutton Ac	14:12
55	55	Bailey Watt	Salford Metropolitan Ac	14:15
56	854	Jack Hertzog-Garbett	Wirral Ac	14:24
57	703	Luke Wilson	St Helens Sutton Ac	14:30
58	715	Harry Todhunter	Vale Royal Ac	14:32
59	709	Jake Lee	Vale Royal Ac	14:36
60	666	Hamish Flowerdew	Altrincham & District AC	14:38
61	21	Joe Taylor	East Cheshire Harriers	14:39
62	56	Nathan Watts	Salford Metropolitan Ac	14:40
63	712	Daniel Richardson	Vale Royal Ac	14:42
64	17	Joseph Lutman	East Cheshire Harriers	14:43
65	671	Dylan Gray	Buxton AC	14:44
66	704	Lucas Broadreth	Stockport Harriers & Ac	14:52
67	34	Adam O'Hara	Manchester Harriers & Ac	14:56
68	37	James Hamer	Manchester Triathlon Club	15:05
69	62	Barney Watson	Trafford Athletic Club	15:08
70	837	Billy Burns	Trafford Athletic Club	15:29
71	36	Elliot Griffiths	Manchester Triathlon Club	15:36
72	714	Edward Smith	Vale Royal Ac	15:39
73	63	Joe Watson	Trafford Athletic Club	16:53
74	700	Harvey Oates	St Helens Sutton Ac	18:15
75	554	\$Aidan Larkin	Halton & Frodsham Harriers	19:00

Under 11 - Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wirral Ac	10	—	1	Oberon Kearney	4	Dominic Poulston	5	Ben Cronshaw
2	Stockport Harriers & Ac	22	—	3	William Bailey	6	Isaac Reed	13	Ben Sturgess
3	Sale Harriers Manchester	31	—	7	Ben Keeley	10	Liam O'Brien	14	James O'Brien
4	Warrington A C	33	—	2	Jack Marwood	8	Jacob Pryor	23	Spencer Astbury
5	Wespa Fire Athletics	51	—	16	Jamie Barnes	17	Noel Ford	18	Luca Noorpuri
6	East Cheshire Harriers	60	—	15	Alfie Bundy	21	Alfie Manser	24	Bobby Burton
7	Salford Harriers & AC	69	—	9	Evan Grime	25	Jamie Barber	35	Marcus Lowrey
8	Sale Harriers Manchester 'B'	91	—	20	Fraser Sinclair	26	Joseph Spark	45	Alex Fraser
9	Vale Royal Ac	101	—	19	Alfie Murray	39	Evan Williams	43	Thomas Messenger
10	Stockport Harriers & Ac 'B'	115	—	31	Joel Hulley	33	Zach Rose	51	Leo Dewsbury
11	East Cheshire Harriers 'B'	117	—	30	Marshall Fleet	37	Tom Snowden	50	Patrick Mannion
12	Salford Harriers & AC 'B'	129	—	41	Jj O'Brien	42	Harry Bayman	46	Asa Backhouse
13	Macclesfield Harriers & Ac	133	—	40	B Spooner-Witney	44	Stanley Slater	49	Michael Wood
14	St Helens Sutton Ac	134	—	27	Will Vose	52	Theo Cotter	55	Luke Wilson
15	Trafford Athletic Club	147	—	12	Evan Lewis	67	Barney Watson	68	Billy Burns
16	Salford Metropolitan Ac	161	—	48	Jack Broadhurst	53	Bailey Watt	60	Nathan Watts
17	Manchester Triathlon Club	164	—	29	William Pentreath	66	James Hamer	69	Elliot Griffiths
18	Vale Royal Ac 'B'	174	—	56	Harry Todhunter	57	Jake Lee	61	Daniel Richardson

Manchester Area Cross Country League at Heaton Park on Saturday 12th January 2019

Under 11 - Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	85	Emily Bowker	East Cheshire Harriers	12:02
2	130	Ella Buckley	Stockport Harriers & Ac	12:07
3	139	Holly Cross	Wespa Fire Athletics	12:19
4	121	Jasmine Wright	Salford Harriers & AC	12:24
5	132	Niamh Mackintosh	Stockport Harriers & Ac	12:32
6	109	Eva Karalius	Sale Harriers Manchester	12:48
7	133	Rosie Philbin	Stockport Harriers & Ac	12:49
8	727	Eve O'Mahoney	Liverpool Harriers & Ac	12:57
9	733	Isobel Hall	Sale Harriers Manchester	13:01
10	744	Gracie Hunt	Stockport Harriers & Ac	13:03
11	104	Ava Bygrave	Sale Harriers Manchester	13:04
12	108	Ophelia Jones	Sale Harriers Manchester	13:05
13	116	Sasha Bartalotta	Salford Harriers & AC	13:08
14	115	Bethany Tittensor	Sale Harriers Manchester	13:09
15	134	Ellena Walker	Stockport Harriers & Ac	13:14
16	113	Elizabeth Sinclair	Sale Harriers Manchester	13:14
17	105	Imogen Hill	Sale Harriers Manchester	13:16
18	88	Darcy Slattery	East Cheshire Harriers	13:16
19	141	Amalie Rodrigues	Wespa Fire Athletics	13:21
20	106	Maddy Holt	Sale Harriers Manchester	13:23
21	138	Esme Heavey	Warrington A C	13:24
22	846	Lexie Ellis	Wespa Fire Athletics	13:28
23	735	Megan Johnson	Sale Harriers Manchester	13:28
24	142	Charley Topping	Wespa Fire Athletics	13:31
25	137	Martha McCormack	Trafford Athletic Club	13:32
26	757	Ella Cowan	Wirral Ac	13:40
27	817	Edith Rose	Stockport Harriers & Ac	13:40
28	844	Nia Wharton	Warrington A C	13:40
29	128	Aisling Brooks	Stockport Harriers & Ac	13:49
30	753	Eva Jha	Warrington A C	13:52
31	812	Scarlet Wright	Sale Harriers Manchester	13:56
32	135	Daisy Atkiss	Trafford Athletic Club	14:06
33	725	Eloise Perritt	Knutsford Harriers	14:10
34	843	Ellie Baker	Warrington A C	14:12
35	839	Ruby Howe	High Peak Athletic Club	14:14
36	79	Thea Prattley	Altrincham & District AC	14:15
37	723	Millie Birchall	Knutsford Harriers	14:22
38	119	Sophia Nation	Salford Harriers & AC	14:22
39	122	Isabella Backhouse	Salford Metropolitan Ac	14:34
40	140	Emma Hull	Wespa Fire Athletics	14:34
41	112	Lily Oldale	Sale Harriers Manchester	14:36
42	810	Martha Ireland	Macclesfield Harriers & Ac	14:37
43	849	Suzannah Ford	Sale Harriers Manchester	14:38
44	841	Lillie Birkett	St Helens Sutton Ac	14:40
45	808	Cara Gregory	Warrington A C	14:41
46	741	Amy York	Sale Harriers Manchester	14:42
47	819	Ava Williamson	Wespa Fire Athletics	14:44
48	853	Amelie Bodie	Wirral Ac	14:45
49	98	Beth Wootton	Macclesfield Harriers & Ac	14:46
50	750	Caitlin McKendrick	Vale Royal Ac	14:46
51	120	Imogen Pattison	Salford Harriers & AC	14:47
52	748	Ruby Carrington	Vale Royal Ac	14:48
53	89	Meadow Wright	East Cheshire Harriers	15:00
54	86	Isla Herring	East Cheshire Harriers	15:04
55	728	A Argyropoulos	Sale Harriers Manchester	15:06
56	722	Aoife Lennon	Buxton AC	15:09
57	91	Eliza Duffy	Macclesfield Harriers & Ac	15:10
58	97	Lola Whitlock	Macclesfield Harriers & Ac	15:13
59	129	Freya Buckley	Stockport Harriers & Ac	15:16
60	136	Sadie McCormack	Trafford Athletic Club	15:19
61	87	Ava Royle	East Cheshire Harriers	15:23
62	836	Elizabeth Pendrill	Macclesfield Harriers & Ac	15:23
63	751	Isabelle Pope	Vale Royal Ac	15:25
64	107	Molly Irwin	Sale Harriers Manchester	15:28
65	82	Rachel Cudahy	Buxton AC	15:31
66	752	Isabelle Prior	Vale Royal Ac	15:33
67	144	Isla Neal	Wirral Ac	15:34
68	838	Josie Burns	Trafford Athletic Club	15:38
69	83	Rebecca Cudahy	Buxton AC	15:43
70	732	Madeline Chinoy	Sale Harriers Manchester	16:02
71	822	Fleur Parsons	Vale Royal Ac	16:19
72	724	Molly Denham	Knutsford Harriers	16:27
73	84	Harri Ann-Fleet	East Cheshire Harriers	16:29
74	99	Chloe Robinson	Manchester Harriers & Ac	16:57

Under 11 - Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport Harriers & Ac	14	— 2	Ella Buckley	5	Niamh Mackintosh	7	Rosie Philbin
2	Sale Harriers Manchester	26	— 6	Eva Karalius	9	Isobel Hall	11	Ava Bygrave
3	Sale Harriers Manchester 'B'	42	— 12	Ophelia Jones	14	Bethany Tittensor	16	Elizabeth Sinclair
4	Wespa Fire Athletics	44	— 3	Holly Cross	19	Amalie Rodrigues	22	Lexie Ellis
5	Stockport Harriers & Ac 'B'	52	— 10	Gracie Hunt	15	Ellena Walker	27	Edith Rose
6	Salford Harriers & AC	55	— 4	Jasmine Wright	13	Sasha Bartalotta	38	Sophia Nation
7	Sale Harriers Manchester 'C'	60	— 17	Imogen Hill	20	Maddy Holt	23	Megan Johnson
8	East Cheshire Harriers	72	— 1	Emily Bowker	18	Darcy Slattery	53	Meadow Wright
9	Warrington A C	79	— 21	Esme Heavey	28	Nia Wharton	30	Eva Jha
10	Wespa Fire Athletics 'B'	111	— 24	Charley Topping	40	Emma Hull	47	Ava Williamson
11	Sale Harriers Manchester 'D'	115	— 31	Scarlet Wright	41	Lily Oldale	43	Suzannah Ford
12	Trafford Athletic Club	117	— 25	Martha McCormack	32	Daisy Atkiss	60	Sadie McCormack
13	Wirral Ac	141	— 26	Ella Cowan	48	Amelie Bodie	67	Isla Neal
14	Knutsford Harriers	142	— 33	Eloise Perritt	37	Millie Birchall	72	Molly Denham
15	Macclesfield Harriers & Ac	148	— 42	Martha Ireland	49	Beth Wootton	57	Eliza Duffy
16	Vale Royal Ac	165	— 50	Caitlin McKendrick	52	Ruby Carrington	63	Isabelle Pope
17	Sale Harriers Manchester 'E'	165	— 46	Amy York	55	A Argyropoulos	64	Molly Irwin
18	East Cheshire Harriers 'B'	188	— 54	Isla Herring	61	Ava Royle	73	Harri Ann-Fleet
19	Buxton AC	190	— 56	Aoife Lennon	65	Rachel Cudahy	69	Rebecca Cudahy

Manchester Area Cross Country League at Heaton Park on Saturday 12th January 2019

Under 13 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	194	Jack Spark	Sale Harriers Manchester	12:00	27	218	Joshua Stutchfield	Stockport Harriers & Ac	14:23
2	241	Alex Poulston	Wirral Ac	12:03	28	212	Sam Elliott	Stockport Harriers & Ac	14:27
3	166	Philip Goodfellow	Macclesfield Harriers & Ac	12:15	29	157	Edward Rankin	East Cheshire Harriers	14:29
4	199	Matthew Russell	Salford Harriers & AC	12:21	30	198	Freddie Oldfield	Salford Harriers & AC	14:44
5	196	Max Lowrey	Salford Harriers & AC	12:33	31	162	Xavier Morgan	High Peak Athletic Club	14:49
6	152	Luke Carrington	East Cheshire Harriers	12:42	32	845	Zac Chamun	Warrington A C	14:54
7	192	Freddie Meredith	Sale Harriers Manchester	12:46	33	211	William Dewsbury	Stockport Harriers & Ac	15:01
8	220	Charlie Atkiss	Trafford Athletic Club	12:55	34	170	Finlay Pettie	Macclesfield Harriers & Ac	15:02
9	155	James McGraw	East Cheshire Harriers	13:01	35	208	Charlie Murphy	St Helens Tri	15:07
10	154	James Harney	East Cheshire Harriers	13:09	36	762	Jacob Hughes	Knutsford Harriers	15:09
11	197	Ethan Nation	Salford Harriers & AC	13:11	37	816	Sam Pearce	Knutsford Harriers	15:11
12	187	Matthew Gardener	Sale Harriers Manchester	13:17	38	222	Albert Durance	Trafford Athletic Club	15:24
13	193	George Noble	Sale Harriers Manchester	13:27	39	207	Joseph Duffy	St Helens Tri	15:28
14	231	Sonny Wilson	Trafford Athletic Club	13:36	40	203	Joseph Colley	St Helens Sutton Ac	15:37
15	201	Benjamin Knight	Salford Metropolitan Ac	13:46	41	160	Joseph Larkin	Halton & Frodsham Harriers	15:40
16	237	Ben Pucil	Warrington A C	13:48	42	214	Daniel McCann	Stockport Harriers & Ac	15:52
17	224	Owen Reekie	Trafford Athletic Club	13:51	43	184	Toby Webb	Oldham & Royton H & Ac	15:54
18	228	James Walton	Trafford Athletic Club	13:57	44	200	Blake Wolstenholme	Salford Harriers & AC	16:02
19	174	Bradley Snape	Macclesfield Harriers & Ac	13:59	45	226	Austin Smith	Trafford Athletic Club	16:28
20	229	Josh Watson	Trafford Athletic Club	14:00	46	175	Isaac Stockdale	Macclesfield Harriers & Ac	16:51
21	205	Gabriel Mullen	St Helens Sutton Ac	14:02	47	225	Edward Robinson	Trafford Athletic Club	17:04
22	215	Harvey Murphy	Stockport Harriers & Ac	14:04	48	146	Dominic Gibson	Altrincham & District AC	17:04
23	178	Aadi Whitlock	Macclesfield Harriers & Ac	14:09	49	183	Ismaeel Ali	Oldham & Royton H & Ac	17:37
24	195	Joseph Cammish	Salford Harriers & AC	14:13	50	169	Joseph Nwankwo	Macclesfield Harriers & Ac	18:12
25	173	William Roberts	Macclesfield Harriers & Ac	14:13	51	182	Aidam Pagram	Manchester Triathlon Club	18:36
26	221	Joseph Daly	Trafford Athletic Club	14:14					

Under 13 - Boys — TEAM RESULTS

1	Salford Harriers & AC	20	—	4	Matthew Russell	5	Max Lowrey	11	Ethan Nation
2	Sale Harriers Manchester	20	—	1	Jack Spark	7	Freddie Meredith	12	Matthew Gardener
3	East Cheshire Harriers	25	—	6	Luke Carrington	9	James McGraw	10	James Harney
4	Trafford Athletic Club	39	—	8	Charlie Atkiss	14	Sonny Wilson	17	Owen Reekie
5	Macclesfield Harriers & Ac	45	—	3	Philip Goodfellow	19	Bradley Snape	23	Aadi Whitlock
6	Trafford Athletic Club 'B'	64	—	18	James Walton	20	Josh Watson	26	Joseph Daly
7	Stockport Harriers & Ac	77	—	22	Harvey Murphy	27	Joshua Stutchfield	28	Sam Elliott
8	Salford Harriers & AC 'B'	98	—	24	Joseph Cammish	30	Freddie Oldfield	44	Blake Wolstenholme
9	Macclesfield Harriers & Ac 'B'	105	—	25	William Roberts	34	Finlay Pettie	46	Isaac Stockdale
10	Trafford Athletic Club 'C'	130	—	38	Albert Durance	45	Austin Smith	47	Edward Robinson

Under 13 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	646	Florence Cooke	Macclesfield Harriers & Ac	12:59	36	255	Charlotte Stansfield	Altrincham & District AC	15:32
2	287	Rebecca Dilworth	Macclesfield Harriers & Ac	13:12	37	364	Molly Wormald	Warrington A C	15:33
3	341	Freya Murdoch	Stockport Harriers & Ac	13:12	38	325	Sophia Roiditis	Salford Harriers & AC	15:34
4	365	Sophie Fludger	Wespa Fire Athletics	13:13	39	368	Amber Neal	Wirral Ac	15:37
5	333	Sophie Ellwood	Stockport Harriers & Ac	13:24	40	337	Jess Jones	Stockport Harriers & Ac	15:37
6	310	Jasmine Reed	Sale Harriers Manchester	13:32	41	316	Millie Bayman	Salford Harriers & AC	15:42
7	303	Sara Clough	Sale Harriers Manchester	13:38	42	292	Amelia Wilson	Macclesfield Harriers & Ac	15:48
8	302	Ava Clough	Sale Harriers Manchester	13:47	43	339	Libby Martin	Stockport Harriers & Ac	15:51
9	312	Carmen Safranauskas	Sale Harriers Manchester	13:53	44	348	Imogen Davenport	Trafford Athletic Club	15:53
10	264	May Mannion	East Cheshire Harriers	14:04	45	350	Olivia Holbrook	Trafford Athletic Club	16:04
11	319	Isabelle Bryan	Salford Harriers & AC	14:05	46	343	Grace Taylor	Stockport Harriers & Ac	16:09
12	315	Elena Bartalotta	Salford Harriers & AC	14:07	47	296	Lucy Veighey	Manchester Triathlon Club	16:27
13	279	Ella McMutrie	Liverpool Harriers & Ac	14:09	48	267	Bethany Glover	Halton & Frodsham Harriers	16:29
14	359	Emily Entwistle	Warrington A C	14:13	49	288	Lucy Dykins	Macclesfield Harriers & Ac	16:30
15	254	Beth Robinson	Altrincham & District AC	14:14	50	263	Erin Lord	East Cheshire Harriers	16:45
16	298	Isabella Appleby	Sale Harriers Manchester	14:17	51	249	S Herceg-Millington	Altrincham & District AC	16:47
17	277	Mia Ireton	Liverpool Harriers & Ac	14:25	52	326	Charlotte Gee	Salford Metropolitan Ac	16:48
18	309	Holly Newton	Sale Harriers Manchester	14:27	53	244	Verity Charnley	Altrincham & District AC	16:51
19	274	Emma Gittens	Liverpool Harriers & Ac	14:29	54	782	Lara Waterhouse	Stockport Harriers & Ac	16:56
20	340	Saffron Meade	Stockport Harriers & Ac	14:30	55	280	Megan McMutrie	Liverpool Harriers & Ac	16:57
21	358	Lucie Davies	Warrington A C	14:34	56	291	Ruby Stockdale	Macclesfield Harriers & Ac	16:59
22	261	Imogen Gush	East Cheshire Harriers	14:41	57	321	Amber Davidson	Salford Harriers & AC	17:05
23	320	Marissa Caldwell	Salford Harriers & AC	14:46	58	784	Anna Smith	Vale Royal Ac	17:09
24	266	Madelane Stout	East Cheshire Harriers	14:51	59	313	Emma Smith	Sale Harriers Manchester	17:15
25	258	Sienna Phillips	Buxton AC	14:54	60	297	Iris Robinson	Oldham & Royton H & Ac	17:17
26	780	Ellie Gildart	Sale Harriers Manchester	14:59	61	363	Rhiannon Wilkes	Warrington A C	17:22
27	278	Mae Lawless	Liverpool Harriers & Ac	15:05	62	645	April Cheetham	Macclesfield Harriers & Ac	17:29
28	282	Emily Skaiffe	Liverpool Harriers & Ac	15:05	63	330	Daisy Ward	St Helens Sutton Ac	17:31
29	370	Emma Poulston	Wirral Ac	15:09	64	776	Leigha Manser	East Cheshire Harriers	17:55
30	265	Maria Rooke	East Cheshire Harriers	15:09	65	285	Lottie Threadgold	Liverpool Harriers & Ac	18:06
31	323	Bailey-Rae O'Keefe	Salford Harriers & AC	15:12	66	327	Jessica Bairstow	St Helens Sutton Ac	18:12
32	342	Mary Seymour	Stockport Harriers & Ac	15:18	67	257	Grace Bond	Buxton AC	18:29
33	317	Emily Birchall	Salford Harriers & AC	15:21	68	355	Isabelle Maundrill	Vale Royal Ac	18:30
34	318	Sophia Bratt	Salford Harriers & AC	15:24	69	276	Olivia Howard	Liverpool Harriers & Ac	18:32
35	324	Erin Pearson-Mulvey	Salford Harriers & AC	15:28	70	262	Ellen Lees-Hill	East Cheshire Harriers	18:34

Under 13 - Girls — TEAM RESULTS

1	Sale Harriers Manchester	21	—	6	Jasmine Reed	7	Sara Clough	8	Ava Clough
2	Stockport Harriers & Ac	28	—	3	Freya Murdoch	5	Sophie Ellwood	20	Saffron Meade
3	Sale Harriers Manchester 'B'	43	—	9	Carmen Safranauskas	16	Isabella Appleby	18	Holly Newton
4	Macclesfield Harriers & Ac	45	—	1	Florence Cooke	2	Rebecca Dilworth	42	Amelia Wilson
5	Salford Harriers & AC	46	—	11	Isabelle Bryan	12	Elena Bartalotta	23	Marissa Caldwell
6	Liverpool Harriers & Ac	49	—	13	Ella McMutrie	17	Mia Ireton	19	Emma Gittens
7	East Cheshire Harriers	56	—	10	May Mannion	22	Imogen Gush	24	Madelane Stout
8	Warrington A C	72	—	14	Emily Entwistle	21	Lucie Davies	37	Molly Wormald
9	Salford Harriers & AC 'B'	98	—	31	Bailey-Rae O'Keefe	33	Emily Birchall	34	Sophia Bratt
10	Altrincham & District AC	102	—	15	Beth Robinson	36	Charlotte Stansfield	51	S Herceg-Millington
11	Liverpool Harriers & Ac 'B'	110	—	27	Mae Lawless	28	Emily Skaiffe	55	Megan McMutrie
12	Salford Harriers & AC 'C'	114	—	35	Erin Pearson-Mulvey	38	Sophia Roiditis	41	Millie Bayman
13	Stockport Harriers & Ac 'B'	115	—	32	Mary Seymour	40	Jess Jones	43	Libby Martin
14	East Cheshire Harriers 'B'	144	—	30	Maria Rooke	50	Erin Lord	64	Leigha Manser
15	Macclesfield Harriers & Ac 'B'	167	—	49	Lucy Dykins	56	Ruby Stockdale	62	April Cheetham

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Manchester Area Cross Country League at Heaton Park on Saturday 12th January 2019

Under 15 - Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	412	Sam Hopkins	Salford Harriers & AC	17:32	22	434	Tobin Rose	Stockport Harriers & Ac	19:52
2	441	Jack McNicol	Trafford Athletic Club	17:34	23	429	Alex Macfarlane	Stockport Harriers & Ac	19:54
3	449	Daniel Hayes	Wirral Ac	18:02	24	437	Tom Bentall	Trafford Athletic Club	19:57
4	450	Tj Jones	Wirral Ac	18:07	25	409	Charlie Tittensor	Sale Harriers Manchester	20:00
5	431	Finley Mayoh	Stockport Harriers & Ac	18:14	26	433	Henry Pickard	Stockport Harriers & Ac	20:05
6	387	Archie Dyer	Manchester Harriers & Ac	18:24	27	840	Laurence Manley	Macclesfield Harriers & Ac	20:14
7	830	Charlie Teare	Liverpool Harriers & Ac	18:27	28	413	Charlie Mansfield	Salford Harriers & AC	20:20
8	411	Samuel Bryan	Salford Harriers & AC	18:44	29	394	Harry Edmundson	Sale Harriers Manchester	21:14
9	453	William Sutcliffe	Wirral Ac	18:53	30	419	Michael Dobson	St Helens Sutton Ac	21:22
10	452	William Strickley	Wirral Ac	19:01	31	388	Fraser Mackie	Manchester Harriers & Ac	21:24
11	562	Joseph Farrelly	Manchester Harriers & Ac	19:04	32	435	Luke Sims	Stockport Harriers & Ac	21:28
12	430	Thomas Manton	Stockport Harriers & Ac	19:09	33	791	Ned Silvey	Trafford Athletic Club	21:43
13	427	Harry Ellwood	Stockport Harriers & Ac	19:22	34	432	Cameron Murdoch	Sale Harriers & Ac	21:47
14	418	Joseph Byrne	St Helens Sutton Ac	19:25	35	416	Ben Stanley	Salford Metropolitan Ac	21:56
15	384	Thomas Roberts	Macclesfield Harriers & Ac	19:31	36	424	Oliver Murphy	St Helens Tri	22:36
16	403	William Parker	Sale Harriers Manchester	19:32	37	653	Patrick Marsden	Salford Harriers & AC	22:56
17	426	Jack Catterall	Stockport Harriers & Ac	19:34	38	425	Frederick Bailey	Stockport Harriers & Ac	22:58
18	392	Luke Chinoy	Sale Harriers Manchester	19:35	39	850	Ben Edwards	Sale Harriers Manchester	23:31
19	371	Harry Bond	Buxton AC	19:38	40	147	Archie Jamieson	Bramhall Runners	23:39
20	443	Jonathan Stock	Trafford Athletic Club	19:46	41	414	Ryan Cooney	Salford Metropolitan Ac	23:51
21	377	Matthew Haslam	Halton & Frodsham Harriers	19:50	42	436	Jonah Wall	Stockport Harriers & Ac	24:26

Under 15 - Boys — TEAM RESULTS

1	Wirral Ac	16	— 3	Daniel Hayes	4	Tj Jones	9	William Sutcliffe
2	Stockport Harriers & Ac	30	— 5	Finley Mayoh	12	Thomas Manton	13	Harry Ellwood
3	Salford Harriers & AC	37	— 1	Sam Hopkins	8	Samuel Bryan	28	Charlie Mansfield
4	Trafford Athletic Club	46	— 2	Jack McNicol	20	Jonathan Stock	24	Tom Bentall
5	Manchester Harriers & Ac	48	— 6	Archie Dyer	11	Joseph Farrelly	31	Fraser Mackie
6	Sale Harriers Manchester	59	— 16	William Parker	18	Luke Chinoy	25	Charlie Tittensor
7	Stockport Harriers & Ac 'B'	62	— 17	Jack Catterall	22	Tobin Rose	23	Alex Macfarlane
8	Stockport Harriers & Ac 'C'	92	— 26	Henry Pickard	32	Luke Sims	34	Cameron Murdoch

Under 15 - Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	851	Grace Roberts	Vale Royal Ac	19:55	25	522	Megan Phillips	Stockport Harriers & Ac	23:47
2	547	Ellen Kearney	Wirral Ac	20:42	26	513	Isabel Brundrett	Stockport Harriers & Ac	24:06
3	543	Sophie Grainger	West Cheshire Athletic Club	21:08	27	530	Amy Nunn	Trafford Athletic Club	24:28
4	503	Amelia Bratt	Salford Harriers & AC	21:18	28	501	Lucy Aplin	Salford Harriers & AC	24:31
5	489	Taylor Edwards	Sale Harriers Manchester	21:25	29	475	Violet Claxton	Manchester Harriers & Ac	24:34
6	485	Isabelle Burke	Sale Harriers Manchester	21:33	30	473	Ellie Stockdale	Macclesfield Harriers & Ac	24:36
7	506	Nicola Mason	Salford Harriers & AC	21:38	31	515	Lauren Dewsbury	Stockport Harriers & Ac	24:38
8	458	Rose Barlow	East Cheshire Harriers	21:39	32	792	Jessica Willock	East Cheshire Harriers	24:46
9	507	Anna Potter	Salford Harriers & AC	21:48	33	511	Alicia Backhouse	Salford Metropolitan Ac	24:57
10	499	Jasmine Stockton	Sale Harriers Manchester	22:02	34	462	Aliasha Smith	East Cheshire Harriers	25:10
11	528	Caitlin Doohan	Trafford Athletic Club	22:06	35	524	Ella Taylor	Stockport Harriers & Ac	25:13
12	457	Amy Whelan	Buxton AC	22:14	36	478	Lauren Bartholomew	Oldham & Royton H & Ac	25:23
13	504	Isobel Cammish	Salford Harriers & AC	22:16	37	794	Poppy Brook	Stockport Harriers & Ac	25:26
14	491	Elizabeth Hill	Sale Harriers Manchester	22:20	38	480	Lizzie Glover-Jones	Oldham & Royton H & Ac	25:51
15	537	Maisie Bell	Warrington A C	22:42	39	523	I Stutchfield	Stockport Harriers & Ac	25:53
16	648	Libby Greeney	Macclesfield Harriers & Ac	22:46	40	463	Katherine Waters	East Cheshire Harriers	26:08
17	500	Ava Taylor	Sale Harriers Manchester	22:53	41	479	Megan Bartholomew	Oldham & Royton H & Ac	26:41
18	663	Rose Sinclair	Sale Harriers Manchester	23:00	42	541	Jasmine Jones	Warrington A C	27:09
19	516	Josie Driver	Stockport Harriers & Ac	23:04	43	456	Ava Hazelhurst	Buxton AC	27:20
20	527	Neve Davenport	Trafford Athletic Club	23:06	44	481	Astacia Mannings	Oldham & Royton H & Ac	27:29
21	533	Lila Wainwright	Trafford Athletic Club	23:07	45	461	Macy Singleton	East Cheshire Harriers	27:35
22	484	Olivia Brown	Sale Harriers Manchester	23:23	46	502	Lauren Birchall	Salford Harriers & AC	27:46
23	482	Lucy Armitage	Sale Harriers Manchester	23:35	47	510	Jessica West	Salford Harriers & AC	28:00
24	532	Olivia Russell	Trafford Athletic Club	23:42	48	477	Caitlin Deighton	Marple Runners	28:13
					49	474	Evelyn Barber	Manchester Harriers & Ac	29:07

Under 15 - Girls — TEAM RESULTS

1	Salford Harriers & AC	20	— 4	Amelia Bratt	7	Nicola Mason	9	Anna Potter
2	Sale Harriers Manchester	21	— 5	Taylor Edwards	6	Isabelle Burke	10	Jasmine Stockton
3	Sale Harriers Manchester 'B'	49	— 14	Elizabeth Hill	17	Ava Taylor	18	Rose Sinclair
4	Trafford Athletic Club	52	— 11	Caitlin Doohan	20	Neve Davenport	21	Lila Wainwright
5	Stockport Harriers & Ac	70	— 19	Josie Driver	25	Megan Phillips	26	Isabel Brundrett
6	East Cheshire Harriers	74	— 8	Rose Barlow	32	Jessica Willock	34	Aliasha Smith
7	Salford Harriers & AC 'B'	87	— 13	Isobel Cammish	28	Lucy Aplin	46	Lauren Birchall
8	Stockport Harriers & AC 'B'	103	— 31	Lauren Dewsbury	35	Ella Taylor	37	Poppy Brook
9	Oldham & Royton H & Ac	115	— 36	Lauren Bartholomew	38	Lizzie Glover-Jones	41	Megan Bartholomew

Manchester Area Cross Country League at Heaton Park on Saturday 12th January 2019

Under 17 - Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	601	Joseph Buckley	Warrington A C	21:00	16	592	Lewis Royle	Trafford Athletic Club	23:30
2	596	Cynog Williams	Trafford Athletic Club	21:18	17	568	George Safranauskas	Sale Harriers Manchester	23:32
3	561	Finley Proffitt	Macclesfield Harriers & Ac	21:25	18	591	Seb Patrick	Trafford Athletic Club	23:38
4	606	Louis Johnston	Wirral Ac	21:49	19	595	Alfie VeseyBarnes	Trafford Athletic Club	23:54
5	587	Alexander Bailey	Trafford Athletic Club	21:58	20	590	Joseph Mangan	Trafford Athletic Club	24:11
6	579	Charlie Roberts	St Helens Sutton Ac	22:05	21	576	Jacob Yates	Salford Harriers & AC	24:48
7	553	Samuel Soles	Buxton AC	22:34	22	573	Joseph Foster	Salford Harriers & AC	24:53
8	593	Harry Sinclair	Trafford Athletic Club	22:35	23	800	Jack Farrall	Macclesfield Harriers & Ac	24:58
9	571	Oliver Cook	Salford Harriers & AC	22:40	24	578	Michael Brussels	St Helens Sutton Ac	25:14
10	582	Edward Corden	Stockport Harriers & Ac	22:45	25	803	Tom Marsland	Stockport Harriers & Ac	26:14
11	599	Isaaq Ataullah	Warrington A C	22:46	26	549	Thomas Egan	Altrincham & District AC	26:17
12	581	Ben Batho	Stockport Harriers & Ac	22:58	27	583	Harry Miller-Reedman	Stockport Harriers & Ac	26:53
13	603	Joe Roberts	Warrington A C	23:09	28	577	Connor Thacker	Salford Metropolitan Ac	27:04
14	594	Theo SymonsTreacher	Trafford Athletic Club	23:18	29	580	George Houghton	St Helens Tri	31:29
15	551	Stuart Diamond	Buxton AC	23:28					

Under 17 - Men — TEAM RESULTS

1	Trafford Athletic Club	15	—	2	Cynog Williams	5	Alexander Bailey	8	Harry Sinclair
2	Warrington A C	25	—	1	Joseph Buckley	11	Isaaq Ataullah	13	Joe Roberts
3	Stockport Harriers & Ac	47	—	10	Edward Corden	12	Ben Batho	25	Tom Marsland
4	Trafford Athletic Club	48	—	14	Theo SymonsTreacher	16	Lewis Royle	18	Seb Patrick
5	Salford Harriers & AC	52	—	9	Oliver Cook	21	Jacob Yates	22	Joseph Foster

Under 17 - Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	611	Sian Heslop	Macclesfield Harriers & Ac	24:56	12	631	Lauren Burgess	Stockport Harriers & Ac	28:54
2	608	Eleanor Wilson	Buxton AC	25:42	13	616	Katie Moss	Manchester Harriers & Ac	29:01
3	629	Samantha Mason	Salford Harriers & AC	25:59	14	655	JadeMarie Bailey	Salford Metropolitan Ac	29:16
4	609	Megan Lewis	East Cheshire Harriers	26:37	15	621	Laura Hole	Sale Harriers Manchester	29:34
5	633	Alice Davies	Stockport Harriers & AC	27:01	16	805	Nina Williams	Sale Harriers Manchester	29:39
6	624	Jessica Birchall	Salford Harriers & AC	27:16	17	632	Mollie Cooke	Stockport Harriers & Ac	29:51
7	628	C Haywood-Percival	Salford Harriers & AC	27:23	18	643	Siobhan Gregory	Warrington A C	30:21
8	656	Allyssa Davey	Sale Harriers Manchester	27:54	19	806	Maleline Anderson	Warrington A C	30:31
9	618	Anouska Brooks	Sale Harriers Manchester	28:03	20	615	Hudson Katie	Manchester Harriers & Ac	31:14
10	639	Rebecca Young	Trafford Athletic Club	28:30	21	856	Olivia Baker	Warrington A C	31:57
11	612	Georgia Fazakerley	Manchester Harriers & Ac	28:45	22	644	Fay Humphries	Warrington A C	43:08

Under 17 - Ladies — TEAM RESULTS

1	Salford Harriers & AC	16	—	3	Samantha Mason	6	Jessica Birchall	7	C Haywood-Percival
2	Sale Harriers Manchester	32	—	8	Allyssa Davey	9	Anouska Brooks	15	Laura Hole
3	Stockport Harriers & Ac	34	—	5	Alice Davies	12	Lauren Burgess	17	Mollie Cooke
4	Manchester Harriers & Ac	44	—	11	Georgia Fazakerley	13	Katie Moss	20	Hudson Katie
5	Warrington A C	58	—	18	Siobhan Gregory	19	Maleline Anderson	21	Olivia Baker

Senior Women - Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	415	Catherine Hooper	L20	1 Salford Harriers & AC	38:11
2	179	Millie Raine	L20	2 Liverpool Harriers & Ac	39:19
3	653	Emily Hughes	L20	3 Manchester Harriers & Ac	40:05
4	597	Rachael McQuillan	L20	4 Warrington Athletic Club	41:01
5	227	Freya Peers	L20	5 Manchester Harriers & Ac	42:28
6	357	Anja Cunningham	L20	6 Manchester Metropolitan Uni	43:43
7	462	Sarah Taktak	L20	7 St Helens Tri	53:14

Senior Women - Ladies aged 17 to 19 — TEAM RESULTS

No complete teams

Manchester Area Cross Country League at Heaton Park on Saturday 12th January 2019

Senior Women - Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time
1	548	Vicki Cronin	L	1 Trafford Athletic Club	34:03
2	573	Hannah Stroud	L	2 University Of Manchester	34:54
3	408	Amelia Beaman	L	3 Salford Harriers & AC	35:19
4	567	Anna Mackenzie	L	4 University Of Manchester	35:45
5	733	Elisabeth Kilcourse	L	5 Salford Harriers & AC	36:09
6	562	Georgia Baynes	L	6 University Of Manchester	36:21
7	135	Hayley Simpson	L	7 East Cheshire Harriers	36:25
8	356	Emily Bullis	L	8 Manchester Metropolitan Uni	36:29
9	418	Kate Knox	L	9 Salford Harriers & AC	36:32
10	182	Alannah Birtwistle	L	10 Macclesfield Harriers & Ac	36:37
11	496	Faye Waterhouse	L	11 Stockport Harriers & Ac	36:41
12	280	Naomi Wright	L	12 Manchester Triathlon Club	36:59
13	412	Sarah Carroll	L	13 Salford Harriers & AC	37:00
14	555	Sarah Hudak	L	14 Trafford Athletic Club	37:08
15	121	Siobhan Woods	L	15 Chorlton Runners	37:13
16	575	Rebecca Whalley	L	16 University Of Manchester	37:22
17	546	AmyRose Cauley	L	17 Trafford Athletic Club	37:56
18	265	Linzi Nuttall	L	18 Manchester Triathlon Club	38:08
19	156	Megan King	L	19 Goyt Valley Striders	38:29
20	111	Ingrid Storm	L	20 Chorlton Runners	38:33
21	559	Melanie Monks	L	21 Trafford Athletic Club	38:36
22	117	Amy Welch	L	22 Chorlton Runners	38:46
23	735	Sarah Bishop	L	23 Salford Harriers & AC	38:48
24	164	Laura Coucill	L	24 Hyde Village Striders Rc	39:05
25	133	Bethany McManus	L	25 East Cheshire Harriers	39:10
26	75	Leona Beaumont	L	26 Chorlton Runners	39:13
27	74	Rosemary Barker	L	27 Chorlton Runners	39:24
28	283	Hannah Brierley	L	28 Manchester Ymca Harriers	39:26
29	400	Jane Thomas	L	29 Sale Harriers Manchester	39:50
30	86	Madeleine Dickson	L	30 Chorlton Runners	40:09
31	114	Emma Tollefson	L	31 Chorlton Runners	40:18
32	729	Holly Carrington	L	32 Vale Royal Ac	40:26
33	136	Sally Teague	L	33 East Cheshire Harriers	40:29
34	631	Katie Thompson	L	34 Wilmslow Striders	40:38
35	284	Sarah Crandon	L	35 Manchester Ymca Harriers	40:46
36	560	Zoe Storr	L	36 Trafford Athletic Club	40:52
37	185	Sian Gulliver	L	37 Macclesfield Harriers & Ac	40:55
38	380	Sarah Goulden	L	38 Sale Harriers Manchester	41:04
39	470	Louise Geldart	L	39 Stockport Harriers & Ac	41:15
40	540	Hermione Oakley	L	40 Swinton Running Club	41:22
41	472	AmieErika Hughes	L	41 Stockport Harriers & Ac	41:28
42	244	Emma Connolly	L	42 Manchester Triathlon Club	41:42
43	434	Olivia McDermott	L	43 Salford Metropolitan Ac	41:50
44	116	Rosalyn Webster	L	44 Chorlton Runners	42:04
45	88	Niamh Gill	L	45 Chorlton Runners	42:12
46	438	Rhianna Parkinson	L	46 Salford Metropolitan Ac	42:15
47	484	Imogen Nutter	L	47 Stockport Harriers & Ac	42:17
48	91	Samantha Hartley	L	48 Chorlton Runners	42:24
49	199	Amy Carr	L	49 Manchester Frontrunners	42:34
50	22	Philippa Robinson	L	50 Belle Vue Racers	42:52
51	423	Marloes Peeters	L	51 Salford Harriers & AC	42:54
52	725	Nanette Heystek	L	52 Manchester Triathlon Club	43:23
53	707	Maria Wylenzek	L	53 Swinton Running Club	43:45
54	290	Jenny Gorman	L	54 Manchester Ymca Harriers	44:20
55	206	Aleksandra Piekarska	L	55 Manchester Frontrunners	44:33
56	47	Helen Rennie	L	56 Bramhall Runners	44:44
57	286	Sarah Donohoe	L	57 Manchester Ymca Harriers	45:06
58	314	Chelsea MearsGrahamL	L	58 Marple Runners	45:26
59	545	Ruth Beresford	L	59 Trafford Athletic Club	45:49
60	687	Rachel Meredith	L	60 Manchester Ymca Harriers	45:57
61	673	Lois Brooks	L	61 Bramhall Runners	46:34
62	270	Sarah Roberts	L	62 Manchester Triathlon Club	46:58
63	166	Lauren Carr	L	63 Knutsford Tri Club	47:20
64	20	Emma-Louise KerwinL	L	64 Belle Vue Racers	47:43
65	478	Rebecca Livsey	L	65 Stockport Harriers & Ac	47:45
66	122	Denise Yarrow	L	66 Chorlton Runners	47:49
67	311	Rachel Lord	L	67 Marple Runners	47:53
68	621	Emily Moss	L	68 Wilmslow Running Club	48:02
69	245	Letitia Cooper	L	69 Manchester Triathlon Club	48:04
70	467	Holly Copeland	L	70 Stockport Harriers & Ac	48:21
71	171	Iona McRury	L	71 Knutsford Tri Club	48:30
72	113	Victoria Thompson	L	72 Chorlton Runners	49:09
73	531	Steph Kay	L	73 Swinton Running Club	50:02
74	139	Kaylea Haynes	L	74 Glossopdale Harriers	50:28
75	71	Hannah Ahle	L	75 Chorlton Runners	50:37
76	281	Natasha Addison	L	76 Manchester Ymca Harriers	51:29
77	532	Hannah Lee	L	77 Swinton Running Club	52:18
78	448	Bethany Forber	L	78 St Helens Tri	53:37
79	291	Jill Guthrie	L	79 Manchester Ymca Harriers	55:33
80	102	Katie McInnes	L	80 Chorlton Runners	56:38
81	522	Sara Das	L	81 Swinton Running Club	57:42
82	320	Rachel Myers	L	82 Marple Runners	59:05
83	128	Lucy Buckley	L	83 East Cheshire Harriers	1:03:02
84	285	Jennifer Delaney	L	84 Manchester Ymca Harriers	1:14:26

Senior Women - Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	186	Rachel Hall	L35	1 Macclesfield Harriers & Ac	35:02
2	444	Gemma Connolly	L35	2 St Helens Sutton Ac	35:34
3	3	Lora Blann	L35	3 Altrincham & District AC	36:58
4	365	Hayley Ashby	L35	4 Sale Harriers Manchester	37:10
5	722	Gemma Larkin	L35	5 Chorlton Runners	39:32
6	549	Nicole Davenport	L35	6 Trafford Athletic Club	39:56
7	196	Jacqui Baines	L35	7 Manchester Frontrunners	39:59
8	173	Helen Murray	L35	8 Knutsford Tri Club	40:45
9	723	Andreja Zevnik	L35	9 Chorlton Runners	40:56
10	2	Danielle Beard	L35	10 Altrincham & District AC	40:59
11	511	Fran Lewis	L35	11 Stockport Tri Club	41:05
12	585	Melanie Johnson	L35	12 Vale Royal Ac	41:11
13	537	Rebecca Mills	L35	13 Swinton Running Club	41:14
14	203	Rachel Kenyon	L35	14 Manchester Frontrunners	41:18
15	721	Laura Bell	L35	15 Winston Runners	42:10
16	261	Deirdre McCarthy	L35	16 Manchester Triathlon Club	42:15
17	115	Alison Wainwright	L35	17 Chorlton Runners	42:29
18	668	Carly Appleby	L35	18 Sale Harriers Manchester	43:36
19	92	Kate Harvest	L35	19 Chorlton Runners	43:40
20	271	Claudia RoblesMorseL35	20	Manchester Triathlon Club	43:45
21	661	Caroline BartholomewL35	21	Oldham & Royton H & Ac	45:17
22	659	Sarannya Hasler	L35	22 Macclesfield Harriers & Ac	45:36
23	204	Paula Medley	L35	23 Manchester Frontrunners	45:52
24	25	Dee Beckett	L35	24 Bramhall Runners	46:50
25	85	Nadia Dahabiyeh	L35	25 Chorlton Runners	47:05
26	384	Amelie Latham	L35	26 Sale Harriers Manchester	47:09
27	370	Helen Carter	L35	27 Sale Harriers Manchester	47:42
28	293	Jane McDonnell	L35	28 Manchester Ymca Harriers	48:10
29	464	Amy Barter	L35	29 Stockport Harriers & Ac	49:11
30	64	Elizabeth Nocton	L35	30 Buxton AC	49:34
31	250	Siobhan Farmer	L35	31 Manchester Triathlon Club	51:09
32	295	Laura Ahern	L35	32 Marple Runners	51:47
33	519	Rachel Billington	L35	33 Swinton Running Club	52:13
34	635	Charlotte Dean	L35	34 Winston Runners	52:56
35	298	Emily Bamford	L35	35 Marple Runners	58:24
36	308	Taylor Giacoma	L35	36 Marple Runners	58:25

Senior Women - Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	655	Vicky Wright	L40	1 Hyde Village Striders Rc	34:37
2	649	Sarah Kearney	L40	2 Wirral Ac	36:55
3	501	Belinda Brennan	L40	3 Stockport Tri Club	37:28
4	184	Kristy Gill	L40	4 Macclesfield Harriers & Ac	37:30
5	612	Louisa Harrison	L40	5 Wilmslow Running Club	38:20
6	386	Clare McCarron	L40	6 Sale Harriers Manchester	39:17
7	694	Zoe Gmerek	L40	7 Sale Harriers Manchester	39:24
8	593	Claire Thompson	L40	8 Vale Royal Ac	39:34
9	547	Claire Chaffer	L40	9 Trafford Athletic Club	40:54
10	392	Sian Rowley	L40	10 Sale Harriers Manchester	41:04
11	108	Jacqueline Perrot	L40	11 Chorlton Runners	41:09
12	395	Suzanne Smith	L40	12 Sale Harriers Manchester	41:19
13	66	Katie Rolfe	L40	13 Buxton AC	41:38
14	172	Kate Mills	L40	14 Knutsford Tri Club	41:46
15	214	Melanie Barber	L40	15 Manchester Harriers & Ac	42:02
16	201	Jane Fletcher	L40	16 Manchester Frontrunners	42:16
17	377	Sinead Ferguson	L40	17 Sale Harriers Manchester	42:18
18	538	Helen Nation	L40	18 Swinton Running Club	42:32
19	652	Bree Sutcliffe	L40	19 Wirral Ac	43:00
20	542	Nicki Sullivan	L40	20 Swinton Running Club	43:00
21	589	Jeanette Pope	L40	21 Vale Royal Ac	43:03
22	681	Melanie Williamson	L40	22 Chorlton Runners	43:17
23	145	Emma Rettig	L40	23 Glossopdale Harriers	43:43
24	287	Zulma Edmondson	L40	24 Manchester Ymca Harriers	43:47
25	257	Helen Hyder	L40	25 Manchester Triathlon Club	43:54
26	482	Ruth Murdoch	L40	26 Stockport Harriers & Ac	43:57
27	426	Jaymie Shenton	L40	27 Salford Harriers & AC	44:25
28	505	Christine Dewsbury	L40	28 Stockport Tri Club	44:27
29	169	Claire Hebblethwaite	L40	29 Knutsford Tri Club	44:32
30	58	Ruth Gowers	L40	30 Buxton AC	44:52
31	54	Joanne Cudahy	L40	31 Buxton AC	45:07
32	23	Rachel Watson	L40	32 Belle Vue Racers	45:13
33	473	Jennifer Hulley	L40	33 Stockport Harriers & Ac	45:30
34	383	Catherine Jones	L40	34 Sale Harriers Manchester	45:47
35	402	Louise Tittensor	L40	35 Sale Harriers Manchester	46:14
36	219	Lindsey Farrelly	L40	36 Manchester Harriers & Ac	46:17
37	634	Edyta Burgess	L40	37 Winston Runners	46:20
38	165	A Anderson-Holton	L40	38 Knutsford Tri Club	46:26
39	248	Sarah Egling	L40	39 Manchester Triathlon Club	46:49
40	525	Julie Hamilton	L40	40 Swinton Running Club	47:10
41	502	Nicola Brunnett	L40	41 Stockport Tri Club	47:16
42	516	Kerry Adamsbaum	L40	42 Swinton Running Club	47:32
43	158	Linette Ruston	L40	43 Goyt Valley Striders	47:44
44	73	Alison Barbuti	L40	44 Chorlton Runners	47:50
45	629	Sylvia Brown	L40	45 Wilmslow Striders	48:19
46	213	Caroline Baba	L40	46 Manchester Harriers & Ac	48:28
47	175	Verity Wolstencroft	L40	47 Knutsford Tri Club	48:35
48	259	S Mawbey-Jeffries	L40	48 Manchester Triathlon Club	48:35
49	112	Katie Syrett	L40	49 Chorlton Runners	49:04
50	459	Sheena Shearman	L40	50 St Helens Tri	49:22
51	647	Uyai Ikpatt	L40	51 Wirral Ac	50:04
52	316	Emma Mooney	L40	52 Marple Runners	50:49
53	485	Nicola Pickford	L40	53 Stockport Harriers & Ac	51:06
54	664	Lynn Hall	L40	54 Wilmslow Running Club	51:32
55	506	Kerry Doherty	L40	55 Stockport Tri Club	51:33
56	734	Jane Damerun	L40	56 Dragons Running Club (sale)	52:04
57	301	Amanada Collinge	L40	57 Marple Runners	52:26
58	202	Mel Johnson	L40	58 Manchester Frontrunners	52:36
59	633	Helen Blissett	L40	59 Winston Runners	53:20
60	644	Kelly Clark	L40	60 Wirral Ac	53:21
61	510	Elle Jordan	L40	61 Stockport Tri Club	54:05
62	353	Vicky Stainthorpe	L40	62 Middleton Harriers Ac	55:40
63	14	Ruth Amin	L40	63 Belle Vue Racers	55:58
64	313	Sarah Mears	L40	64 Marple Runners	56:03
65	351	Beverley O'Neill	L40	65 Middleton Harriers Ac	58:00
66	535	Sian McNeil	L40	66 Swinton Running Club	59:29
67	642	Kath Tyms	L40	67 Winston Runners	1:00:57
68	732	Sandra Robinson	L40	68 Manchester Ymca Harriers	1:05:08

Senior Women - Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	614	Sharon Johnstone	L45	1 Wilmslow Running Club	36:06
2	371	Anne Chinoy	L45	2 Sale Harriers Manchester	37:50
3	561	Sally Woolhouse	L45	3 Trafford Athletic Club	38:39
4	591	Helen Smith	L45	4 Vale Royal Ac	39:15
5	477	Jayne Lawton	L45	5 Stockport Harriers & Ac	39:37
6	533	Lauren Marsden	L45	6 Swinton Running Club	39:54
7	611	Katy Green	L45	7 Wilmslow Running Club	39:58
8	704	Jennie Pickard	L45	8 Stockport Harriers & Ac	40:02
9	607	Janine Ellis	L45	9 Wilmslow Running Club	40:44
10	137	Michelle Vaughan	L45	10 East Cheshire Harriers	41:14
11	651	Anne Rosbottom	L45	11 Wirral Ac	41:44
12	275	Jude Wall	L45	12 Manchester Triathlon Club	41:49
13	49	Emma Young	L45	13 Bramhall Runners	42:24
14	44	Vikki Murphy	L45	14 Bramhall Runners	42:38
15	3037	Lucy Rusbridge	L45	15 Congleton H & Ac	42:58
16	3035	Karen Fleming	L45	16 North East Veterans Ac	43:05
17	391	Julia Reynolds	L45	17 Sale Harriers Manchester	43:19
18	487	Sophie Seingier	L45	18 Stockport Harriers & Ac	43:43
19	388	Carla Ousey	L45	19 Sale Harriers Manchester	44:13
20	517	Rhona Barker	L45	20 Swinton Running Club	44:20
21	124	Joanne Healy	L45	21 Dragons Running Club (sale)	45:38
22	553	Alison Holbrook	L45	22 Trafford Athletic Club	46:31
23	480	Sally Meats	L45	23 Stockport Harriers & Ac	46:43
24	705	Laura Carter	L45	24 Stockport Tri Club	47:15
25	101	Deborah Maskell	L45	25 Chorlton Runners	47:17
26	324	Sandra Smith	L45	26 Marple Runners	47:22
27	699	Lindsay Crombleholme	L45	27 Stockport Harriers & Ac	47:31
28	530	Yvette Jeal	L45	28 Swinton Running Club	47:35
29	274	Marianne Veighey	L45	29 Manchester Triathlon Club	47:53
30	253	Sonia Harris	L45	30 Manchester Triathlon Club	47:54
31	628	Vicky Anderson	L45	31 Wilmslow Striders	48:05
32	82	Rebecca Chambers	L45	32 Chorlton Runners	49:14
33	453	Lynette Houghton	L45	33 St Helens Tri	49:28
34	72	Emma Bannister	L45	34 Chorlton Runners	49:31
35	672	Sarah Beattie	L45	35 Bramhall Runners	49:54
36	55	Rachel Dowle	L45	36 Buxton AC	50:12
37	16	Karen Charters	L45	37 Belle Vue Racers	50:15
38	18	Julia Foy	L45	38 Belle Vue Racers	50:42
39	160	Sarah Larkin	L45	39 Halton & Frodsham Harriers	51:37
40	3036	Gill Jackson	L45	40 Unattached	52:21
41	449	Chris Forber	L45	41 St Helens Tri	52:41
42	326	Alison Stephenson	L45	42 Marple Runners	53:44
43	349	Donna McGuinness	L45	43 Middleton Harriers Ac	53:54
44	305	Elise Evans	L45	44 Marple Runners	54:08
45	212	Melissa Whitworth	L45	45 Manchester Frontrunners	55:16
46	637	Jana Julinkova	L45	46 Winston Runners	56:21
47	243	Judith Coker	L45	47 Manchester Triathlon Club	59:30
48	27	Helen Brown	L45	48 Bramhall Runners	1:02:21

Senior Women - Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	645	Margaret Cooper	L50	1 Wirral Ac	39:36
2	9	Beverley Jackson	L50	2 Altrincham & District AC	40:33
3	5	Fiona Cosgrove	L50	3 Altrincham & District AC	42:16
4	527	Jacqueline Higgins	L50	4 Swinton Running Club	42:59
5	8	Carole Harrison	L50	5 Altrincham & District AC	43:25
6	479	Estelle McGuire	L50	6 Stockport Harriers & Ac	43:32
7	507	Gillian Doolan	L50	7 Stockport Tri Club	44:00
8	28	Andrea Buckingham	L50	8 Bramhall Runners	44:19
9	685	Hanny Stockman	L50	9 Macclesfield Harriers & Ac	44:21
10	466	Fiona Cooke	L50	10 Stockport Harriers & Ac	44:30
11	98	Fiona Leslie	L50	11 Chorlton Runners	45:11
12	557	Joanne Lott	L50	12 Trafford Athletic Club	45:22
13	601	Tracy Bown	L50	13 Wilmslow Running Club	45:40
14	142	Jane Mellor	L50	14 Glossopdale Harriers	46:15
15	170	Mairi McCloskey	L50	15 Knutsford Tri Club	46:38
16	70	Tania Wilson	L50	16 Buxton AC	46:54
17	497	Maureen Wilkins	L50	17 Stockport Harriers & Ac	47:07
18	197	Kate Brennan	L50	18 Manchester Frontrunners	47:10
19	231	Jane Stiles	L50	19 Manchester Harriers & Ac	47:34
20	643	Caroline Brophy	L50	20 Wirral Ac	47:57
21	431	Kate Fowles	L50	21 Salford Metropolitan Ac	48:01
22	495	Sue Waring	L50	22 Stockport Harriers & Ac	48:21
23	617	Catrina Marshall	L50	23 Wilmslow Running Club	48:26
24	289	Stephanie Goodchild	L50	24 Manchester Ymca Harriers	48:58
25	503	Christine Copson	L50	25 Stockport Tri Club	49:09
26	350	Cathy Murphy	L50	26 Middleton Harriers Ac	49:57
27	56	Heather Fryer-Winder	L50	27 Buxton AC	50:11
28	273	Jacky Taylor	L50	28 Manchester Triathlon Club	53:33
29	153	Helen Gray	L50	29 Goyt Valley Striders	56:11
30	709	Debbie Richardson	L50	30 Vale Royal Ac	56:49
31	267	Kim O'Neill	L50	31 Manchester Triathlon Club	57:02
32	252	Bethan Habron-James	L50	32 Manchester Triathlon Club	57:44
33	131	Lisa Kennedy	L50	33 East Cheshire Harriers	58:30
34	215	Deborah Beresford	L50	34 Manchester Harriers & Ac	58:43
35	300	Jenny Brown	L50	35 Marple Runners	58:49
36	325	Clare Smith	L50	36 Marple Runners	1:03:51

Senior Women - Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	163	Janet Rashleigh	L55	1 Horwich R M I Harriers	38:38
2	610	Sally Gilliver	L55	2 Wilmslow Running Club	40:42
3	489	Lesley Sinclair	L55	3 Stockport Harriers & Ac	41:01
4	374	J Cordingley	L55	4 Sale Harriers Manchester	41:54
5	736	Suzanne Budgett	L55	5 Horwich R M I Harriers	41:58
6	556	Catherine Hurst	L55	6 Trafford Athletic Club	42:58
7	62	Kate Ledin	L55	7 Buxton AC	43:08
8	13	Alison Vesey	L55	8 Altrincham & District AC	43:52
9	684	Joanna Miles	L55	9 Macclesfield Harriers & Ac	44:49
10	592	Mary Tavener	L55	10 Vale Royal Ac	45:49
11	81	Ann Carney	L55	11 Chorlton Runners	48:59
12	127	Sue Strickland	L55	12 Dragons Running Club (sale)	50:16
13	159	Tracy Vernon	L55	13 Goyt Valley Striders	51:42
14	714	Diana Evans	L55	14 Winston Runners	56:07
15	303	Elaine DeFries	L55	15 Marple Runners	56:10
16	310	Sian Griffiths	L55	16 Marple Runners	1:00:26
17	39	Cath Jones	L55	17 Bramhall Runners	1:00:42
18	523	Wendy Doxey	L55	18 Swinton Running Club	1:02:08

Senior Women - Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	622	Nicky Mowat	L60	1 Wilmslow Running Club	44:48
2	19	Annie Hirsch	L60	2 Belle Vue Racers	45:59
3	657	Hilary West	L60	3 Macclesfield Harriers & Ac	49:32
4	344	Teresa Hollins	L60	4 Middleton Harriers Ac	49:44
5	336	Fiona Bolton	L60	5 Middleton Harriers Ac	50:05
6	297	Anna Ashton	L60	6 Marple Runners	50:55
7	322	Gillian Scott	L60	7 Marple Runners	51:25
8	345	Julie Jones	L60	8 Middleton Harriers Ac	51:44

Senior Women - Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	190	Ann-Marie Jones	L65	1 Macclesfield Harriers & Ac	41:06
2	134	Angela Oldham	L65	2 East Cheshire Harriers	42:44
3	552	Sue Exon	L65	3 Trafford Athletic Club	47:33
4	469	Alexis Dinsmor	L65	4 Stockport Harriers & Ac	53:01
5	581	Pauline Davies	L65	5 Vale Royal Ac	54:54
6	595	Carole Williams	L65	6 Vale Royal Ac	58:21

Senior Women - Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	338	Christine Eckersley	L70	1 Middleton Harriers Ac	53:50
2	460	Liz Spensley	L70	2 St Helens Tri	1:03:42

Senior Women - Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	3043	Roy Pownall	V65	1 Wilmslow Running Club	54:24
2	3042	Andy Smith	V40	1 Swinton Running Club	58:02

Manchester Area Cross Country League

at Heaton Park on Saturday 12th January 2019

Senior Women - Ladies — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	548	Vicki Cronin	L	1 Trafford Athletic Club	34:03	93	434	Olivia McDermott	L	93 Salford Metropolitan Ac	41:50
2	655	Vicky Wright	L40	1 Hyde Village Striders Rc	34:37	94	374	J Cordingley	L55	4 Sale Harriers Manchester	41:54
3	573	Hannah Stroud	L	3 University Of Manchester	34:54	95	736	Suzanne Budgett	L55	5 Horwich R M I Harriers	41:58
4	186	Rachel Hall	L35	1 Macclesfield Harriers & Ac	35:02	96	214	Melanie Barber	L40	15 Manchester Harriers & Ac	42:02
5	408	Amelia Beaman	L	5 Salford Harriers & AC	35:19	97	116	Rosalyn Webster	L	97 Chorlton Runners	42:04
6	444	Gemma Connolly	L35	2 St Helens Sutton Ac	35:34	98	721	Laura Bell	L35	15 Winton Runners	42:10
7	567	Anna Mackenzie	L	7 University Of Manchester	35:45	99	88	Niamh Gill	L	99 Chorlton Runners	42:12
8	614	Sharon Johnstone	L45	1 Wilmslow Running Club	36:06	100	261	Deirdre McCarthy	L35	16 Manchester Triathlon Club	42:15
9	733	Elisabeth Kilcourse	L	9 Salford Harriers & AC	36:09	101	438	Rhianna Parkinson	L	101 Salford Metropolitan Ac	42:15
10	562	Georgia Baynes	L	10 University Of Manchester	36:21	102	201	Jane Fletcher	L40	16 Manchester Frontrunners	42:16
11	135	Hayley Simpson	L	11 East Cheshire Harriers	36:25	103	5	Fiona Cosgrove	L50	3 Altrincham & District AC	42:16
12	356	Emily Bullis	L	12 Manchester Metropolitan Uni	36:29	104	484	Imogen Nutter	L	104 Stockport Harriers & Ac	42:17
13	418	Kate Knox	L	13 Salford Harriers & AC	36:32	105	377	Sinead Ferguson	L40	17 Sale Harriers Manchester	42:18
14	182	Alannah Birtwistle	L	14 Macclesfield Harriers & Ac	36:37	106	49	Emma Young	L45	13 Bramhall Runners	42:24
15	496	Faye Waterhouse	L	15 Stockport Harriers & Ac	36:41	107	91	Samantha Hartley	L	107 Chorlton Runners	42:24
16	649	Sarah Kearney	L40	2 Wirral Ac	36:55	108	227	Freya Peers	L20	5 Manchester Harriers & Ac	42:28
17	3	Lora Blann	L35	3 Altrincham & District AC	36:58	109	115	Alison Wainwright	L35	17 Chorlton Runners	42:29
18	280	Naomi Wright	L	18 Manchester Triathlon Club	36:59	110	538	Helen Nation	L40	18 Swinton Running Club	42:32
19	412	Sarah Carroll	L	19 Salford Harriers & AC	37:00	111	199	Amy Carr	L	111 Manchester Frontrunners	42:34
20	555	Sarah Hudak	L	20 Trafford Athletic Club	37:08	112	44	Vikki Murphy	L45	14 Bramhall Runners	42:38
21	365	Hayley Ashby	L35	4 Sale Harriers Manchester	37:10	113	134	Angela Oldham	L65	2 East Cheshire Harriers	42:44
22	121	Siobhan Woods	L	22 Chorlton Runners	37:13	114	22	Philippa Robinson	L	114 Belle Vue Racers	42:52
23	575	Rebecca Whalley	L	23 University Of Manchester	37:22	115	423	Marloes Peeters	L	115 Salford Harriers & AC	42:54
24	501	Belinda Brennan	L40	3 Stockport Tri Club	37:28	116	3037	Lucy Rusbridge	L45	15 Congleton H & Ac	42:58
25	184	Kristy Gill	L40	4 Macclesfield Harriers & Ac	37:30	117	556	Catherine Hurst	L55	6 Trafford Athletic Club	42:58
26	371	Anne Chinoy	L45	2 Sale Harriers Manchester	37:50	118	527	Jacqueline Higgins	L50	4 Swinton Running Club	42:59
27	546	AmyRose Cauley	L	27 Trafford Athletic Club	37:56	119	652	Bree Sutcliffe	L40	19 Wirral Ac	43:00
28	265	Linzi Nuttall	L	28 Manchester Triathlon Club	38:08	120	542	Nicki Sullivan	L40	20 Swinton Running Club	43:00
29	415	Catherine Hooper	L20	1 Salford Harriers & AC	38:11	121	589	Jeanette Pope	L40	21 Vale Royal Ac	43:03
30	612	Louisa Harrison	L40	5 Wilmslow Running Club	38:20	122	3035	Karen Fleming	L45	16 North East Veterans Ac	43:05
31	156	Megan King	L	31 Goyt Valley Striders	38:29	123	62	Kate Ledin	L55	7 Buxton AC	43:08
32	111	Ingrid Storm	L	32 Chorlton Runners	38:33	124	681	Melanie Williamson	L40	22 Chorlton Runners	43:17
33	559	Melanie Monks	L	33 Trafford Athletic Club	38:36	125	391	Julia Reynolds	L45	17 Sale Harriers Manchester	43:19
34	163	Janet Rashleigh	L55	1 Horwich R M I Harriers	38:38	126	725	Nanette Heystek	L	126 Manchester Triathlon Club	43:23
35	561	Sally Woolhouse	L45	3 Trafford Athletic Club	38:39	127	8	Carole Harrison	L50	5 Altrincham & District AC	43:25
36	117	Amy Welch	L	36 Chorlton Runners	38:46	128	479	Estelle McGuire	L50	6 Stockport Harriers & Ac	43:32
37	735	Sarah Bishop	L	37 Salford Harriers & AC	38:48	129	668	Carly Appleby	L35	18 Sale Harriers Manchester	43:36
38	164	Laura Coucill	L	38 Hyde Village Striders Rc	39:05	130	92	Kate Harvest	L35	19 Chorlton Runners	43:40
39	133	Bethany McManus	L	39 East Cheshire Harriers	39:10	131	145	Emma Rettig	L40	23 Glossopdale Harriers	43:43
40	75	Leona Beaumont	L	40 Chorlton Runners	39:13	132	357	Anja Cunningham	L20	6 Manchester Metropolitan Uni	43:43
41	591	Helen Smith	L45	4 Vale Royal Ac	39:15	133	487	Sophie Seingier	L45	18 Stockport Harriers & Ac	43:43
42	386	Clare McCarron	L40	6 Sale Harriers Manchester	39:17	134	271	Claudia RoblesMorse	L35	20 Manchester Triathlon Club	43:45
43	179	Millie Raine	L20	2 Liverpool Harriers & Ac	39:19	135	707	Maria Wylenzek	L	135 Swinton Running Club	43:45
44	74	Rosemary Barker	L	44 Chorlton Runners	39:24	136	287	Zulma Edmondson	L40	24 Manchester Ymca Harriers	43:47
45	694	Zoe Gmerek	L40	7 Sale Harriers Manchester	39:24	137	13	Alison Vesey	L55	8 Altrincham & District AC	43:52
46	283	Hannah Brierley	L	46 Manchester Ymca Harriers	39:26	138	257	Helen Hyder	L40	25 Manchester Triathlon Club	43:54
47	722	Gemma Larkin	L35	5 Chorlton Runners	39:32	139	482	Ruth Murdoch	L40	26 Stockport Harriers & Ac	43:57
48	593	Claire Thompson	L40	8 Vale Royal Ac	39:34	140	507	Gillian Doolan	L50	7 Stockport Tri Club	44:00
49	645	Margaret Cooper	L50	1 Wirral Ac	39:36	141	388	Carla Ousey	L45	19 Sale Harriers Manchester	44:13
50	477	Jayne Lawton	L45	5 Stockport Harriers & Ac	39:37	142	28	Andrea Buckingham	L50	8 Bramhall Runners	44:19
51	400	Jane Thomas	L	51 Sale Harriers Manchester	39:50	143	517	Rhona Barker	L45	20 Swinton Running Club	44:20
52	533	Lauren Marsden	L45	6 Swinton Running Club	39:54	144	290	Jenny Gorman	L	144 Manchester Ymca Harriers	44:20
53	549	Nicole Davenport	L35	6 Trafford Athletic Club	39:56	145	685	Hanny Stockman	L50	9 Macclesfield Harriers & Ac	44:21
54	611	Katy Green	L45	7 Wilmslow Running Club	39:58	146	426	Jaymie Shenton	L40	27 Salford Harriers & AC	44:25
55	196	Jacqui Baines	L35	7 Manchester Frontrunners	39:59	147	505	Christine Dewsbury	L40	28 Stockport Tri Club	44:27
56	704	Jennie Pickard	L45	8 Stockport Harriers & Ac	40:02	148	466	Fiona Cooke	L50	10 Stockport Harriers & Ac	44:30
57	653	Emily Hughes	L20	3 Manchester Harriers & Ac	40:05	149	169	Claire Hebblethwaite	L40	29 Knutsford Tri Club	44:32
58	86	Madeleine Dickson	L	58 Chorlton Runners	40:09	150	206	Aleksandra Piekarska	L	150 Manchester Frontrunners	44:33
59	114	Emma Tollefson	L	59 Chorlton Runners	40:18	151	47	Helen Rennie	L	151 Bramhall Runners	44:44
60	729	Holly Carrington	L	60 Vale Royal Ac	40:26	152	622	Nicky Mowat	L60	1 Wilmslow Running Club	44:48
61	136	Sally Teague	L	61 East Cheshire Harriers	40:29	153	684	Joanna Miles	L55	9 Macclesfield Harriers & Ac	44:49
62	9	Beverley Jackson	L50	2 Altrincham & District AC	40:33	154	58	Ruth Gowers	L40	30 Buxton AC	44:52
63	631	Katie Thompson	L	63 Wilmslow Striders	40:38	155	4	Joanne Cudahy	L40	31 Buxton AC	45:07
64	610	Sally Gilliver	L55	2 Wilmslow Running Club	40:42	156	98	Fiona Leslie	L50	11 Chorlton Runners	45:11
65	607	Janine Ellis	L45	9 Wilmslow Running Club	40:44	157	23	Rachel Watson	L40	32 Belle Vue Racers	45:13
66	173	Helen Murray	L35	8 Knutsford Tri Club	40:45	158	661	Caroline Bartholomew	L35	21 Oldham & Royton H & Ac	45:17
67	284	Sarah Crandon	L	67 Manchester Ymca Harriers	40:46	159	557	Joanne Lott	L50	12 Trafford Athletic Club	45:22
68	560	Zoe Storr	L	68 Trafford Athletic Club	40:52	160	286	Sarah Donohoe	L	160 Manchester Ymca Harriers	45:26
69	547	Claire Chaffer	L40	9 Trafford Athletic Club	40:54	161	314	Chelsea MearsGraham	L	161 Marple Runners	45:26
70	185	Sian Gulliver	L	70 Macclesfield Harriers & Ac	40:55	162	473	Jennifer Hulley	L40	33 Stockport Harriers & Ac	45:30
71	723	Andreja Zevnik	L35	9 Chorlton Runners	40:56	163	659	Sarannya Hasler	L35	22 Macclesfield Harriers & Ac	45:36
72	2	Danielle Beard	L35	10 Altrincham & District AC	40:59	164	124	Joanne Healy	L45	21 Dragons Running Club (sale)	45:38
73	489	Lesley Sinclair	L55	3 Stockport Harriers & Ac	41:01	165	601	Tracy Bown	L50	13 Wilmslow Running Club	45:40
74	597	Rachael McQuillan	L20	4 Warrington Athletic Club	41:01	166	383	Catherine Jones	L40	34 Sale Harriers Manchester	45:47
75	392	Sian Rowley	L40	10 Sale Harriers Manchester	41:04	167	592	Mary Tavener	L55	10 Vale Royal Ac	45:49
76	380	Sarah Goulden	L	76 Sale Harriers Manchester	41:04	168	545	Ruth Beresford	L	168 Trafford Athletic Club	45:49
77	511	Fran Lewis	L35	11 Stockport Tri Club	41:05	169	204	Paula Medley	L35	23 Manchester Frontrunners	45:52
78	190	Ann-Marie Jones	L65	1 Macclesfield Harriers & Ac	41:06	170	687	Rachel Meredith	L	170 Manchester Ymca Harriers	45:57
79	108	Jacqueline Perrot	L40	11 Chorlton Runners	41:09	171	19	Annie Hirsch	L60	2 Belle Vue Racers	45:59
80	585	Melanie Johnson	L35	12 Vale Royal Ac	41:11	172	402	Louise Tittensor	L40	35 Sale Harriers Manchester	46:14
81	137	Michelle Vaughan	L45	10 East Cheshire Harriers	41:14	173	142	Jane Mellor	L50	14 Glossopdale Harriers	46:15
82	537	Rebecca Mills	L35	13 Swinton Running Club	41:14	174	219	Lindsey Farrelly	L40	36 Manchester Harriers & Ac	46:17
83	470	Louise Geldart	L	83 Stockport Harriers & Ac	41:15	175	634	Edyta Burgess	L40	37 Winton Runners	46:20
84	203	Rachel Kenyon	L35	14 Manchester Frontrunners	41:18	176	165	A Anderson-Holton	L40	38 Knutsford Tri Club	46:26
85	395	Suzanne Smith	L40	12 Sale Harriers Manchester	41:19	177	553	Alison Holbrook	L45	22 Trafford Athletic Club	46:31
86	540	Hermione Oakley	L	86 Swinton Running Club	41:22	178	673	Lois Brooks	L	178 Bramhall Runners	46:34
87	472	AmieErika Hughes	L	87 Stockport Harriers & Ac	41:28	179	170	Mairi McCloskey	L50	15 Knutsford Tri Club	46:38
88	66	Katie Rolfe	L40	13 Buxton AC	41:38	180	480	Sally Meats	L45	23 Stockport Harriers & Ac	46:43
89	244	Emma Connolly	L	89 Manchester Triathlon Club	41:42	181	248	Sarah Egling	L40	39 Manchester Triathlon Club	46:49
90	651	Anne Rosbottom	L45	11 Wirral Ac	41:44	182	25	Dee Beckett	L35	24 Bramhall Runners	46:50
91	172	Kate Mills	L40	14 Knutsford Tri Club	41:46	183	70	Tania Wilson	L50	16 Buxton AC	46:54
92	275	Jude Wall	L45	12 Manchester Triathlon Club	41:49	184	270	Sarah Roberts	L	184 Manchester Triathlon Club	46:58

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

185	85 Nadia Dahabiyeh	L35 25	Chorlton Runners	47:05	249 297 Anna Ashton	L60 6	Marple Runners	50:55
186	497 Maureen Wilkins	L50 17	Stockport Harriers & Ac	47:07	250 485 Nicola Pickford	L40 53	Stockport Harriers & Ac	51:06
187	384 Amelie Latham	L35 26	Sale Harriers Manchester	47:09	251 250 Siobhan Farmer	L35 31	Manchester Triathlon Club	51:09
188	197 Kate Brennan	L50 18	Manchester Frontrunners	47:10	252 322 Gillian Scott	L60 7	Marple Runners	51:25
189	525 Julie Hamilton	L40 40	Swinton Running Club	47:10	253 281 Natasha Addison	L 253	Manchester Ymca Harriers	51:29
190	705 Laura Carter	L45 24	Stockport Tri Club	47:15	254 664 Lynn Hall	L40 54	Wilmslow Running Club	51:32
191	502 Nicola Brundrett	L40 41	Stockport Tri Club	47:16	255 506 Kerry Doherty	L40 55	Stockport Tri Club	51:33
192	101 Deborah Maskell	L45 25	Chorlton Runners	47:17	256 160 Sarah Larkin	L45 39	Halton & Frodsham Harriers	51:37
193	166 Lauren Carr	L 193	Knutsford Tri Club	47:20	257 159 Tracy Vernon	L55 13	Goyt Valley Striders	51:42
194	324 Sandra Smith	L45 26	Marple Runners	47:22	258 345 Julie Jones	L60 8	Middleton Harriers Ac	51:44
195	699 Lindsay Crombleholme	L45 27	Stockport Harriers & Ac	47:31	259 295 Laura Ahern	L35 32	Marple Runners	51:47
196	516 Kerry Adamsbaum	L40 42	Swinton Running Club	47:32	260 734 Jane Damerun	L40 56	Dragons Running Club (sale)	52:04
197	552 Sue Exon	L65 3	Trafford Athletic Club	47:33	261 519 Rachel Billington	L35 33	Swinton Running Club	52:13
198	231 Jane Stiles	L50 19	Manchester Harriers & Ac	47:34	262 532 Hannah Lee	L 262	Swinton Running Club	52:18
199	530 Yvette Jeal	L45 28	Swinton Running Club	47:35	2633036\$Gill Jackson	L45 40	Unattached	52:21
200	370 Helen Carter	L35 27	Sale Harriers Manchester	47:42	264 301 Amanada Collinge	L40 57	Marple Runners	52:26
201	20 Emma-Louise Kerwin	L 201	Belle Vue Racers	47:43	265 202 Mel Johnson	L40 58	Manchester Frontrunners	52:36
202	158 Linette Ruston	L40 43	Goyt Valley Striders	47:44	266 449 Chris Forber	L45 41	St Helens Tri	52:41
203	478 Rebecca Livsey	L 203	Stockport Harriers & Ac	47:45	267 635 Charlotte Dean	L35 34	Winston Runners	52:56
204	122 Denise Yarrow	L 204	Chorlton Runners	47:49	268 469 Alexis Dinsmor	L65 4	Stockport Harriers & Ac	53:01
205	73 Alison Barbuti	L40 44	Chorlton Runners	47:50	269 462 Sarah Taktak	L20 7	St Helens Tri	53:14
206	274 Marianne Veighey	L45 29	Manchester Triathlon Club	47:53	270 633 Helen Blissett	L40 59	Winston Runners	53:20
207	311 Rachel Lord	L 207	Marple Runners	47:53	271 644 Kelly Clark	L40 60	Wirral Ac	53:21
208	253 Sonia Harris	L45 30	Manchester Triathlon Club	47:54	272 273 Jacky Taylor	L50 28	Manchester Triathlon Club	53:33
209	643 Caroline Brophy	L50 20	Wirral Ac	47:57	273 448 Bethany Forber	L 273	St Helens Tri	53:37
210	431 Kate Fowles	L50 21	Salford Metropolitan Ac	48:01	274 326 Alison Stephenson	L45 42	Marple Runners	53:44
211	621 Emily Moss	L 211	Wilmslow Running Club	48:02	275 338 Christine Eckersley	L70 1	Middleton Harriers Ac	53:50
212	245 Letitia Cooper	L 212	Manchester Triathlon Club	48:04	276 349 Donna McGuinness	L45 43	Middleton Harriers Ac	53:54
213	628 Vicky Anderson	L45 31	Wilmslow Striders	48:05	277 510 Elle Jordan	L40 61	Stockport Tri Club	54:05
214	293 Jane McDonnell	L35 28	Manchester Ymca Harriers	48:10	278 305 Elise Evans	L45 44	Marple Runners	54:08
215	629 Sylvia Brown	L40 45	Wilmslow Striders	48:19	279 581 Pauline Davies	L65 5	Vale Royal Ac	54:54
216	495 Sue Waring	L50 22	Stockport Harriers & Ac	48:21	280 212 Melissa Whitworth	L45 45	Manchester Frontrunners	55:16
217	467 Holly Copeland	L 217	Stockport Harriers & Ac	48:21	281 291 Jill Guthrie	L 281	Manchester Ymca Harriers	55:33
218	617 Catriona Marshall	L50 23	Wilmslow Running Club	48:26	282 353 Vicky Stainthorpe	L40 62	Middleton Harriers Ac	55:40
219	213 Caroline Baba	L40 46	Manchester Harriers & Ac	48:28	283 14 Ruth Amin	L40 63	Belle Vue Racers	55:58
220	171 Iona McRury	L 220	Knutsford Tri Club	48:30	284 313 Sarah Mears	L40 64	Marple Runners	56:03
221	175 Verity Wolstencroft	L40 47	Knutsford Tri Club	48:35	285 714 Diana Evans	L55 14	Winston Runners	56:07
222	259 S Mawbey-Jeffries	L40 48	Manchester Triathlon Club	48:35	286 303 Elaine DeFries	L55 15	Marple Runners	56:10
223	289 Stephanie Goodchild	L50 24	Manchester Ymca Harriers	48:58	287 153 Helen Gray	L50 29	Goyt Valley Striders	56:11
224	81 Ann Carney	L55 11	Chorlton Runners	48:59	288 637 Jana Julinkova	L45 46	Winston Runners	56:21
225	112 Katie Syrett	L40 49	Chorlton Runners	49:04	289 102 Katie McInnes	L 289	Chorlton Runners	56:38
226	503 Christine Copson	L50 25	Stockport Tri Club	49:09	290 709 Debbie Richardson	L50 30	Vale Royal Ac	56:49
227	113 Victoria Thompson	L 227	Chorlton Runners	49:09	291 267 Kim O'Neill	L50 31	Manchester Triathlon Club	57:02
228	464 Amy Barter	L35 29	Stockport Harriers & Ac	49:11	292 522 Sara Das	L 292	Swinton Running Club	57:42
229	82 Rebecca Chambers	L45 32	Chorlton Runners	49:14	293 252 Bethan Habron-James	L5032	Manchester Triathlon Club	57:44
230	459 Sheena Shearman	L40 50	St Helens Tri	49:22	294 351 Beverley O'Neill	L40 65	Middleton Harriers Ac	58:00
231	453 Lynette Houghton	L45 33	St Helens Tri	49:28	295 595 Carole Williams	L65 6	Vale Royal Ac	58:21
232	72 Emma Bannister	L45 34	Chorlton Runners	49:31	296 298 Emily Bamford	L35 35	Marple Runners	58:24
233	657 Hilary West	L60 3	Macclesfield Harriers & Ac	49:32	297 308 Taylor Giacomia	L35 36	Marple Runners	58:25
234	64 Elizabeth Nocton	L35 30	Buxton AC	49:34	298 131 Lisa Kennedy	L50 33	East Cheshire Harriers	58:30
235	344 Teresa Hollins	L60 4	Middleton Harriers Ac	49:44	299 215 Deborah Beresford	L50 34	Manchester Harriers & Ac	58:43
236	672 Sarah Beattie	L45 35	Bramhall Runners	49:54	300 300 Jenny Brown	L50 35	Marple Runners	58:49
237	350 Cathy Murphy	L50 26	Middleton Harriers Ac	49:57	301 320 Rachel Myers	L 301	Marple Runners	59:05
238	531 Steph Kay	L 238	Swinton Running Club	50:02	302 535 Sian McNeil	L40 66	Swinton Running Club	59:29
239	647 Uyai Ikpat	L40 51	Wirral Ac	50:04	303 243 Judith Coker	L45 47	Manchester Triathlon Club	59:30
240	336 Fiona Bolton	L60 5	Middleton Harriers Ac	50:05	304 310 Sian Griffiths	L55 16	Marple Runners	1:00:26
241	56 Heather Fryer-Winder	L50 27	Buxton AC	50:11	305 39 Cath Jones	L55 17	Bramhall Runners	1:00:42
242	55 Rachel Dowle	L45 36	Buxton AC	50:12	306 642 Kath Tyms	L40 67	Winston Runners	1:00:57
243	16 Karen Charters	L45 37	Belle Vue Racers	50:15	307 523 Wendy Doxey	L55 18	Swinton Running Club	1:02:08
244	127 Sue Strickland	L55 12	Dragons Running Club (sale)	50:16	308 27 Helen Brown	L45 48	Bramhall Runners	1:02:21
245	139 Kaylea Haynes	L 245	Glossopdale Harriers	50:28	309 128 Lucy Buckley	L 309	East Cheshire Harriers	1:03:02
246	71 Hannah Ahle	L 246	Chorlton Runners	50:37	310 460 Liz Spensley	L70 2	St Helens Tri	1:03:42
247	18 Julia Foy	L45 38	Belle Vue Racers	50:42	311 325 Clare Smith	L50 36	Marple Runners	1:03:51
248	316 Emma Mooney	L40 52	Marple Runners	50:49	312 732 Sandra Robinson	L40 68	Manchester Ymca Harriers	1:05:08
					313 285 Jennifer Delaney	L 313	Manchester Ymca Harriers	1:14:26

Senior Women - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	University Of Manchester	43	—	3	Hannah Stroud	7	Anna Mackenzie	10	Georgia Baynes	23	Rebecca Whalley
2	Salford Harriers & AC	46	—	5	Amelia Beaman	9	Elisabeth Kilcourse	13	Kate Knox	19	Sarah Carroll
3	Trafford Athletic Club	81	—	1	Vicki Cronin	20	Sarah Hudak	27	AmyRose Cauley	33	Melanie Monks
4	Macclesfield Harriers & Ac	113	—	4	Rachel Hall	14	Alannah Birtwistle	25	Kristy Gill	70	Sian Gulliver
5	Chorlton Runners	130	—	22	Siobhan Woods	32	Ingrid Storm	36	Amy Welch	40	Leona Beaumont
6	Sale Harriers Manchester	134	—	21	Hayley Ashby	26	Anne Chinoy	42	Clare McCarron	45	Zoe Gmerek
7	Wilmslow Running Club	156	—	8	Sharon Johnstone	30	Louisa Harrison	54	Katy Green	64	Sally Gilliver
8	East Cheshire Harriers	192	—	11	Hayley Simpson	39	Bethany McManus	61	Sally Teague	81	Michelle Vaughan
9	Stockport Harriers & Ac	194	—	15	Faye Waterhouse	50	Jayne Lawton	56	Jennie Pickard	73	Lesley Sinclair
10	Chorlton Runners 'B'	208	—	44	Rosemary Barker	47	Gemma Larkin	58	Madeleine Dickson	59	Emma Tollefson
11	Trafford Athletic Club 'B'	225	—	35	Sally Woolhouse	53	Nicole Davenport	68	Zoe Storr	69	Claire Chaffer
12	Manchester Triathlon Club	227	—	18	Naomi Wright	28	Linzi Nuttall	89	Emma Connolly	92	Jude Wall
13	Vale Royal Ac	229	—	41	Helen Smith	48	Claire Thompson	60	Holly Carrington	80	Melanie Johnson
14	Altrincham & District AC	254	—	17	Lora Blann	62	Beverley Jackson	72	Danielle Beard	103	Fiona Cosgrove
15	Wirral Ac	273	—	16	Sarah Kearney	49	Margaret Cooper	90	Anne Rosbottom	118	Bree Sutcliffe
16	Sale Harriers Manchester 'B'	287	—	51	Jane Thomas	75	Sian Rowley	76	Sarah Goulden	85	Suzanne Smith
17	Salford Harriers & AC 'B'	325	—	29	Catherine Hooper	37	Sarah Bishop	115	Marloes Peeters	144	Jaymie Shenton
18	Swinton Running Club	330	—	52	Lauren Marsden	82	Rebecca Mills	86	Hermione Oakley	110	Helen Nation
19	Chorlton Runners 'C'	346	—	71	Andreja Zevnik	79	Jacqueline Perrot	97	Rosalyn Webster	99	Niamh Gill
20	Manchester Frontrunners	352	—	55	Jacqui Baines	84	Gemma Kenyon	102	Jane Fletcher	111	Amy Carr
21	Stockport Tri Club	384	—	24	Belinda Brennan	77	Fran Lewis	138	Gillian Doolan	145	Christine Dewsbury
22	Manchester Ymca Harriers	389	—	46	Hannah Brierley	67	Sarah Crandon	134	Zulma Edmondson	142	Jenny Gorman
23	Stockport Harriers & Ac 'B'	400	—	83	Louise Geldart	87	AmieErika Hughes	104	Imogen Nutter	126	Estelle McGuire
24	Manchester Harriers & Ac	433	—	57	Emily Hughes	96	Melanie Barber	108	Freya Peers	172	Lindsay Farrelly
25	Sale Harriers Manchester 'C'	449	—	94	J Cordingley	105	Sinead Ferguson	123	Julia Reynolds	127	Carly Appleby
26	Chorlton Runners 'D'	466	—	107	Samantha Hartley	109	Alison Wainwright	122	Melanie Williamson	128	Kate Harvest
27	Knutsford Tri Club	478	—	66	Helen Murray	91	Kate Mills	147	Claire Hebblethwaite	174	A Anderson-Holton
28	Manchester Triathlon Club 'B'	492	—	100	Deirdre McCarthy	124	Nanette Heystek	132	Claudia RoblesMorse	136	Helen Hyder
29	Bramhall Runners	507	—	106	Emma Young	112	Vikki Murphy	140	Andrea Buckingham	149	Helen Rennie
30	Swinton Running Club 'B'	510	—	117	Jacqueline Higgins	119	Nicki Sullivan	133	Maria Wylenzek	141	Rhona Barker
31	Buxton AC	514	—	88	Katie Rolfe	121	Kate Ledin	152	Ruth Gowers	153	Joanne Cudahy
32	Macclesfield Harriers & Ac 'B'	533	—	78	Ann-Marie Jones	143	Hanny Stockman	151	Joanna Miles	161	Sarannya Hasler
33	Stockport Harriers & Ac 'C'	574	—	131	Sophie Seingier	137	Ruth Murdoch	146	Fiona Cooke	160	Jennifer Hulley
34	Wilmslow Running Club 'B'	587	—	65	Janine Ellis	150	Nicky Mowat	163	Tracy Bown	209	Emily Moss
35	Trafford Athletic Club 'C'	614	—	116	Catherine Hurst	157	Joanne Lott	166	Ruth Beresford	175	Alison Holbrook
36	Belle Vue Racers	637	—	114	Philippa Robinson	155	Rachel Watson	169	Annie Hirsch	199	Emma-Louise Kerwin
37	Sale Harriers Manchester 'D'	658	—	139	Carla Ousey	164	Catherine Jones	170	Louise Tittensor	185	Amelie Latham
38	Chorlton Runners 'E'	729	—	154	Fiona Leslie	183	Nadia Dahabiyeh	190	Deborah Maskell	202	Denise Yarrow
39	Stockport Harriers & Ac 'D'	756	—	178	Sally Meats	184	Maureen Wilkins	193	Lindsay Crombleholme	201	Rebecca Livsey
40	Manchester Ymca Harriers 'B'	759	—	158	Sarah Donohoe	168	Rachel Meredith	212	Jane McDonnell	221	Stephanie Goodchild
41	Manchester Frontrunners 'B'	763	—	148	Aleksandra Piekarska	167	Paula Medley	186	Kate Brennan	262	Mel Johnson
42	Goyt Valley Striders	770	—	31	Megan King	200	Linette Ruston	255	Tracy Vernon	284	Helen Gray
43	Manchester Triathlon Club 'C'	771	—	179	Sarah Eglinq	182	Sarah Roberts	204	Marianne Veighey	206	Sonia Harris
44	Marple Runners	802	—	159	Chelsea MearsGraham	192	Sandra Smith	205	Rachel Lord	246	Emma Mooney
45	Winston Runners	802	—	98	Laura Bell	173	Edyta Burgess	264	Charlotte Dean	267	Helen Blissett
46	Knutsford Tri Club 'B'	805	—	177	Mairi McCloskey	191	Lauren Carr	218	Iona McRury	219	Verity Wolstencroft
47	Swinton Running Club 'C'	814	—	187	Julie Hamilton	194	Kerry Adamsbaum	197	Yvette Jeal	236	Steph Kay
48	Vale Royal Ac 'B'	848	—	120	Jeanette Pope	165	Mary Tavener	276	Pauline Davies	287	Debbie Richardson
49	Stockport Tri Club 'B'	854	—	188	Laura Carter	189	Nicola Brundrett	224	Christine Copson	253	Kerry Doherty
50	Chorlton Runners 'F'	873	—	203	Alison Barbuti	222	Ann Carney	223	Katie Syrett	225	Victoria Thompson
51	Buxton AC 'B'	892	—	181	Tania Wilson	232	Elizabeth Nocton	239	Heather Fryer-Winder	240	Rachel Dowle
52	Bramhall Runners 'B'	892	—	176	Lois Brooks	180	Dee Beckett	234	Sarah Beattie	302	Cath Jones
53	Stockport Harriers & Ac 'E'	903	—	214	Sue Waring	215	Holly Copeland	226	Amy Barter	248	Nicola Pickford
54	Manchester Triathlon Club 'D'	948	—	210	Letitia Cooper	220	S Mawbey-Jeffries	249	Siobhan Farmer	269	Jacky Taylor
55	Middleton Harriers Ac	962	—	233	Teresa Hollins	235	Cathy Murphy	238	Fiona Bolton	256	Julie Jones
56	St Helens Tri	986	—	228	Sheena Shearman	229	Lynette Houghton	263	Chris Forber	266	Sarah Taktak
57	Chorlton Runners 'G'	987	—	227	Rebecca Chambers	230	Emma Bannister	244	Hannah Ahle	286	Katie McInnes
58	Marple Runners 'B'	1015	—	247	Anna Ashton	250	Gillian Scott	257	Laura Ahern	261	Amanada Collinge
59	Swinton Running Club 'D'	1107	—	259	Rachel Billington	260	Hannah Lee	289	Sara Das	299	Sian McNeil
60	Marple Runners 'C'	1110	—	271	Alison Stephenson	275	Elise Evans	281	Sarah Mears	283	Elaine DeFries
61	Middleton Harriers Ac 'B'	1115	—	272	Christine Eckersley	273	Donna McGuinness	279	Vicky Stainthorpe	291	Beverley O'Neill
62	Manchester Ymca Harriers 'C'	1148	—	251	Natasha Addison	278	Jill Guthrie	309	Sandra Robinson	310	Jennifer Delaney
63	Marple Runners 'D'	1182	—	293	Emily Bamford	294	Taylor Giacoma	297	Jenny Brown	298	Rachel Myers

Senior Women - Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale Harriers Manchester	32	—	7	Hayley Ashby	10	Anne Chinoy	15	Clare McCarron
2	Wilmslow Running Club	38	—	4	Sharon Johnstone	11	Louisa Harrison	23	Katy Green
3	Macclesfield Harriers & Ac	47	—	2	Rachel Hall	9	Kristy Gill	36	Ann-Marie Jones
4	Altrincham & District AC	64	—	6	Lora Blann	26	Beverley Jackson	32	Danielle Beard
5	Trafford Athletic Club	65	—	13	Sally Woolhouse	22	Nicole Davenport	30	Claire Chaffer
6	Wirral Ac	68	—	5	Sarah Kearney	19	Margaret Cooper	44	Anne Rosbottom
7	Vale Royal Ac	70	—	14	Helen Smith	18	Claire Thompson	38	Melanie Johnson
8	Stockport Harriers & Ac	78	—	20	Jayne Lawton	25	Jennie Pickard	33	Lesley Sinclair
9	Chorlton Runners	85	—	17	Gemma Larkin	31	Andreja Zevnik	37	Jacqueline Perrot
10	Sale Harriers Manchester 'B'	92	—	16	Zoe Gmerek	34	Sian Rowley	42	Suzanne Smith
11	Manchester Frontrunners	117	—	24	Jacqui Baines	41	Rachel Kenyon	52	Jane Fletcher
12	Swinton Running Club	118	—	21	Lauren Marsden	40	Rebecca Mills	57	Helen Nation
13	Stockport Tri Club	122	—	8	Belinda Brennan	35	Fran Lewis	79	Gillian Doolan
14	Wilmslow Running Club 'B'	143	—	27	Sally Gilliver	28	Janine Ellis	88	Nicky Mowat
15	Knutsford Tri Club	161	—	29	Helen Murray	45	Kate Mills	87	Claire Hebblethwaite
16	Sale Harriers Manchester 'C'	168	—	47	J Cordingley	54	Sinead Ferguson	67	Julia Reynolds
17	Manchester Triathlon Club	171	—	46	Jude Wall	51	Deirdre McCarthy	74	Claudia RoblesMorse
18	Chorlton Runners 'B'	193	—	56	Alison Wainwright	66	Melanie Williamson	71	Kate Harvest
19	Bramhall Runners	194	—	55	Emma Young	58	Vikki Murphy	81	Andrea Buckingham
20	Altrincham & District AC 'B'	197	—	53	Fiona Cosgrove	68	Carole Harrison	76	Alison Vesey
21	Buxton AC	198	—	43	Katie Rolfe	65	Kate Ledin	90	Ruth Gowers
22	Swinton Running Club 'B'	206	—	61	Jacqueline Higgins	63	Nicki Sullivan	82	Rhona Barker
23	Stockport Harriers & Ac 'B'	220	—	69	Estelle McGuire	73	Sophie Seingier	78	Ruth Murdoch
24	Sale Harriers Manchester 'D'	250	—	70	Carly Appleby	80	Carla Ousey	100	Catherine Jones
25	Trafford Athletic Club 'B'	264	—	60	Catherine Hurst	95	Joanne Lott	109	Alison Holbrook
26	Macclesfield Harriers & Ac 'B'	269	—	83	Hanny Stockman	89	Joanna Miles	97	Sarannya Hasler
27	Manchester Harriers & Ac	282	—	49	Melanie Barber	106	Lindsey Farrelly	127	Jane Stiles
28	Stockport Harriers & Ac 'C'	293	—	86	Fiona Cooke	96	Jennifer Hulley	111	Sally Meats
29	East Cheshire Harriers	305	—	39	Michelle Vaughan	59	Angela Oldham	207	Lisa Kennedy
30	Manchester Triathlon Club 'B'	321	—	77	Hyder	112	Sarah Eglinq	132	Marianne Veighy
31	Stockport Tri Club 'B'	326	—	85	Christine Dewsbury	120	Laura Carter	121	Nicola Brundrett
32	Chorlton Runners 'C'	329	—	92	Fiona Leslie	115	Nadia Dahabiyeh	122	Deborah Maskell
33	Winston Runners	338	—	50	Laura Bell	107	Edyta Burgess	181	Charlotte Dean
34	Sale Harriers Manchester 'E'	350	—	104	Louise Tittensor	117	Amelie Latham	129	Helen Carter
35	Wirral Ac 'B'	354	—	62	Bree Sutcliffe	134	Caroline Brophy	158	Uyai Ikpatt
36	Manchester Ymca Harriers	356	—	75	Zulma Edmondson	137	Jane McDonnell	144	Stephanie Goodchild
37	Vale Royal Ac 'B'	356	—	64	Jeanette Pope	101	Mary Tavener	191	Pauline Davies
38	Belle Vue Racers	358	—	93	Rachel Watson	103	Annie Hirsch	162	Karen Charters
39	Buxton AC 'B'	359	—	91	Joanne Cudahy	114	Tania Wilson	154	Elizabeth Nocton
40	Knutsford Tri Club 'B'	360	—	108	A Anderson-Holton	110	Mairi McCloskey	142	Verity Wolstencroft
41	Swinton Running Club 'C'	372	—	119	Julie Hamilton	125	Kerry Adamsbaum	128	Yvette Jeal
42	Stockport Harriers & Ac 'D'	379	—	116	Maureen Wilkins	124	Lindsay Crombleholme	139	Sue Waring
43	Manchester Frontrunners 'B'	399	—	102	Paula Medley	118	Kate Brennan	179	Mel Johnson
44	Wilmslow Running Club 'C'	409	—	99	Tracy Bown	140	Catriona Marshall	170	Lynn Hall
45	Chorlton Runners 'D'	422	—	131	Alison Barbuti	145	Ann Carney	146	Katie Syrett
46	Dragons Running Club (sale)	437	—	98	Joanne Healy	163	Sue Strickland	176	Jane Damerun
47	Manchester Triathlon Club 'C'	444	—	133	Sonia Harris	143	S Mawbey-Jeffries	168	Siobhan Farmer
48	Marple Runners	454	—	123	Sandra Smith	165	Emma Mooney	166	Anna Ashton
49	Middleton Harriers Ac	471	—	155	Teresa Hollins	157	Cathy Murphy	159	Fiona Bolton
50	St Helens Tri	481	—	150	Sheena Shearman	151	Lynette Houghton	180	Chris Forber
51	Bramhall Runners 'B'	482	—	113	Dee Beckett	156	Sarah Beattie	213	Cath Jones
52	Stockport Harriers & Ac 'E'	497	—	148	Amy Barter	167	Nicola Pickford	182	Alexis Dinsmor
53	Goyt Valley Striders	501	—	130	Linette Ruston	173	Tracy Vernon	198	Helen Gray
54	Stockport Tri Club 'C'	507	—	147	Christine Copson	171	Kerry Doherty	189	Elle Jordan
55	Marple Runners 'B'	522	—	169	Gillian Scott	175	Laura Ahern	178	Amanada Collinge
56	Middleton Harriers Ac 'B'	549	—	174	Julie Jones	187	Christine Eckersley	188	Donna McGuinness
57	Marple Runners 'C'	571	—	186	Alison Stephenson	190	Elise Evans	195	Sarah Mears
58	Winston Runners 'B'	578	—	183	Helen Blissett	196	Diana Evans	199	Jana Julinkova
59	Manchester Triathlon Club 'D'	588	—	185	Jacky Taylor	201	Kim O'Neill	202	Bethan Haxon-James
60	Swinton Running Club 'D'	602	—	177	Rachel Billington	210	Sian McNeil	215	Wendy Doxey
61	Marple Runners 'D'	608	—	197	Elaine DeFries	205	Emily Bamford	206	Taylor Giacomina
62	Marple Runners 'E'	639	—	209	Jenny Brown	212	Sian Griffiths	218	Clare Smith

Manchester Area Cross Country League at Heaton Park on Saturday 12th January 2019

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	902	Mac O'Malley	U20	1 Trafford Athletic Club	34:05	6	929	Harry Parker	U20	6 University Of Manchester	41:02
2	901	Xavier O'Hare	U20	2 Trafford Athletic Club	34:54	7	12	Nathan Egan	U20	7 Altrincham & District	41:19
3	916	Jack Wilkinson	U20	3 Trafford Athletic Club	37:01	8	787	Bradley Freeman	U20	8 Stockport Harriers & Ac	41:54
4	589	Shaun Gee	U20	4 Sale Harriers Manchester	39:49	9	1055	Karl Taylor	U20	9 Stockport Harriers & Ac	41:57
5	109	Jacob Miller	U20	5 Buxton AC	40:00	10	716	Dougal McDermott	U20	10 Salford Metropolitan Ac	42:18

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Trafford Athletic Club	6 — 1 Mac O'Malley	2 Xavier O'Hare	3 Jack Wilkinson
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Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	1162	Joe Steward		East Cheshire Harriers	33:00	77	709	Aaron Givens		Salford Metropolitan Ac	40:20
2	280	James Kevan		Horwich R M I Harriers	33:30	78	648	Robert Clarke		Salford Harriers & AC	40:21
3	3040	\$Sam Tosh		Rossendale Harriers & Ac	33:37	79	238	Sean Phillips		Glossopdale Harriers	40:22
4	564	Nicholas Barry		Sale Harriers Manchester	33:41	80	1168	Kevin Waterhouse		Salford Metropolitan Ac	40:25
5	1173	Thomas Griffiths		St Helens Sutton Ac	33:56	81	350	Gregory Beck		Manchester Frontrunners	40:32
6	131	Peter Bray		Chorlton Runners	34:12	82	86	Matthew Moran		Bramhall Runners	40:35
7	593	Nathan Harrison		Sale Harriers Manchester	34:17	83	1109	Benjamin Rix		Salford Harriers & AC	40:38
8	288	J Scott-Farrington		Horwich R M I Harriers	34:31	84	1174	Lewis Brown		Vale Royal Ac	40:39
9	423	Lewis Eccleston		Manchester Triathlon Club	34:37	85	21	Richard Jellyman		Altrincham & District	40:40
10	10	Akkeal Chambers		Altrincham & District	34:39	86	323	Mark Burley		Macclesfield Harriers & Ac	40:42
11	903	Simon O'Meara		Trafford Athletic Club	34:55	87	558	Danny Appleby		Sale Harriers Manchester	40:43
12	545	William Rawson		Manchester Metropolitan Uni	35:07	88	473	Mark Griffiths		Manchester Ymca Harriers	40:45
13	195	David Wyeth		Chorlton Runners	35:10	89	1084	James Bryson		Manchester Harriers & AC	40:45
14	34	David Norman		Altrincham & District	35:25	90	474	Joseph Hayes		Manchester Ymca Harriers	40:48
15	598	Kenneth Hunt		Sale Harriers Manchester	35:26	91	650	Paul Creighton		Salford Harriers & AC	40:49
16	693	Josh Tighe		Salford Harriers & AC	35:29	92	1130	James Speedie		Wilmslow Running Club	40:50
17	150	Ben Hobson		Chorlton Runners	35:42	93	938	Lee Carrington		Vale Royal Ac	40:58
18	271	Ian Conroy		Horwich R M I Harriers	35:48	94	256	Nathan Porter		Goyt Valley Striders	41:00
19	1175	Nathan Williams		Vale Royal Ac	35:50	95	560	Mike Ashby		Sale Harriers Manchester	41:07
20	681	Stuart Robinson		Salford Harriers & AC	35:52	96	7	Nick Bugler		Altrincham & District	41:09
21	669	Bruno Lima		Salford Harriers & AC	35:54	97	522	Jordan Burke		Middleton Harriers Ac	41:11
22	561	Sam Aspinwall		Sale Harriers Manchester	35:55	98	1050	Daniel Timperley		Oldham & Royton H & Ac	41:13
23	213	Joseph Hudak		East Cheshire Harriers	35:57	99	1046	Lionel Heilmann		Manchester Metropolitan Uni	41:17
24	821	Jonathan Currie		Stockport Tri Club	36:04	100	158	Luke Kelly		Chorlton Runners	41:19
25	307	Arran McCloskey		Knutsford Tri Club	36:11	101	660	Grant Gunn-Anderson		Salford Harriers & AC	41:21
26	29	Kristan Matuszczak		Altrincham & District	36:16	102	645	Daniel Brocklehurst		Salford Harriers & AC	41:36
27	203	Gavin Browne		East Cheshire Harriers	36:30	103	361	Steve Hutton		Manchester Frontrunners	41:44
28	1166	Matthew Devlin		Chorlton Runners	36:46	104	763	Ian Orford		St Helens Tri	41:48
29	573	Andrew Carlin		Sale Harriers Manchester	37:03	105	728	Liam Towers		Salford Metropolitan Ac	41:50
30	268	Jonathan Bruton		Horwich R M I Harriers	37:04	106	429	Shaun Gilmore		Manchester Triathlon Club	41:53
31	269	Michael Chadderton		Horwich R M I Harriers	37:16	107	1092	John Weaver		Middleton Harriers Ac	41:55
32	476	Craig Jones		Manchester Ymca Harriers	37:20	108	483	Martin Rimmer		Manchester Ymca Harriers	42:00
33	243	Chris Webb		Glossopdale Harriers	37:25	109	1094	Phil Pennall		Quay Runners	42:02
34	544	Jonny Hill		Manchester Metropolitan Uni	37:32	110	921	Edvard Holden		University Of Manchester	42:10
35	549	David Carroll		Oldham & Royton H & Ac	37:35	111	1001	Allan McCormick		Wilmslow Running Club	42:13
36	534	Keith Knott		Middleton Harriers Ac	37:40	112	702	Paul Connolly		Salford Metropolitan Ac	42:22
37	613	Ben McIntyre		Sale Harriers Manchester	37:44	113	97	B Wolstenholme		Bramhall Runners	42:24
38	168	Paul Mollloy		Chorlton Runners	37:45	114	1098	Rob Halfpenny		Sale Harriers Manchester	42:29
39	1164	Nmeal Emmerson		Swinton Running Club	37:45	115	870	Dan Sutton		Swinton Running Club	42:30
40	1172	Steve Anders		St Helens Sutton Ac	37:49	116	1064	Paul Brown		Chorlton Runners	42:31
41	640	Paul Bannister		Salford Harriers & AC	37:51	117	485	Bernard Stricker		Manchester Ymca Harriers	42:33
42	922	Joseph Howe		University Of Manchester	38:00	118	1057	James Pattison		Altrincham & District	42:35
43	327	Robert Hasler		Macclesfield Harriers & Ac	38:01	119	880	Nicholas Brown		Trafford Athletic Club	42:39
44	1153	Gavin Tomlinson		Trafford Athletic Club	38:04	120	1145	Jonny Nicholls		Wilmslow Striders	42:48
45	964	Tom Greaves		Warrington A C	38:11	121	102	David Fryer-Winder		Buxton AC	42:52
46	142	Will Fossard		Chorlton Runners	38:12	122	698	Luke Wordsworth		Salford Harriers & AC	43:01
47	15	Matt Gawne		Altrincham & District	38:16	123	486	Philip Tomkinson		Manchester Ymca Harriers	43:02
48	581	Robert Dunn		Sale Harriers Manchester	38:20	124	843	Ian Cronshaw		Swinton Running Club	43:04
49	161	Jonathan Lancaster		Chorlton Runners	38:23	125	159	Eamonn Keogh		Chorlton Runners	43:10
50	453	Aaron Saxton		Manchester Triathlon Club	38:37	126	100	Richard Bouglas		Buxton AC	43:14
51	622	Paul Rowley		Sale Harriers Manchester	38:43	127	762	Patrick Neill		St Helens Tri	43:16
52	830	Carl Krystek		Stockport Tri Club	38:44	128	247	James Hobson		Goyt Valley Striders	43:23
53	675	Daniel McManus		Salford Harriers & AC	38:50	129	463	Harry Vaneris		Manchester Triathlon Club	43:25
54	632	Nicholas Tynan		Sale Harriers Manchester	38:52	130	1103	Aaron Steele		Sale Harriers Manchester	43:27
55	328	Billy Hicks		Macclesfield Harriers & Ac	38:53	131	878	Dan Atkinson		Trafford Athletic Club	43:31
56	662	Michael Heaney		Salford Harriers & AC	38:57	132	724	Daniel Sate		Salford Metropolitan Ac	43:34
57	451	Graham Rands		Manchester Triathlon Club	39:01	133	563	Paul Barrett		Sale Harriers Manchester	43:37
58	894	Greg Kelly		Trafford Athletic Club	39:04	134	479	Josh Makin		Manchester Ymca Harriers	43:43
59	469	Richard Brierley		Manchester Ymca Harriers	39:06	135	927	Charlie McVickers		University Of Manchester	43:44
60	204	Liam Browne		East Cheshire Harriers	39:19	136	460	Richard Tennant		Manchester Triathlon Club	44:00
61	771	Marko Turner		St Helens Tri	39:24	137	926	Alex McKail		University Of Manchester	44:14
62	616	Peter O'Neill		Sale Harriers Manchester	39:30	138	352	Thomas Blackburn		Manchester Frontrunners	44:16
63	191	Chris Ward		Chorlton Runners	39:33	139	1087	Padraig Goggin		Manchester Metropolitan Uni	44:47
64	1069	Daniel Vasey		Chorlton Runners	39:35	140	1021	Ben Thompson		Wilmslow Striders	44:53
65	356	Martin Dunn		Manchester Frontrunners	39:50	141	353	David Chambers		Manchester Frontrunners	44:55
66	421	Alex Dickinson		Manchester Triathlon Club	39:52	142	703	Dave Comes		Salford Metropolitan Ac	45:21
67	134	Chris Clarke		Chorlton Runners	39:53	143	1111	Alan McKeegan		St Helens Tri	45:31
68	777	Philip Burns		Stockport Harriers & Ac	39:55	144	480	Chris March		Manchester Ymca Harriers	45:36
69	1177	Chris Fance		Warrington A C	39:59	145	367	Jordan Millar		Manchester Frontrunners	45:49
70	925	Daniel Lynch		University Of Manchester	39:59	146	606	Simon Latham		Sale Harriers Manchester	45:58
71	587	Duane Gaunt		Sale Harriers Manchester	40:00	147	1089	Chris Hay		Manchester Triathlon Club	46:12
72	242	Simon Watts		Glossopdale Harriers	40:06	148	1131	Julian Stott		Wilmslow Running Club	46:21
73	50	Neil Walker		Altrincham & District	40:06	149	209	Matthew Gush		East Cheshire Harriers	46:31
74	136	Justin Cleary		Chorlton Runners	40:14	150	829	Martyn Jones		Stockport Tri Club	46:35
75	705	Ben Farrelly		Salford Metropolitan Ac	40:14	151	375	Edmund Woodfield		Manchester Frontrunners	46:37
76	177	Russell Scott		Chorlton Runners	40:16	152	845	Ani Das		Swinton Running Club	46:51

153	372	Stephen Weigh	Manchester Frontrunners	46:59	162	355	Paul Crowe	Manchester Frontrunners	50:13
154	428	Christopher Garratt	Manchester Triathlon Club	47:03	163	289	Jamie Briggs	Hyde Village Striders	51:07
155	210	James Hartshorne	East Cheshire Harriers	47:30	164	298	Richard Brown	Knutsford Tri Club	52:10
156	1068	Ross Murdoch	Chorlton Runners	47:55	165	370	Andrew Porter	Manchester Frontrunners	53:33
157	487	Graeme Wilkinson	Manchester Ymca Harriers	48:14	166	309	Matthew Mollart	Knutsford Tri Club	53:43
158	710	Matthew Hill	Salford Metropolitan Ac	48:30	167	52	Dave Cole	Belle Vue Racers	54:02
159	420	Jack Davy	Manchester Triathlon Club	48:34					
160	154	Etienne Humphries	Chorlton Runners	48:38					
161	742	Paul Booth	St Helens Tri	49:06					

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	562	Matthew Barnes	V40 1	Sale Harriers Manchester	34:31	46	746	Colin Dobbs	V40 46	St Helens Tri	41:31
2	620	Gareth Raven	V40 2	Sale Harriers Manchester	34:38	47	748	Kevin Dunbar	V40 47	St Helens Tri	41:47
3	804	J Scott-Buccleuch	V40 3	Stockport Harriers & Ac	35:31	48	877	Kevin Woodward	V40 48	Swinton Running Club	41:52
4	987	Richard Coen	V40 4	Wilmslow Running Club	35:45	49	225	Dennis Thomas	V40 49	East Cheshire Harriers	42:16
5	1010	Peter Speake	V40 5	Wilmslow Running Club	36:14	50	548	Paul Bartholomew	V40 50	Oldham & Royton H & Ac	42:32
6	689	Tony Taylor	V40 6	Salford Harriers & AC	36:24	51	952	Robert Roe	V40 51	Vale Royal Ac	42:34
7	1114	Malcolm Johnson	V40 7	Stockport Harriers & Ac	36:27	52	233	Jamie Helmer	V40 52	Glossopdale Harriers	42:36
8	119	Robert White	V40 8	Buxton AC	36:50	53	197	Richard Healy	V40 53	Dragons Running Club (sale)	42:47
9	580	Chris Donnelly	V40 9	Sale Harriers Manchester	36:52	54	495	S Farrington-Newman	V40 54	Marple Runners	42:49
10	667	James Kovacs	V40 10	Salford Harriers & AC	36:55	55	464	Cliff Veighey	V40 55	Manchester Triathlon Club	42:51
11	942	Mark Crabtree	V40 11	Vale Royal Ac	36:56	56	92	Phil Ramsey	V40 56	Bramhall Runners	42:59
12	907	Darren Russell	V40 12	Trafford Athletic Club	37:04	57	184	Nick Syrett	V40 57	Chorlton Runners	43:03
13	284	Alastair Murray	V40 13	Horwich R M I Harriers	37:10	58	889	Dan Hill	V40 58	Trafford Athletic Club	43:05
14	612	Stephen McCarron	V40 14	Sale Harriers Manchester	37:12	59	245	Aidan Grant	V40 59	Goyt Valley Striders	43:12
15	665	David Hudson	V40 15	Salford Harriers & AC	37:16	60	1045	Peter Woodhead	V40 60	Goyt Valley Striders	43:21
16	166	Ben McCormack	V40 16	Chorlton Runners	37:34	61	436	Richard Hyder	V40 61	Manchester Triathlon Club	43:40
17	863	Andy Morley	V40 17	Swinton Running Club	37:49	62	258	Mark Ruston	V40 62	Goyt Valley Striders	43:47
18	178	Gary Scott	V40 18	Chorlton Runners	37:55	63	249	Lucas Jones	V40 63	Goyt Valley Striders	43:49
19	663	Mathew Holt	V40 19	Salford Harriers & AC	38:24	64	304	John Goggins	V40 64	Knutsford Tri Club	43:50
20	582	Richard Edwards	V40 20	Sale Harriers Manchester	38:29	65	1120	Kevin McCarthy	V40 65	Stockport Tri Club	44:17
21	410	Andy Adkin	V40 21	Manchester Triathlon Club	38:36	66	104	Matt Hawtin	V40 66	Buxton AC	44:21
22	6	Ed Buckley	V40 22	Altrincham & District	38:39	67	222	Darren Smith	V40 67	East Cheshire Harriers	44:26
23	368	James Moles	V40 23	Manchester Frontrunners	38:40	68	527	Michael Griffin	V40 68	Middleton Harriers Ac	44:30
24	583	Rob Fairbanks	V40 24	Sale Harriers Manchester	38:47	69	412	Damian Aspin	V40 69	Manchester Triathlon Club	45:33
25	795	Ged McGrath	V40 25	Stockport Harriers & Ac	39:14	70	55	Phil Lee	V40 70	Belle Vue Racers	45:37
26	615	Matthew Oldham	V40 26	Sale Harriers Manchester	39:18	71	320	Richard Applewhite	V40 71	Macclesfield Harriers & Ac	45:40
27	348	Alex Wright	V40 27	Macclesfield Harriers & Ac	39:38	72	170	Nick Parrott	V40 72	Chorlton Runners	45:45
28	629	Matthew Spragg	V40 28	Sale Harriers Manchester	39:48	73	260	Thomas Screen	V40 73	Goyt Valley Striders	45:54
29	810	Matthew Townley	V40 29	Stockport Harriers & Ac	39:49	74	306	Ben Hagger	V40 74	Knutsford Tri Club	47:21
30	792	David Hulley	V40 30	Stockport Harriers & Ac	39:57	75	715	Stuart Mairs	V40 75	Salford Metropolitan Ac	47:53
31	223	Michael Stansfield	V40 31	East Cheshire Harriers	40:06	76	402	Chris Sewart	V40 76	Manchester Harriers & Ac	48:11
32	798	Ian Murdoch	V40 32	Stockport Harriers & Ac	40:06	77	831	Andy Mainwaring	V40 77	Stockport Tri Club	48:50
33	125	Andy Baguley	V40 33	Chorlton Runners	40:14	78	450	Stephen Pollard	V40 78	Manchester Triathlon Club	48:54
34	397	Alex Masidlover	V40 34	Manchester Harriers & Ac	40:15	79	252	Connor Lomax	V40 79	Goyt Valley Striders	50:31
35	257	James Rees	V40 35	Goyt Valley Striders	40:19	80	129	Tim Blackwell	V40 80	Chorlton Runners	50:35
36	1169	Paul Brooks	V40 36	Stockport Harriers & Ac	40:24	81	711	David Hughes	V40 81	Salford Metropolitan Ac	50:48
37	277	Daniel Gilbert	V40 37	Horwich R M I Harriers	40:27	82	439	Christopher Jones	V40 82	Manchester Triathlon Club	51:15
38	151	Stuart Holliday	V40 38	Chorlton Runners	40:29	83	1083	Nico Gibert	V40 83	Manchester Frontrunners	51:52
39	873	Stuart Tucker	V40 39	Swinton Running Club	40:44	84	1066	Ian Jameson	V40 84	Chorlton Runners	51:56
40	431	Rob Harper	V40 40	Manchester Triathlon Club	40:47	85	301	Darren Edale	V40 85	Knutsford Tri Club	53:23
41	837	Craig Ansell	V40 41	Swinton Running Club	41:06	86	1018	Gary Myers	V40 86	Wilmslow Striders	53:59
42	1165	Tony Davenport	V40 42	Trafford Athletic Club	41:15	87	1063	Adam Brant	V40 87	Chorlton Runners	55:11
43	555	Lee Robinson	V40 43	Oldham & Royton H & Ac	41:20	88	536	Bryan O'Neill	V40 88	Middleton Harriers Ac	56:25
44	360	Jono Guildford	V40 44	Manchester Frontrunners	41:28						
45	757	David Issac	V40 45	St Helens Tri	41:29						

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	173	Christopher Rayner	V45 1	Chorlton Runners	37:29	35	459	Stephen Taylor	V45 35	Manchester Triathlon Club	45:00
2	124	David Alderson	V45 2	Chorlton Runners	37:49	36	822	Mike Dewsbury	V45 36	Stockport Tri Club	45:30
3	126	Colin Banno-Thornton	V45 3	Chorlton Runners	38:19	37	264	Matthew Larkin	V45 37	Halton & Frodsham Harriers	45:35
4	1137	Andrew Wilson	V45 4	St Helens Sutton Ac	38:45	38	999	Richard Lawson	V45 38	Wilmslow Running Club	45:43
5	906	Jeff Prest	V45 5	Trafford Athletic Club	38:52	39	807	Mark Smith	V45 39	Stockport Harriers & Ac	45:50
6	26	Richard Lane	V45 6	Altrincham & District	39:13	40	513	Darren Peatfield	V45 40	Marple Runners	45:51
7	278	David Jackson	V45 7	Horwich R M I Harriers	39:15	41	769	Lee Stinch	V45 41	St Helens Tri	46:33
8	1013	Andrew Whittingham	V45 8	Wilmslow Running Club	39:38	42	384	David Dyer	V45 42	Manchester Harriers & Ac	46:41
9	208	Timothy Greenald	V45 9	East Cheshire Harriers	39:39	43	775	Stephen Brown	V45 43	Stockport Harriers & Ac	47:13
10	1008	Jim Pendrill	V45 10	Wilmslow Running Club	39:45	44	162	Sean Lord	V45 44	Chorlton Runners	47:42
11	597	Duncan Hilly	V45 11	Sale Harriers Manchester	39:56	45	1019	Jason Stott	V45 45	Wilmslow Striders	48:09
12	46	Steven Renny	V45 12	Altrincham & District	40:14	46	835	Colin Shore	V45 46	Stockport Tri Club	48:15
13	326	Chris Goodfellow	V45 13	Macclesfield Harriers & Ac	40:14	47	331	Tim Marsh	V45 47	Macclesfield Harriers & Ac	48:16
14	551	Trevor Davies	V45 14	Oldham & Royton H & Ac	40:17	48	761	Chris Murphy	V45 48	St Helens Tri	48:18
15	586	Olivier Gaillemin	V45 15	Sale Harriers Manchester	40:46	49	849	Chris Edwards	V45 49	Swinton Running Club	48:19
16	657	Charles Foster	V45 16	Salford Harriers & AC	40:53	50	75	Simon Gebbett	V45 50	Bramhall Runners	48:31
17	3039	Bryan Lomas	V45 17	Congleton H & Ac	41:04	51	80	Nicholas Heaton	V45 51	Bramhall Runners	48:36
18	462	Roger Thomas	V45 18	Manchester Triathlon Club	41:24	52	116	Mark Thorogood	V45 52	Buxton AC	48:59
19	800	Simon Pickard	V45 19	Stockport Harriers & Ac	41:26	53	199	Tristan Pockock	V45 53	Dragons Running Club (sale)	49:10
20	794	Nathan Mayoh	V45 20	Stockport Harriers & Ac	41:42	54	416	Ronan Brennan	V45 54	Manchester Triathlon Club	49:35
21	750	Michael Forber	V45 21	St Helens Tri	42:38	55	846	Barry Deakin	V45 55	Swinton Running Club	50:06
22	891	Graham Holbrook	V45 22	Trafford Athletic Club	42:46	56	519	Jeremy Woodham	V45 56	Marple Runners	50:25
23	695	Philip West	V45 23	Salford Harriers & AC	42:50	57	205	Thomas Clarke	V45 57	East Cheshire Harriers	51:03
24	734	Shane Wolstencroft	V45 24	Salford Metropolitan Ac	43:01	58	122	Peter Adams	V45 58	Chorlton Runners	51:35
25	332	Steven Millar	V45 25	Macclesfield Harriers & Ac	43:02	59	465	Chris Watson	V45 59	Manchester Triathlon Club	51:58
26	447	John Murray	V45 26	Manchester Triathlon Club	43:03	60	828	Phil Hartley	V45 60	Stockport Tri Club	52:25
27	736	Ian Roberts	V45 27	St Helens Sutton Ac	43:49	61	851	Simon Finch	V45 61	Swinton Running Club	52:26
28	72	M Deschoolmeester	V45 28	Bramhall Runners	43:50	62	1171	Lee Leston Jones	V45 62	Marple Runners	52:38
29	85	Lok Li	V45 29	Bramhall Runners	43:51	63	493	James Deighton	V45 63	Marple Runners	52:59
30	1119	Nick Chick	V45 30	Stockport Tri Club	44:04	64	506	Mike Kelly	V45 64	Marple Runners	53:15
31	588	Steven Gavin	V45 31	Sale Harriers Manchester	44:19	65	816	Scott Armstrong	V45 65	Stockport Tri Club	54:07
32	179	Ian Sharpe	V45 32	Chorlton Runners	44:41	66	1031	Jason Wood	V45 66	Winston Runners	55:01
33	707	Paul Gee	V45 33	Salford Metropolitan Ac	44:50	67	823	Paul Farrington	V45 67	Stockport Tri Club	55:35
34	630	Jon Terry	V45 34	Sale Harriers Manchester	44:57	68	1070	Brendan Broderick	V45 68	Dragons Running Club (sale)	55:49

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time					
1	682	Mark Russell	V50 1	Salford Harriers & AC	36:42	34	797 Ian Mulligan	V50 34	Stockport Harriers & Ac	45:34
2	668	Philip Leybourne	V50 2	Salford Harriers & AC	37:31	35	300 Andy Dines	V50 35	Knutsford Tri Club	45:52
3	333	James Noakes	V50 3	Macclesfield Harriers & Ac	38:05	36	139 Euan Doak	V50 36	Chorlton Runners	45:53
4	957	Gareth Williams	V50 4	Vale Royal Ac	39:27	37	386 Glen Gandy	V50 37	Manchester Harriers & Ac	46:07
5	1170	Mark Walsh	V50 5	Horwich R M I Harriers	39:34	38	496 Richard Furniss	V50 38	Marple Runners	46:16
6	23	Richard Johnson	V50 6	Altrincham & District	39:36	39	867 Jonathan Sides	V50 39	Swinton Running Club	46:53
7	852	Tony Flanagan	V50 7	Swinton Running Club	40:00	40	244 Kevin Day	V50 40	Goyt Valley Striders	47:37
8	899	Paul Mannion	V50 8	Trafford Athletic Club	40:14	41	220 Stephen Roberts	V50 41	East Cheshire Harriers	47:39
9	322	Julian Brown	V50 9	Macclesfield Harriers & Ac	40:26	42	712 Chris Jones	V50 42	Salford Metropolitan Ac	47:48
10	290	Shaun Chambers	V50 10	Hyde Village Striders	40:42	43	738 Mal Balmer	V50 43	St Helens Tri	47:57
11	254	Paul Oakley	V50 11	Goyt Valley Striders	40:48	44	406 Craig Turner	V50 44	Manchester Harriers & Ac	47:59
12	438	Tim Johns	V50 12	Manchester Triathlon Club	41:22	45	697 Glyn Williams	V50 45	Salford Harriers & AC	48:17
13	484	Tim Shanker	V50 13	Manchester Ymca Harriers	41:40	46	836 Gordon Wilson	V50 46	Stockport Tri Club	48:33
14	858	Chris Lomax	V50 14	Swinton Running Club	42:05	47	1139 Duncan Dickinson	V50 47	Altrincham & District	49:03
15	947	Richard Murray	V50 15	Vale Royal Ac	42:08	48	1029 John Ross	V50 48	Winston Runners	49:54
16	965	Daniel Newman	V50 16	Warrington A C	42:21	49	515 Simon Rushton	V50 49	Marple Runners	50:14
17	3038	Giles Bennett	V50 17	Bury Athletic Club	42:28	50	171 Chris Peachey	V50 50	Chorlton Runners	50:18
18	993	Mike Hill	V50 18	Wilmslow Running Club	42:37	51	720 Matthew Pollard	V50 51	Salford Metropolitan Ac	50:19
19	25	Richard Kennaugh	V50 19	Altrincham & District	42:40	52	74 Steve Fairclough	V50 52	Bramhall Runners	50:20
20	302	Jeff Fidler	V50 20	Knutsford Tri Club	42:42	53	262 Mark Whelan	V50 53	Goyt Valley Striders	50:54
21	456	Ben Strutt	V50 21	Manchester Triathlon Club	42:54	54	874 Richard Waring	V50 54	Swinton Running Club	51:01
22	344	Shaun Wilde	V50 22	Macclesfield Harriers & Ac	42:55	55	730 Chris Trenchard	V50 55	Salford Metropolitan Ac	51:14
23	19	Andrew Holloway	V50 23	Altrincham & District	42:56	56	285 Lawrence Pinnell	V50 56	Horwich R M I Harriers	51:16
24	65	Paul Beckett	V50 24	Bramhall Runners	43:06	57	433 Bryan Hopwood	V50 57	Manchester Triathlon Club	51:24
25	643	Paul Birkett	V50 25	Salford Harriers & AC	43:08	58	619 Timothy Rainey	V50 58	Sale Harriers Manchester	51:42
26	8	Nick Burke	V50 26	Altrincham & District	43:18	59	1051 Stephen Symons	V50 59	Quay Runners	51:48
27	995	Jarrold Homer	V50 27	Wilmslow Running Club	43:29	60	227 Andrew Burnett	V50 60	Glossopdale Harriers	52:12
28	941	Bob Corinaldi	V50 28	Vale Royal Ac	43:41	61	143 Mark Gamblin	V50 61	Chorlton Runners	52:31
29	160	Tim Knowles	V50 29	Chorlton Runners	43:42	62	704 Ray Devine	V50 62	Salford Metropolitan Ac	54:11
30	107	Andy Lidstone	V50 30	Buxton AC	43:52	63	803 Nick Roberts	V50 63	Stockport Harriers & Ac	56:02
31	937	Chris Beard	V50 31	Vale Royal Ac	44:08	64	1024 Mark Jones	V50 64	Winston Runners	1:00:32
32	324	Sousa Joe De	V50 32	Macclesfield Harriers & Ac	44:11	65	818 Mike Bevan	V50 65	Stockport Tri Club	1:02:03
33	949	Mark Pilliner	V50 33	Vale Royal Ac	44:13					

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time					
1	990	Malcolm Fowler	V55 1	Wilmslow Running Club	37:51	19	270 Gary Chadderton	V55 19	Horwich R M I Harriers	46:19
2	968	Stephen Watmough	V55 2	Warrington A C	38:42	20	274 Douglas Fleming	V55 20	Horwich R M I Harriers	46:36
3	651	Derek Crewe	V55 3	Salford Harriers & AC	39:12	21	577 Frank Cordingley	V55 21	Sale Harriers Manchester	47:27
4	13	Richard Evans	V55 4	Altrincham & District	40:51	22	106 Stefan Ledin	V55 22	Buxton AC	48:01
5	1003	Trevor Morris	V55 5	Wilmslow Running Club	40:56	23	722 Mike Race	V55 23	Salford Metropolitan Ac	48:03
6	114	Dave Soles	V55 6	Buxton AC	42:57	24	1107 Trevor Rayner	V55 24	Salford Harriers & AC	48:05
7	847	Steven Doxey	V55 7	Swinton Running Club	42:58	25	1133 Anthony Harrison	V55 25	Winston Runners	49:00
8	727	Paul Stevenson	V55 8	Salford Metropolitan Ac	43:04	26	735 Andrew O'Connor	V55 26	St Helens Sutton Ac	50:49
9	345	Gary Willcock	V55 9	Macclesfield Harriers & Ac	43:45	27	99 Peter Bailey	V55 27	Buxton AC	50:58
10	779	Robert Cawley	V55 10	Stockport Harriers & Ac	44:24	28	1011 Colin Walton	V55 28	Wilmslow Running Club	51:17
11	1127	Vincent Booth	V55 11	Wilmslow Running Club	45:02	29	61 Phil Wilcoxon	V55 29	Belle Vue Racers	51:57
12	214	Derek Hughes	V55 12	East Cheshire Harriers	45:03	30	342 Mark Wheelton	V55 30	Macclesfield Harriers & Ac	52:08
13	955	Stephen Thompson	V55 13	Vale Royal Ac	45:09	31	511 Graham Murray	V55 31	Marple Runners	52:33
14	3	David Ainsworth	V55 14	Altrincham & District	45:14	32	806 Peter Sinclair	V55 32	Stockport Harriers & Ac	53:19
15	219	Gary Matthews	V55 15	East Cheshire Harriers	45:32	33	1121 Mark Barton	V55 33	Swinton Running Club	54:56
16	18	Graham Harrison	V55 16	Altrincham & District	45:41	34	948 Richard Pettitt	V55 34	Vale Royal Ac	57:35
17	413	Lee Benson	V55 17	Manchester Triathlon Club	45:47	35	508 Andrew Lord	V55 35	Marple Runners	59:27
18	388	John Halliwell	V55 18	Manchester Harriers & Ac	46:00	36	1159 Nick Mort	V55 36	Vale Royal Ac	1:01:13
						37	1146 Ron Carter	V55 37	Winston Runners	1:01:33

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time					
1	9	Sean Butler	V60 1	Altrincham & District	40:55	9	526 Alan Garvey	V60 9	Middleton Harriers Ac	48:59
2	1002	Tom McGaff	V60 2	Wilmslow Running Club	43:05	10	1030 Peter Walters	V60 10	Winston Runners	48:59
3	963	David Gill	V60 3	Warrington A C	44:15	11	940 John Clarke	V60 11	Vale Royal Ac	50:36
4	1054	Pete Stock	V60 4	Wilmslow Running Club	45:56	12	820 David Colley	V60 12	Stockport Tri Club	51:02
5	228	David Chrystie-Lowe	V60 5	Glossopdale Harriers	47:06	13	57 Patrick O'Brien	V60 13	Belle Vue Racers	52:29
6	408	Marcus Walker	V60 6	Manchester Harriers & Ac	48:07	14	475 Stephen Ingham	V60 14	Manchester Ymca Harriers	53:56
7	182	Jerry Smith	V60 7	Chorlton Runners	48:45	15	261 Chris Tetley	V60 15	Goyt Valley Striders	58:07
8	850	George Fielding	V60 8	Swinton Running Club	48:48	16	559 Miran Aprahamian	V60 16	Sale Harriers Manchester	59:59

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	677	Stanley Owen	V65 1	Salford Harriers & AC	41:23
2	387	David Gee	V65 2	Manchester Harriers & Ac	41:45
3	470	Tony Brierley	V65 3	Manchester Ymca Harriers	44:44
4	553	John Hudson	V65 4	Oldham & Royton H & Ac	45:26
5	40	Peter Pickwell	V65 5	Altrincham & District	45:39
6	809	Robert Taylor	V65 6	Stockport Harriers & Ac	48:24
7	468	David Ashton	V65 7	Manchester Ymca Harriers	52:12
8	482	Jon Paramor	V65 8	Manchester Ymca Harriers	57:03
9	30	Hugh McKenna	V65 9	Altrincham & District	59:04

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	35	Jeff Norman	V70 1	Altrincham & District	50:00
2	194	John Wright	V70 2	Chorlton Runners	51:59
3	644	Roland Bowness	V70 3	Salford Harriers & AC	54:19
4	382	Michael Cunningham	V70 4	Manchester Harriers & Ac	54:44
5	653	Tommy Daniels	V70 5	Salford Harriers & AC	57:46
6	950	Colin Rathbone	V70 6	Vale Royal Ac	58:59

183	12	Nathan Egan	U20	7	Altrincham & District	41:19	280	85	Lok Li	V45	29	Bramhall Runners	43:51
184	555	Lee Robinson	V40	43	Oldham & Royton H & Ac	41:20	281	107	Andy Lidstone	V50	30	Buxton AC	43:52
185	660	Grant Gunn-Anderson			Salford Harriers & AC	41:21	282	460	Richard Tennant			Manchester Triathlon Club	44:00
186	438	Tim Johns	V50	12	Manchester Triathlon Club	41:22	283	1119	Nick Chick	V45	30	Stockport Tri Club	44:04
187	677	Stanley Owen	V65	1	Salford Harriers & AC	41:23	284	937	Chris Beard	V50	31	Vale Royal Ac	44:08
188	462	Roger Thomas	V45	18	Manchester Triathlon Club	41:24	285	324	Sousa Joe De	V50	32	Macclesfield Harriers & Ac	44:11
189	800	Simon Pickard	V45	19	Stockport Harriers & Ac	41:26	286	949	Mark Pilliner	V50	33	Vale Royal Ac	44:13
190	360	Jono Guildford	V40	44	Manchester Frontrunners	41:28	287	926	Alex McKail			University Of Manchester	44:14
191	757	David Issac	V40	45	St Helens Tri	41:29	288	963	David Gill	V60	3	Warrington A C	44:15
192	746	Colin Dobbs	V40	46	St Helens Tri	41:31	289	352	Thomas Blackburn			Manchester Frontrunners	44:16
193	645	Daniel Brocklehurst			Salford Harriers & AC	41:36	290	120	Kevin McCarthy	V40	65	Stockport Tri Club	44:17
194	484	Tim Shanker	V50	13	Manchester Ymca Harriers	41:40	291	588	Steven Gavin	V45	31	Sale Harriers Manchester	44:19
195	794	Nathan Mayoh	V45	20	Stockport Harriers & Ac	41:42	292	104	Matt Hawtin	V40	66	Buxton AC	44:21
196	361	Steve Hatton			Manchester Frontrunners	41:44	293	779	Robert Cawley	V55	10	Stockport Harriers & Ac	44:24
197	387	David Gee	V65	2	Manchester Harriers & Ac	41:45	294	222	Darren Smith	V40	67	East Cheshire Harriers	44:26
198	748	Kevin Dunbar	V40	47	St Helens Tri	41:47	295	179	Ian Sharpe	V45	32	Chorlton Runners	44:41
199	763	Ian Orford			St Helens Tri	41:48	296	470	Tony Brierley	V65	3	Manchester Ymca Harriers	44:44
200	728	Liam Towers			Salford Metropolitan Ac	41:50	297	1087	Padraig Goggin			Manchester Metropolitan Uni	44:47
201	877	Kevin Woodward	V40	48	Swinton Running Club	41:52	298	707	Paul Gee	V45	33	Salford Metropolitan Ac	44:50
202	429	Shaun Gilmour			Manchester Triathlon Club	41:53	299	1021	Ben Thompson			Wilmslow Striders	44:53
203	787	Bradley Freeman	U20	8	Stockport Harriers & Ac	41:54	300	353	David Chambers			Manchester Frontrunners	44:55
204	1092	John Weaver			Middleton Harriers Ac	41:55	301	630	Jon Terry	V45	34	Sale Harriers Manchester	44:57
205	1055	Karl Taylor	U20	9	Stockport Harriers & Ac	41:57	302	459	Stephen Taylor	V45	35	Manchester Triathlon Club	45:00
206	483	Martin Rimmer			Manchester Ymca Harriers	42:00	303	127	Vincent Booth	V55	11	Wilmslow Running Club	45:02
207	1094	Phil Pennall			Quay Runners	42:02	304	214	Derek Hughes	V55	12	East Cheshire Harriers	45:03
208	858	Chris Lomax	V50	14	Swinton Running Club	42:05	305	955	Stephen Thompson	V55	13	Vale Royal Ac	45:09
209	947	Richard Murray	V50	15	Vale Royal Ac	42:08	306	3	David Ainsworth	V55	14	Altrincham & District	45:14
210	921	Edvard Holden			University Of Manchester	42:10	307	703	Dave Comes			Salford Metropolitan Ac	45:21
211	1001	Allan McCormick			Wilmslow Running Club	42:13	308	553	John Hudson	V65	4	Oldham & Royton H & Ac	45:26
212	225	Dennis Thomas	V40	49	East Cheshire Harriers	42:16	309	527	Michael Griffin	V40	68	Middleton Harriers Ac	45:30
213	716	Dougal McDermott	U20	10	Salford Metropolitan Ac	42:18	310	822	Mike Dewsbury	V45	36	Stockport Tri Club	45:30
214	965	Daniel Newman	V50	16	Warrington A C	42:21	311	1111	Alan McKeegan			St Helens Tri	45:31
215	702	Paul Connolly			Salford Metropolitan Ac	42:22	312	219	Gary Matthews	V55	15	East Cheshire Harriers	45:32
216	97	B Wolstenholme			Bramhall Runners	42:24	313	412	Damian Aspin	V40	69	Manchester Triathlon Club	45:33
217	3038	Giles Bennett			Bury Athletic Club	42:28	314	797	Ian Mulligan	V50	34	Stockport Harriers & Ac	45:34
218	1098	Rob Halfpenny			Sale Harriers Manchester	42:29	315	264	Matthew Larkin	V45	37	Halton & Frodsham Harriers	45:35
219	870	Dan Sutton			Swinton Running Club	42:30	316	480	Chris March			Manchester Ymca Harriers	45:36
220	1064	Paul Brown			Chorlton Runners	42:31	317	55	Phil Lee	V40	70	Belle Vue Racers	45:37
221	548	Paul Bartholomew	V40	50	Oldham & Royton H & Ac	42:32	318	40	Peter Pickwell	V65	5	Altrincham & District	45:39
222	485	Bernard Stricker			Manchester Ymca Harriers	42:33	319	320	Richard Applewhite	V40	71	Macclesfield Harriers & Ac	45:40
223	952	Robert Roe	V40	51	Vale Royal Ac	42:34	320	18	Graham Harrison	V55	16	Altrincham & District	45:41
224	1057	James Pattison			Altrincham & District	42:35	321	999	Richard Lawson	V45	38	Wilmslow Running Club	45:43
225	233	Jamie Helmer	V40	52	Glossopdale Harriers	42:36	322	170	Nick Parrott	V40	72	Chorlton Runners	45:45
226	993	Mike Hill	V50	18	Wilmslow Running Club	42:37	323	413	Lee Benson	V55	17	Manchester Triathlon Club	45:47
227	750	Michael Forber	V45	21	St Helens Tri	42:38	324	367	Jordan Millar			Manchester Frontrunners	45:49
228	880	Nicholas Brown			Trafford Athletic Club	42:39	325	807	Mark Smith	V45	39	Stockport Harriers & Ac	45:50
229	25	Richard Kennaugh	V50	19	Altrincham & District	42:40	326	513	Darren Peatfield	V45	40	Marple Runners	45:51
230	302	Jeff Fidler	V50	20	Knutsford Tri Club	42:42	327	300	Andy Dines	V50	35	Knutsford Tri Club	45:52
231	891	Graham Holbrook	V45	22	Trafford Athletic Club	42:46	328	139	Euan Doak	V50	36	Chorlton Runners	45:53
232	197	Richard Healy	V40	53	Dragons Running Club (sale)	42:47	329	260	Thomas Screen	V40	73	Goyt Valley Striders	45:54
233	1145	Jonny Nicholls			Wilmslow Striders	42:48	330	1054	Pete Stock	V60	4	Wilmslow Running Club	45:56
234	495	S Farrington-Newman	V40	54	Marple Runners	42:49	331	606	Simon Latham			Sale Harriers Manchester	45:58
235	695	Philip West	V45	23	Salford Harriers & AC	42:50	332	388	John Halliwell	V55	18	Manchester Harriers & Ac	46:00
236	464	Cliff Veighey	V40	55	Manchester Triathlon Club	42:51	333	386	Glen Gandy	V50	37	Manchester Harriers & Ac	46:07
237	102	David Fryer-Winder			Buxton AC	42:52	334	1089	Chris Hay			Manchester Triathlon Club	46:12
238	456	Ben Strutt	V50	21	Manchester Triathlon Club	42:54	335	496	Richard Furniss	V50	38	Marple Runners	46:16
239	344	Shaun Wilde	V50	22	Macclesfield Harriers & Ac	42:55	336	270	Gary Chadderton	V55	19	Horwich R M I Harriers	46:19
240	19	Andrew Holloway	V50	23	Altrincham & District	42:56	337	131	Julian Stott			Wilmslow Running Club	46:21
241	114	Dave Soles	V55	6	Buxton AC	42:57	338	209	Matthew Gush			East Cheshire Harriers	46:31
242	847	Steven Doxey	V55	7	Swinton Running Club	42:58	339	769	Lee Stinch	V45	41	St Helens Tri	46:33
243	92	Phil Ramsey	V40	56	Bramhall Runners	42:59	340	829	Martyn Jones			Stockport Tri Club	46:35
244	698	Luke Wordsworth			Salford Harriers & AC	43:01	341	274	Douglas Fleming	V55	20	Horwich R M I Harriers	46:36
245	734	Shane Wolstencroft	V45	24	Salford Metropolitan Ac	43:01	342	375	Edmund Woodfield			Manchester Frontrunners	46:37
246	332	Steven Millar	V45	25	Macclesfield Harriers & Ac	43:02	343	384	David Dyer	V45	42	Manchester Harriers & Ac	46:41
247	486	Philip Tomkinson			Manchester Ymca Harriers	43:02	344	845	Ani Das			Swinton Running Club	46:51
248	184	Nick Syrett	V40	57	Chorlton Runners	43:03	345	867	Jonathan Sides	V50	39	Swinton Running Club	46:53
249	447	John Murray	V45	26	Manchester Triathlon Club	43:03	346	372	Stephen Weigh			Manchester Frontrunners	46:59
250	727	Paul Stevenson	V55	8	Salford Metropolitan Ac	43:04	347	428	Christopher Garratt			Manchester Triathlon Club	47:03
251	843	Ian Cronshaw			Swinton Running Club	43:04	348	228	David Chrystie-Lowe	V60	5	Glossopdale Harriers	47:06
252	1002	Tom McGaff	V60	2	Wilmslow Running Club	43:05	349	775	Stephen Brown	V45	43	Stockport Harriers & Ac	47:13
253	889	Dan Hill	V40	58	Trafford Athletic Club	43:05	350	306	Ben Hagger	V40	74	Knutsford Tri Club	47:21
254	65	Paul Beckett	V50	24	Bramhall Runners	43:06	351	577	Frank Cordingley	V55	21	Sale Harriers Manchester	47:27
255	643	Paul Birkett	V50	25	Salford Harriers & AC	43:08	352	210	James Hartshorne			East Cheshire Harriers	47:30
256	159	Eamonn Keogh			Chorlton Runners	43:10	353	244	Kevin Day	V50	40	Goyt Valley Striders	47:37
257	245	Aidan Grant	V40	59	Goyt Valley Striders	43:12	354	220	Stephen Roberts	V50	41	East Cheshire Harriers	47:39
258	100	Richard Bouglas			Buxton AC	43:14	355	162	Sean Lord	V45	44	Chorlton Runners	47:42
259	762	Patrick Neill			St Helens Tri	43:16	356	712	Chris Jones	V50	42	Salford Metropolitan Ac	47:48
260	8	Nick Burke	V50	26	Altrincham & District	43:18	357	715	Stuart Mairs	V40	75	Salford Metropolitan Ac	47:53
261	1045	Peter Woodhead	V40	60	Goyt Valley Striders	43:21	358	1068	Ross Murdoch			Chorlton Runners	47:55
262	247	James Hobson			Goyt Valley Striders	43:23	359	738	Mal Balmer	V50	43	St Helens Tri	47:57
263	463	Harry Vaneris			Manchester Triathlon Club	43:25	360	406	Craig Turner	V50	44	Manchester Harriers & Ac	47:59
264	1103	Aaron Steele			Sale Harriers Manchester	43:27	361	106	Stefan Ledin	V55	22	Buxton AC	48:01
265	995	Jarrold Homer	V50	27	Wilmslow Running Club	43:29	362	722	Mike Race	V55	23	Salford Metropolitan Ac	48:03
266	878	Dan Atkinson			Trafford Athletic Club	43:31	363	1107	Trevor Rayner	V55	24	Salford Harriers & AC	48:05
267	724	Daniel Sate			Salford Metropolitan Ac	43:34	364	408	Marcus Walker	V60	6	Manchester Harriers & Ac	48:07
268	563	Paul Barrett			Sale Harriers Manchester	43:37	365	1019	Jason Stott	V45	45	Wilmslow Striders	48:09
269	436	Richard Hyder	V40	61	Manchester Triathlon Club	43:40	366	402	Chris Sewart	V40	76	Manchester Harriers & Ac	48:11
270	941	Bob Corinaldi	V50	28	Vale Royal Ac	43:41	367	487	Graeme Wilkinson			Manchester Ymca Harriers	48:14
271	160	Tim Knowles	V50	29	Chorlton Runners	43:42	368	835	Colin Shore	V45	46	Stockport Tri Club	48:15
272	479	Josh Makin			Manchester Ymca Harriers	43:43	369	331	Tim Marsh	V45	47	Macclesfield Harriers & Ac	48:16
273	927	Charlie McVickers			University Of Manchester	43:44	370	697	Glyn Williams	V50	45	Salford Harriers & AC	48:17
274	345	Gary Willcock	V55	9	Macclesfield Harriers & Ac	43:45	371	761	Chris Murphy	V45	48	St Helens Tri	48:18
275	258	Mark Ruston	V40	62	Goyt Valley Striders	43:47	372	849	Chris Edwards	V45	49	Swinton Running Club	48:19
276	249	Lucas Jones	V40	63	Goyt Valley Striders	43:49	373	809	Robert Taylor	V65	6	Stockport Harriers & Ac	48:24
277	736	Ian Roberts	V45	27	St Helens Sutton Ac	43:49	374	710	Matthew Hill			Salford Metropolitan Ac	48:30
278	304	John Goggins	V40	64	Knutsford Tri Club	43:50	375	75	Simon Gebbett	V45	50	Bramhall Runners	48:31
279	72	M Deschoolmeester	V45	28	Bramhall Runners	43:50	376	836	Gordon Willett	V50	46	Stockport Tri Club	48:33

377	420	Jack Davy		Manchester Triathlon Club	48:34	422	61	Phil Wilcoxon	V55 29	Belle Vue Racers	51:57
378	80	Nicholas Heaton	V45 51	Bramhall Runners	48:36	423	465	Chris Watson	V45 59	Manchester Triathlon Club	51:58
379	154	Etienne Humphries		Chorlton Runners	48:38	424	194	John Wright	V70 2	Chorlton Runners	51:59
380	182	Jerry Smith	V60 7	Chorlton Runners	48:45	425	342	Mark Wheelton	V55 30	Macclesfield Harriers & Ac	52:08
381	850	George Fielding	V60 8	Swinton Running Club	48:48	426	298	Richard Brown		Knutsford Tri Club	52:10
382	831	Andy Mainwaring	V40 77	Stockport Tri Club	48:50	427	468	David Ashton	V65 7	Manchester Ymca Harriers	52:12
383	450	Stephen Pollard	V40 78	Manchester Triathlon Club	48:54	428	227	Andrew Burnett	V50 60	Glossopdale Harriers	52:12
384	526	Alan Garvey	V60 9	Middleton Harriers Ac	48:59	429	828	Phil Hartley	V45 60	Stockport Tri Club	52:25
385	1030	Peter Walters	V60 10	Winston Runners	48:59	430	851	Simon Finch	V45 61	Swinton Running Club	52:26
386	116	Mark Thorogood	V45 52	Buxton AC	48:59	431	57	Patrick O'Brien	V60 13	Belle Vue Racers	52:29
387	1133	Anthony Harrison	V55 25	Winston Runners	49:00	432	143	Mark Gamblin	V50 61	Chorlton Runners	52:31
388	1139	Duncan Dickinson	V50 47	Altrincham & District	49:03	433	511	Graham Murray	V55 31	Marple Runners	52:33
389	742	Paul Booth		St Helens Tri	49:06	434	1171	Lee Leston Jones	V45 62	Marple Runners	52:38
390	199	Tristan Pocock	V45 53	Dragons Running Club (sale)	49:10	435	493	James Deighton	V45 63	Marple Runners	52:59
391	416	Ronan Brennan	V45 54	Manchester Triathlon Club	49:35	436	506	Mike Kelly	V45 64	Marple Runners	53:15
392	1029	John Ross	V50 48	Winston Runners	49:54	437	806	Peter Sinclair	V55 32	Stockport Harriers & Ac	53:19
393	35	Jeff Norman	V70 1	Altrincham & District	50:00	438	301	Darren Edale	V40 85	Knutsford Tri Club	53:23
394	846	Barry Deakin	V45 55	Swinton Running Club	50:06	439	370	Andrew Porter		Manchester Frontrunners	53:33
395	355	Paul Crowe		Manchester Frontrunners	50:13	440	309	Matthew Mollart		Knutsford Tri Club	53:43
396	515	Simon Rushton	V50 49	Marple Runners	50:14	441	475	Stephen Ingham	V60 14	Manchester Ymca Harriers	53:56
397	171	Chris Peachey	V50 50	Chorlton Runners	50:18	442	1018	Gary Myers	V40 86	Wilmslow Striders	53:59
398	720	Matthew Pollard	V50 51	Salford Metropolitan Ac	50:19	443	52	Dave Cole		Belle Vue Racers	54:02
399	74	Steve Fairclough	V50 52	Bramhall Runners	50:20	444	816	Scott Armstrong	V45 65	Stockport Tri Club	54:07
400	519	Jeremy Woodham	V45 56	Marple Runners	50:25	445	704	Ray Devine	V50 62	Salford Metropolitan Ac	54:11
401	252	Connor Lomax	V40 79	Goyt Valley Striders	50:31	446	644	Roland Bowness	V70 3	Salford Harriers & AC	54:19
402	129	Tim Blackwell	V40 80	Chorlton Runners	50:35	447	382	Michael Cunningham	V70 4	Manchester Harriers & Ac	54:44
403	940	John Clarke	V60 11	Vale Royal Ac	50:36	448	1121	Mark Barton	V55 33	Swinton Running Club	54:56
404	711	David Hughes	V40 81	Salford Metropolitan Ac	50:48	449	1031	Jason Wood	V45 66	Winston Runners	55:01
405	735	Andrew O'Connor	V55 26	St Helens Sutton Ac	50:49	450	1063	Adam Brant	V40 87	Chorlton Runners	55:11
406	262	Mark Whelan	V50 53	Goyt Valley Striders	50:54	451	823	Paul Farrington	V45 67	Stockport Tri Club	55:35
407	99	Peter Bailey	V55 27	Buxton AC	50:58	452	1070	Brendan Broderick	V45 68	Dragons Running Club (sale)	55:49
408	874	Richard Waring	V50 54	Swinton Running Club	51:01	453	803	Nick Roberts	V50 63	Stockport Harriers & Ac	56:02
409	820	David Colley	V60 12	Stockport Tri Club	51:02	454	536	Bryan O'Neill	V40 88	Middleton Harriers Ac	56:25
410	205	Thomas Clarke	V45 57	East Cheshire Harriers	51:03	455	482	Jon Paramor	V65 8	Manchester Ymca Harriers	57:03
411	289	Jamie Briggs		Hyde Village Striders	51:07	456	948	Richard Pettitt	V55 34	Vale Royal Ac	57:35
412	730	Chris Trenchard	V50 55	Salford Metropolitan Ac	51:14	457	653	Tommy Daniels	V70 5	Salford Harriers & AC	57:46
413	439	Christopher Jones	V40 82	Manchester Triathlon Club	51:15	458	261	Chris Tetley	V60 15	Goyt Valley Striders	58:07
414	285	Lawrence Pinnell	V50 56	Horwich R M I Harriers	51:16	459	950	Colin Rathbone	V70 6	Vale Royal Ac	58:59
415	1011	Colin Walton	V55 28	Wilmslow Running Club	51:17	460	30	Hugh McKenna	V65 9	Altrincham & District	59:04
416	433	Bryan Hopwood	V50 57	Manchester Triathlon Club	51:24	461	508	Andrew Lord	V55 35	Marple Runners	59:27
417	122	Peter Adams	V45 58	Chorlton Runners	51:35	462	559	Miran Aprahamian	V60 16	Sale Harriers Manchester	59:59
418	619	Timothy Rainey	V50 58	Sale Harriers Manchester	51:42	463	1024	Mark Jones	V50 64	Winston Runners	1:00:32
419	1051	Stephen Symons	V50 59	Quay Runners	51:48	464	1159	Nick Mort	V55 36	Vale Royal Ac	1:01:13
420	1083	Nico Gibert	V40 83	Manchester Frontrunners	51:52	465	1146	Ron Carter	V55 37	Winston Runners	1:01:33
421	1066	Ian Jameson	V40 84	Chorlton Runners	51:56	466	818	Mike Bevan	V50 65	Stockport Tri Club	1:02:03

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	74 — 3	Nicholas Barry	7 Nathan Harrison	8 Mathew Barnes	11 Gareth Raven	18 Kenneth Hunt	27 Sam Aspinwall
2 Horwich RMI Harriers	173 — 2	James Keavan	9 J Scott Farrington	23 Ian Conroy	45 Jonathan Bruton	46 Alastair Murray	48 Michael Chadderton
3 Salford Harriers & AC	179 — 19	Josh Tighe	25 Stuart Robinson	26 Bruno Lima	33 Tony Taylor	36 Mark Russell	40 James Kovacs
4 Chorlton Runners	187 — 6	Peter Bray	16 David Wyeth	21 Ben Hobson	37 Mathew Devlin	52 Christopher Rayner	55 Ben McCormack
5 Trafford Athletic Club	187 — 5	Mac O'Malley	13 Xavier O'Hare	14 Simon O'Meara	42 Jack Wilkinson	44 Darren Russell	69 Gavin Tomlinson
6 Altrincham & District	312 — 12	Akeal Chambers	17 David Norman	32 Kristian Matuszczak	73 Matt Gawne	81 Ed Buckley	97 Richard Lane
7 Sale Harriers Manchester 'B'	340 — 39	Chris Donnelly	43 Andrew Carlin	47 Stephen McCarron	58 Ben McIntyre	75 Robert Dunn	78 Richard Edwards
8 East Cheshire Harriers	403 — 1	Joe Steward	28 Joseph Hudak	35 Gavin Browne	101 Liam Browne	111 Timothy Greenald	127 Michael Stansfield
9 Chorlton Runners 'B'	410 — 59	Paul Molloy	63 David Alderson	66 Gay Scott	72 Will Fossard	74 Colin Banno-Thornton	76 Jonathan Lancaster
10 Salford Harriers & AC 'B'	424 — 49	David Hudson	53 Philip Laybourne	65 Paul Bannister	77 Mathew Holt	88 Daniel McManus	92 Michael Heaney
11 Wilmslow Running Club	503 — 22	Richard Coen	31 Peter Speake	64 Malcolm Fowler	109 Andrew Whittingham	112 Jim Pendrill	165 James Speedie
12 Stockport Harriers & AC	507 — 20	J Scott Buodeuch	34 Malcolm Johnson	98 Ged McGeehan	115 Mathew Townley	119 Philip Burns	121 David Hulley
13 Manchester Triathlon Club	540 — 10	Lewis Eccleston	79 Andy Adkin	80 Aaron Saxton	93 Graham Rands	117 Alex Dickinson	161 Rob Harper
14 Sale Harriers Manchester 'C'	578 — 84	Paul Rowley	87 Rob Fairbanks	90 Nicholas Tynan	100 Mathew Oldham	104 Peter O'Neill	113 Matthew Spragg
15 Macclesfield Harriers & AC	617 — 68	Robert Hasler	70 James Noakes	91 Billy Hicks	110 Alex Wright	132 Chris Goodfellow	146 Julian Brown
16 Vale Royal AC	697 — 24	Nathan Williams	41 Mark Crabtree	103 Gareth Williams	152 Lewis Brown	170 Lee Carrington	207 Richard Murray
17 Chorlton Runners 'C'	735 — 105	Chris Ward	107 Daniel Vasey	118 Chris Clarke	133 Justin Cleary	134 Andy Baguley	138 Russell Scott
18 Swinton Running Club	775 — 60	Nmeal Emmerson	61 Andy Morley	125 Tony Flanagan	127 Stuart Tucker	173 Craig Ansell	199 John Woodward
19 Sale Harriers Manchester 'D'	848 — 114	Shaun Gee	120 Duncan Hill	124 Duane Gaunt	156 Danny Appleby	160 Olivier Gailemin	174 Mike Ashby
20 Altrincham & District 'B'	856 — 103	Richard Johnson	130 Neil Walker	131 Steven Renny	153 Richard Jelyman	166 Richard Evans	168 Sean Butler
21 Manchester Ymca Harriers	862 — 50	Craig Jones	95 Richard Brierley	158 Mark Griffiths	158 Joseph Hayes	192 Tim Shanker	204 Martin Rimmer
22 Salford Harriers & AC 'C'	903 — 96	Derek Crewe	142 Robert Clarke	151 Benjamin Rix	164 Paul Creighton	167 Charles Foster	183 Grant Gunn-Anderson
23 Trafford Athletic Club 'B'	950 — 89	Jeff Prest	94 Greg Kelly	136 Paul Mannion	178 Tony Davenport	225 Nicholas Brown	228 Graham Holbrook
24 Manchester Frontrunners	1015 — 82	James Moles	116 Martin Dunn	149 Gregory Beck	188 Jon Guildford	194 Steve Hatton	266 Thomas Blackburn
25 Salford Metropolitan AC	1043 — 135	Ben Farrelly	141 Aaron Givens	145 Kevin Waterhouse	199 Liam Towars	211 Dougal McDermott	283 Paul Connolly
26 Stockport Harriers & AC 'B'	1057 — 129	Ian Murdoch	144 Paul Brooks	187 Simon Pickard	193 Nathan Maych	201 Bradley Freeman	203 Karl Taylor
27 Oldham & Royton H & AC	1077 — 56	David Carroll	139 Trevor Davies	177 Daniel Timperley	182 Lee Robinson	218 Paul Bartholomew	305 John Hudson
28 St Helens Tri	1098 — 102	Mark Turner	189 David Ssac	190 Colin Dobbs	196 Kevin Dunbar	197 Ian Oxford	224 Michael Forber
29 University Of Manchester	1124 — 67	Joseph Howe	123 Daniel Lynch	172 Harry Parker	208 Edward Holden	270 Charlie McVickers	284 Alex McKail
30 Buxton AC	1169 — 36	Robert White	126 Jacob Miller	234 David Fryer-Winder	238 Dave Soles	255 Richard Bouglas	278 Andy Lidstone
31 Goyt Valley Striders	1244 — 140	James Rees	162 Paul Oakley	171 Nathan Porter	254 Aidan Grant	258 Peter Woodhead	259 James Hobson
32 Manchester Triathlon Club 'B'	1284 — 184	Tim Johns	186 Roger Thomas	206 Shaun Gilmour	233 Cliff Veighey	235 Ben Strutt	249 John Murray
33 Altrincham & District 'C'	1297 — 175	Nick Bugler	181 Nathan Egan	221 James Patison	226 Richard Kennaugh	237 Andrew Holloway	257 Nick Burke
34 Chorlton Runners 'D'	1311 — 148	Stuart Holiday	180 Luke Kelly	217 Paul Brown	245 Nick Syrett	253 Eamonn Keogh	268 Tim Knowles
35 Glossopdale Harriers	1314 — 51	Chris Webb	183 Simon Wats	143 Sean Phillips	222 Jamie Helmer	345 Douglass Lowe	425 Andrew Burnett
36 Stockport Tri Club	1325 — 29	Jonathan Currie	85 Carl Kystek	280 Nick Chick	287 Kevin McCarthy	307 Mike Dewsbury	337 Martyn Jones
37 Bramhall Runners	1408 — 150	Mathew Moran	214 B Wolstenholme	240 Phil Ramsey	251 Paul Beckett	276 M Deschoolmeester	277 Lok Li
38 Wilmslow Running Club 'B'	1412 — 169	Trevor Morris	209 Alan McCormick	223 Mike Hill	249 Tom McGeiff	262 Jarrod Homer	300 Vincent Booth
39 Horwich RMI Harriers 'B'	1434 — 99	David Jackson	106 Mark Walsh	147 Daniel Gilbert	333 Gary Chadderton	338 Douglas Fleming	411 Lawrence Pinnell
40 Salford Harriers & AC 'D'	1461 — 185	Stanley Owen	191 Daniel Brooklehurst	232 Philip West	241 Luke Wordsworth	252 Paul Birkett	360 Trevor Rayner
41 Manchester Harriers & AC	1490 — 137	Alex Masidover	159 James Byson	195 David Gee	229 John Halliwell	330 Glen Gandy	340 David Dyer
42 Macclesfield Harriers & AC 'B'	1502 — 154	Mark Burley	236 Shaun Wilde	236 Steven Millar	371 Gary Wilcock	282 Sousa Jo De	316 Richard Applewhite
43 Middleton Harriers AC	1573 — 57	Keith Knott	176 Jordan Burke	202 John Weaver	306 Michael Griffin	381 Alan Garvey	451 Bryan O'Neill
44 Swinton Running Club 'B'	1592 — 205	Chris Lomax	216 Dan Sutton	239 Steven Dovey	248 Ian Cronshaw	341 Ani Das	342 Jonathan Sides
45 Knutsford Tri Club	1626 — 30	Aran McCloskey	227 Jeff Fidler	275 John Goggins	324 Andy Dines	347 Ben Hagger	423 Richard Brown
46 Sale Harriers Manchester 'E'	1655 — 215	Rob Halpenny	261 Aaron Steele	285 Paul Barrett	288 Steven Gavin	298 Jon Terry	328 Simon Latham
47 Manchester Ymca Harriers 'B'	1702 — 219	Bernard Sticker	244 Philip Tomkinson	269 Josh Makin	293 Tony Brierley	313 Chris March	364 Graeme Wilkinson
48 Salford Metropolitan AC 'B'	1705 — 242	Shane Wolstenroft	247 Paul Stevenson	264 Daniel Sate	295 Paul Gee	304 Dave Comes	363 Chris Jones
49 Manchester Triathlon Club 'C'	1734 — 260	Hary Vaneris	266 Richard Hyder	279 Richard Tennant	299 Stephen Taylor	310 Damian Aspin	320 Lee Benson
50 Vale Royal AC 'B'	1753 — 220	Robert Roe	267 Bob Corinaldi	281 Chris Beard	283 Mark Pilliner	302 Stephen Thompson	400 John Clarke
51 East Cheshire Harriers 'B'	1795 — 210	Dennis Thomas	291 Darren Smith	301 Derek Hughes	309 Gay Matthews	335 Matthew Gush	349 James Hartshorne
52 St Helens Tri 'B'	2010 — 236	Patrick Neill	308 Alan McKeegan	336 Lee Slinch	356 Mal Balmer	368 Chris Murphy	366 Paul Booth
53 Chorlton Runners 'E'	2019 — 292	Ian Shape	319 Nick Parrott	325 Euan Doak	352 Sean Lord	355 Ross Murdoch	376 Etienne Humphries
54 Goyt Valley Striders 'B'	2022 — 272	Mark Ruston	273 Lucas Jones	326 Thomas Screen	360 Kevin Day	368 Connor Lomax	403 Mark Whelan
55 Stockport Harriers & AC 'C'	2073 — 230	Robert Cawley	311 Ian Mulligan	322 Mark Smith	346 Stephen Brown	370 Robert Taylor	434 Peter Sinclair
56 Maple Runners	2106 — 231	S Farrington-Newman	323 Darren Peatfield	332 Richard Furniss	383 Simon Rushton	397 Jeremy Woodham	430 Graham Murray
57 Manchester Frontrunners 'B'	2109 — 237	David Chambers	321 Jordan Miller	339 Edmund Woodfield	343 Stephen Veigh	392 Paul Crowe	417 Nico Gibert
58 Altrincham & District 'D'	2167 — 308	David Ainsworth	315 Peter Pickwell	317 Graham Harrison	355 Duncan Dickinson	380 Jeff Norman	457 Hugh McKenna
59 Manchester Triathlon Club 'D'	2227 — 331	Chris Hay	344 Christopher Garratt	374 Jack Day	380 Stephen Pollard	388 Ronan Brennan	410 Christopher Jones
60 Salford Metropolitan AC 'C'	2289 — 354	Stuart Vairs	359 Mike Race	371 Matthew Hill	355 Matthew Pollard	401 David Hughes	409 Chris Trenchard
61 Stockport Tri Club 'B'	2390 — 365	Colin Shore	373 Gordon Wilson	379 Andy Mainwaring	406 David Colley	426 Phil Hartley	441 Scott Armstrong
62 Swinton Running Club 'C'	2415 — 369	Chris Edwards	378 George Fielding	391 Barry Deakin	405 Richard Waring	427 Simon Finch	445 Mark Barton
63 Chorlton Runners 'F'	2423 — 377	Jerry Smith	394 Chris Peachey	389 Tim Blackwell	414 Peter Adams	418 Ian Jameson	421 John Wright
64 Winston Runners	2523 — 382	Peter Walters	384 Anthony Harrison	389 John Ross	446 Jason Wood	460 Mark Jones	462 Ron Carter

Senior Men (Vets) — TEAMRESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	28	—	1 Matthew Barnes	2 Gareth Raven	10 Chris Donnelly	15 Stephen McCarron
2 Salford Harriers & AC	41	—	6 Tony Taylor	8 Mark Russell	11 James Kovacs	16 David Hudson
3 Wilmslow Running Club	74	—	4 Richard Coen	5 Peter Speake	22 Malcolm Fowler	43 Andrew Whittingham
4 Chorlton Runners	80	—	17 Christopher Rayner	19 Ben McCormack	21 David Alderson	23 Gary Scott
5 Stockport Harriers & Ac	95	—	3 J Scott-Buccleuch	7 Malcolm Johnson	37 Ged McGrath	48 Matthew Townley
6 Sale Harriers Manchester 'B'	146	—	27 Richard Edwards	33 Rob Fairbanks	39 Matthew Oldham	47 Matthew Spragg
7 Salford Harriers & AC 'B'	150	—	18 Philip Leybourne	26 Mathew Holt	35 Derek Crewe	71 Charles Foster
8 Horwich R M I Harriers	156	—	14 Alastair Murray	38 David Jackson	41 Mark Walsh	63 Daniel Gilbert
9 Altrincham & District	161	—	29 Ed Buckley	36 Richard Lane	42 Richard Johnson	54 Steven Renny
10 Trafford Athletic Club	179	—	13 Darren Russell	34 Jeff Prest	57 Paul Mannion	75 Tony Davenport
11 Macclesfield Harriers & Ac	185	—	24 James Noakes	44 Alex Wright	55 Chris Goodfellow	62 Julian Brown
12 Swinton Running Club	211	—	20 Andy Morley	51 Tony Flanagan	66 Stuart Tucker	74 Craig Ansell
13 Vale Royal Ac	236	—	12 Mark Crabtree	40 Gareth Williams	90 Richard Murray	94 Robert Roe
14 Stockport Harriers & Ac 'B'	244	—	50 David Hulley	53 Ian Murdoch	61 Paul Brooks	80 Simon Pickard
15 Manchester Triathlon Club	252	—	28 Andy Adkin	68 Rob Harper	77 Tim Johns	79 Roger Thomas
16 Chorlton Runners 'B'	258	—	25 Colin Banno-Thornton	56 Andy Baguley	64 Stuart Holliday	113 Nick Syrett
17 Wilmslow Running Club 'B'	331	—	46 Jim Pendrill	73 Trevor Morris	96 Mike Hill	116 Tom McGaff
18 East Cheshire Harriers	332	—	45 Timothy Greenald	52 Michael Stansfield	91 Dennis Thomas	144 Darren Smith
19 Altrincham & District 'B'	347	—	70 Richard Evans	72 Sean Butler	98 Richard Kennaugh	107 Andrew Holloway
20 St Helens Tri	349	—	82 David Issac	83 Colin Dobbs	87 Kevin Dunbar	97 Michael Forber
21 Goyt Valley Striders	371	—	60 James Rees	69 Paul Oakley	120 Aidan Grant	122 Peter Woodhead
22 Oldham & Royton H & Ac	382	—	59 Trevor Davies	76 Lee Robinson	93 Paul Bartholomew	154 John Hudson
23 Buxton AC	393	—	9 Robert White	108 Dave Soles	134 Andy Lidstone	142 Matt Hawtin
24 Sale Harriers Manchester 'C'	405	—	49 Duncan Hill	67 Olivier Gaillemin	141 Steven Gavin	148 Jon Terry
25 Manchester Triathlon Club 'B'	447	—	104 Cliff Veighey	105 Ben Strutt	114 John Murray	124 Richard Hyder
26 Swinton Running Club 'B'	467	—	88 Kevin Woodward	89 Chris Lomax	109 Steven Doxey	181 Jonathan Sides
27 Macclesfield Harriers & Ac 'B'	482	—	106 Shaun Wilde	112 Steven Millar	127 Gary Wilcock	137 Sousa Joe De
28 Bramhall Runners	493	—	110 Phil Ramsey	118 Paul Beckett	132 M Deschoolmeester	133 Lok Li
29 Manchester Harriers & Ac	493	—	58 Alex Masidlover	86 David Gee	174 John Halliwell	175 Glen Gandy
30 Salford Harriers & AC 'C'	495	—	78 Stanley Owen	103 Philip West	119 Paul Birkett	195 Trevor Rayner
31 Vale Royal Ac 'B'	551	—	125 Bob Corinaldi	136 Chris Beard	138 Mark Pilliner	152 Stephen Thompson
32 Stockport Harriers & Ac 'C'	555	—	85 Nathan Mayoh	143 Robert Cawley	159 Ian Mulligan	168 Mark Smith
33 Salford Metropolitan Ac	562	—	111 Shane Wolstencroft	115 Paul Stevenson	147 Paul Gee	189 Chris Jones
34 Knutsford Tri Club	584	—	99 Jeff Fidler	131 John Giggins	170 Andy Dines	184 Ben Hagger
35 Altrincham & District 'C'	600	—	121 Nick Burke	153 David Ainsworth	162 Peter Pickwell	164 Graham Harrison
36 Chorlton Runners 'C'	608	—	126 Tim Knowles	145 Ian Sharpe	166 Nick Parrott	171 Euan Doak
37 Wilmslow Running Club 'C'	611	—	123 Jarrod Homer	150 Vincent Booth	165 Richard Lawson	173 Pete Stock
38 Goyt Valley Striders 'B'	615	—	128 Mark Ruston	129 Lucas Jones	172 Thomas Screen	186 Kevin Day
39 Stockport Tri Club	630	—	135 Nick Chick	140 Kevin McCarthy	156 Mike Dewsbury	199 Colin Shore
40 Marple Runners	669	—	102 S Farrington-Newman	169 Darren Peatfield	176 Richard Furniss	222 Simon Rushton
41 Manchester Triathlon Club 'C'	685	—	149 Stephen Taylor	158 Damian Aspin	167 Lee Benson	211 Stephen Pollard
42 East Cheshire Harriers 'B'	731	—	151 Derek Hughes	157 Gary Matthews	187 Stephen Roberts	236 Thomas Clarke
43 Manchester Ymca Harriers	744	—	84 Tim Shanker	146 Tony Brierley	251 David Ashton	263 Stephen Ingham
44 Manchester Harriers & Ac 'B'	766	—	180 David Dyer	192 Craig Turner	196 Marcus Walker	198 Chris Sewart
45 Salford Metropolitan Ac 'B'	838	—	190 Stuart Mairs	194 Mike Race	224 Matthew Pollard	230 David Hughes
46 Chorlton Runners 'D'	847	—	188 Sean Lord	208 Jerry Smith	223 Chris Peachey	228 Tim Blackwell
47 Swinton Running Club 'C'	867	—	203 Chris Edwards	209 George Fielding	221 Barry Deakin	234 Richard Waring
48 Stockport Tri Club 'B'	904	—	206 Gordon Wilson	210 Andy Mainwaring	235 David Colley	253 Phil Hartley
49 Winston Runners	917	—	213 Peter Walters	215 Anthony Harrison	219 John Ross	270 Jason Wood
50 Stockport Harriers & Ac 'D'	922	—	183 Stephen Brown	204 Robert Taylor	261 Peter Sinclair	274 Nick Roberts
51 Manchester Triathlon Club 'D'	945	—	218 Ronan Brennan	238 Christopher Jones	241 Bryan Hopwood	248 Chris Watson
52 Chorlton Runners 'E'	993	—	242 Peter Adams	246 Ian Jameson	249 John Wright	256 Mark Gamblin
53 Marple Runners 'B'	1000	—	226 Jeremy Woodham	257 Graham Murray	258 Lee LestonJones	259 James Deighton
54 Vale Royal Ac 'C'	1071	—	229 John Clarke	277 Richard Pettitt	280 Colin Rathbone	285 Nick Mort

