

GREATER MANCHESTER ATHLETIC ASSOCIATION



CROSS COUNTRY CHAMPIONSHIPS

The Championships will be held on
SUNDAY 12 DECEMBER 2021

Pennington Flash Leigh
Host Club Leigh H

This is a TEAM event
3 to score
except Senior Men which is 4 to score

DISTANCES WILL NOT EXCEED:

U13 Girls	3000m	U13 Boys	3000m
U15 Girls	4000m	U15 Boys	4000m
U17 Women	5000m	U17 Men	6000m
U20 Women	5000m	U20 Men	8000m
Senior Women	8000m	Senior Men	12000m