

3000m Heat 1

1	176 Jimmy Kershaw	SNR	M	Absolute Tri	08:24.35
2	155 Jonathan Shields	U20	M	City of Sheffield	08:25.60
3	214 Jack Nixon	SNR	M	Stockport Harriers	08:28.21
4	183 David Sheldon	SNR	M	City of Stoke AC	08:30.58
5	142 Joe Arthur	U20	M	Edinburgh AC	08:30.70
6	154 Harry Powell	SNR	M	Kingston Upon Hull	08:32.98
7	173 Joshua Cowperthwaite	U17	M	Middlesbrough (Mandale)	08:33.60
8	164 Nathan Dunn	U20	M	Preston Harriers	08:34.51
9	156 Jay Ferns	SNR	M	Trafford AC	08:35.23
10	150 Thomas Boardman	SNR	M	Leigh Harriers	08:35.62
11	167 Chris Livesey	SNR	M	Salford Harriers	08:35.90
12	205 Will Beauchamp	SNR	M	Salford Harriers	08:39.85
13	157 Baldwin Magnusson	U20	M	Kingston Upon Hull	08:40.57
14	197 Tom Cornthwaite	SNR	M	City of Sheffield	08:41.44
15	201 Joe Bailey	SNR	M	Salford Harriers	08:44.01
16	172 Max Brame	U17	M	Liverpool Harriers	08:45.51
17	210 Alex Ediker	U17	M	Chesterfield AC	08:48.63
18	143 Freddie Carcas	U20	M	Edinburgh AC	08:56.28
19	169 Keenan Owen	U17	M	East Cheshire	08:59.60
20	204 Daniel Kashi	SNR	M	Sale Harriers Manchester	09:01.70
21	185 Luke Stonenewer	U17	M	Scunthorpe	09:03.86
22	163 Joe Walton	SNR	M	Taunton	09:05.73
23	216 Will Howard	U17	M	Preston Harriers	09:13.54
24	219 Callum Rowlinson	SNR	M	Sale Harriers Manchester	09:14.18

3000m Heat 2

1	166 Steven Snape	SNR	M	Salford Harriers	09:00.41
2	186 Matt Sutton	U20	M	Trafford AC	09:01.41
3	182 Jacob Ragan	SNR	M	Salford Harriers	09:06.43
4	170 George Cooke	U20	M	Stockport Harriers	09:09.11
5	179 Xavier O'hare	U17	M	Trafford AC	09:10.24
6	192 Sam Garratt	U20	M	New Marske	09:10.37
7	134 William Rowson	SNR	M	Leigh Harriers	09:10.67
8	236 Alex Robinson	U20	M	Holmfirth	09:20.41
9	199 Philip Williams	SNR	M	Leigh Harriers	09:23.41
10	226 Simon O'meara	SNR	M	Trafford AC	09:25.76
11	189 Dean Longley	SNR	M	Prestatyn	09:28.89
12	203 Cari Hughes	U20	F	Menai Track and Field	09:29.76
13	223 Ben Sketchly	U20	M	Manchester Harriers	09:30.49
14	149 Anna Tait	SNR	F	Victoria Park Glasgow	09:34.56
15	171 Georgia Malic	SNR	F	City of Leeds AC	09:42.01
16	177 Joey Davids	U20	M	Absolute Tri	10:10.57

3000m Heat 3

1	228 Billy Mccartney	SNR	M	Salford Harriers	09:29.64
2	161 Mia Roberts	U17	F	Deeside AAC	09:57.73
3	190 Andrew Bromley	SNR	M	Prestatyn	10:02.87

4	213	Kirsty Longley	SNR	F	Liverpool Pembroke Sefton	10:03.22
5	158	Esme Davies	U17	F	Eden Runners	10:04.00
6	200	Faye Ireland	U17	F	Liverpool Harriers	10:09.50
7	225	Vicki Cronin	SNR	F	Trafford AC	10:11.34
8	237	Chris Small	SNR	M	Trafford AC	10:17.49
9	202	Lauren Ferris	U20	F	Warrington AC	10:20.87
10	138	Lucy Smith	U17	F	Vale Royal AC	10:31.91
11	152	Emily Huges	U17	F	Manchester Harriers	10:53.22
12	178	Nixie Turner	U20	F	Absolute Tri	10:55.09
13	198	Steven Doxey	SNR	M	Swinton Running Club	11:01.93
14	184	Emily Gray	U20	F	Liverpool Harriers	11:29.64
15	239	Melanie Monks	SNR	F	Trafford AC	11:45.34

U15 800m Heat 1

1	101	Mackenzie Woodward	U15	M	Liverpool Harriers	02:06.65
2	103	Jack Gilland	U15	M	Liverpool Harriers	02:06.66
3	104	Joe Bentall	U15	M	Trafford AC	02:08.17
4	105	Joe Mangan	U15	M	Trafford AC	02:10.60
5	106	Daisy Worthington	U15	F	Bury AC	02:14.36
6	108	Emily Misantoni	U15	F	Stockport Harriers	02:14.63
7	107	Alex Bailey	U15	M	Trafford AC	02:16.42
8	109	Samantha Mason	U15	F	Trafford AC	02:19.81

U15 800m Heat 2

1	110	Theo Symons Treacher	U15	M	Trafford AC	02:16.03
2	117	Ed Pettitt	U15	M	Vale Royal AC	02:17.12
3	111	Bailey Mann	U15	M	Wakefield	02:18.43
4	115	Tilia Wood	U15	F	Sheffield & Dearne	02:19.77
5	112	Ty Brockley Langford	U15	M	East Cheshire	02:20.21
6	113	Anna Mason	U15	F	Border	02:20.75
7	114	Lydia Barker	U15	F	Wakefield	02:21.22

U15 800m Heat 3

1	124	Jonny Stock	U15	M	Trafford AC	02:19.72
2	119	Evie Collier	U15	F	Trafford AC	02:20.89
3	130	Alana Meehan	U15	F	Absolute Tri	02:23.63
4	120	Suzie Brooke	U15	F	Wakefield	02:24.35
5	121	Hannah Smith	U15	F	Deeside	02:26.54
6	122	Christie Allen	U15	F	East Cheshire	02:28.50
7	128	Tom Bentall	U15	M	Trafford AC	02:30.65
8	125	Faye Conboy	U15	F	Vale Royal AC	02:32.48
9	129	Rebecca Nixon	U15	F	Vale Royal AC	02:37.22

BMC 800m Heat 1

1	614	Matthew Wigelsworth	U23	M	Preston Harriers	01:51.79
2	613	Adam Spilsbury	U20	M	Sale Harriers Manchester	01:52.70
3	609	Tiarnan Crocken	U20	M	Preston Harriers	01:53.44
4	610	James Habergham	U23	M	Halifax	01:54.34
5	612	Ben Read	U23	M	Wakefield Harriers	01:54.96
6	611	Daniel Neal	U23	M	Preston Harriers	01:58.76

BMC 800m Heat 2

1	603 James Bowness	SNR	M	Trafford AC	01:49.30
2	605 Robert Needham	SNR	M	Notts AC	01:50.00
3	602 John Bird	SNR	M	Ipswich	01:50.20
4	601 Thomas Atkinson	SNR	M	Sale Harriers Manchester	01:50.60
5	607 Jamie Webb	SNR	M	Liverpool Harriers	01:51.00
6	608 Kevin Woods	U23	M	Ireland	01:51.70
7	606 Philip Sesemann	SNR	M	Blackheath & Bromley	01:52.30
8	604 Chris Monk	SNR	M	Mansfield	01:57.60

BMC 800m Heat 3

1	618 Luke Jones	U23	M	Tamworth	01:53.31
2	615 Keron White	U23	M	Swansea	01:54.34
3	620 Thomas Randolph	U20	M	Tamworth	01:54.82
4	621 Jack Simpson	U20	M	Burton	01:55.85
5	637 Thomas Coe	SNR	M	Windsr Slough Eton and Hounslk	01:56.78
6	619 Thomas Marper	SNR	M	Liverpool Pembroke Sefton	01:58.78

800m Heat 1

1	131 Tom Rogerson	U20	M	Liverpool Harriers	01:56.59
2	243 Jonathan Bride	SNR	M	Liverpool Pembroke Sefton	01:56.73
3	224 Ben Coop	SNR	M	Bury AC	01:56.89
4	312 Elliot Roberts	SNR	M	Preston Harriers	01:57.13
5	301 Winkler Phillip	SNR	M	Morpeth	01:57.39
6	136 Connor Tighe	U20	M	Liverpool Harriers	01:59.18
7	265 Daniel Hayes	SNR	M	Blackpool	02:00.22
8	230 Christian Woods	U20	M	Liverpool Harriers	02:01.29

800m Heat 2

1	229 Adam Robert	U20	M	Preston Harriers	01:57.00
2	256 Laurell Pierre	U20	M	Holmfirth	01:57.94
3	264 Andrew Parsonage	SNR	M	Manchester Harriers	01:58.42
4	262 Harry Curwood	U17	M	Preston Harriers	02:00.96
5	160 Katie Snowden	SNR	F	Herne Hill Harriers	02:02.09
6	191 Matthew Shaw	U20	M	Rotherham Harriers	02:03.04
7	232 Jack Collins	SNR	M	Hercules Wimbledon	02:03.34
8	253 Dan Pettitt	SNR	M	Horsham Joggers	02:03.95

800m Heat 3

1	132 Tom Dickinson	U17	M	Liverpool Pembroke Sefton	02:05.40
2	208 Jacqueline Fairchild	SNR	F	Preston Harriers	02:05.62
3	300 Will Collumb	U20	M	Rothwell	02:05.62
4	259 Hannah England	SNR	F	Oxford	02:05.88
5	282 Harry Hayes	U17	M	Preston Harriers	02:07.78
6	311 Matt Lloyd	SNR	M	Preston Harriers	02:08.00
7	146 Olivia Mason	U17	F	Border Harriers	02:08.89
8	240 Greg Marcroft	SNR	M	Trafford AC	02:11.13

800m Heat 4

1	313	Luke Farrant	U17	M	Buxton Ac	02:06.97
2	319	Rushwan Lewis	U20	M	Trafford AC	02:07.28
3	206	Philippa Millage	SNR	F	Victoria Park Glasgow	02:08.05
4	254	Gynoy Williams	U17	M	Trafford AC	02:10.01
5	238	Charlotte Crook	U20	F	Preston Harriers	02:10.96
6	241	Connor Fazakerley	U17	M	Trafford AC	02:11.26
7	245	Amy Hinchly	U20	F	Vale Royal AC	02:13.40
8	299	Dan Timperley	SNR	M	Oldham and Royton	02:19.06

800m Heat 5

1	181	Jonathan Duffy	U17	M	Vale Royal AC	02:07.60
2	267	Alfonso Leone	SNR	M	Trafford AC	02:11.64
3	281	Beth Barlow	U20	F	Salford Harriers	02:12.18
4	251	Katie Lowery	U20	F	Warrington AC	02:14.42
5	193	Steph Driscoll	U17	F	Liverpool Harriers	02:15.92
6	211	Taylor Hammond	U20	F	Barnsley AC	02:16.45
7	222	Sinead Bent	SNR	F	Trafford AC	02:17.15
8	275	Rachel Hibberd	SNR	F	Sale Harriers Manchester	02:18.89

800m Heat 6

1	242	Amelia Lancaster	U20	F	City of Sheffield	02:19.36
2	278	Tiffany Penfold	U20	F	Copeland	02:19.78
3	153	India Elliot	U20	F	Wakefield Harriers	02:19.97
4	266	Zara Thompson	U20	F	Sale Harriers Manchester	02:21.35
5	217	Ian Fitzpatrick	SNR	M	Southport Waterloo	02:21.92
6	133	Emma Fulton	U17	F	Preston Harriers	02:22.21
7	147	Abbey Coleman	U17	F	Liverpool Harriers	02:22.22
8	215	Kevin Pye	SNR	M	Charnwood AC	02:26.35

800m Heat 7

1	292	Alex Armstrong-bond	U17	M	Sale Harriers Manchester	02:18.35
2	187	Leon Bagnall	SNR	M	Prestatyn	02:18.53
3	303	Holly Jackson	U17	F	East Cheshire	02:22.09
4	271	Richard Wallace	SNR	M	Notts AC	02:22.60
5	218	Clare Constable	SNR	F	Liverpool Pembroke Sefton	02:23.02
6	137	Beth Smyth	U17	F	Manchester Harriers	02:25.96

800m Heat 8

1	277	Amy Gibbons	U20	F	Warrington AC	02:35.59
2	188	Benjamin Harrison	SNR	M	Prestatyn	02:41.97
3	249	David Ellis	SNR	M	Royton RR	02:43.83
4	280	Laura Hickey	U17	F	Leigh Harriers	02:45.82
DNF	258	Holly Benson	U17	F	Stockport Harriers	

1500m Heat 1

1	273	Kevin Acton	SNR	M	Stockport Harriers	04:01.97
2	327	Chris Thornton	SNR	M	Skyrac AC	04:02.67
3	234	Aedan O'brien	SNR	M	Windsr Slough Eton and Hounslk	04:03.00
4	326	Jack Stubbings	U20	M	Warrington AC	04:03.11
5	244	Matthew Harris	SNR	M	Rossendale Harriers	04:03.45

6	235	Grant Anderson	U20	M	Stockport Harriers	04:03.64
7	316	Aaran Thorpe	SNR	M	City of Sheffield	04:05.61
8	289	Finley Thompson	SNR	M	Lincoln Wellington	04:06.59
9	283	Joseph Lancaster	SNR	M	City of Sheffield	04:07.53
10	233	Harry Halford	U20	M	Wolverhampton and Bilston	04:07.68
11	321	Euan Martin	SNR	M	Liverpool Harriers	04:08.41
12	231	Jake Baraclough	SNR	M	Bedford & County	04:08.58
13	255	Alex Bradford	SNR	M	Sale Harriers Manchester	04:09.49
14	270	Chris Law	U20	M	Holmfirth	04:09.54
15	250	Jack Brothwell	U20	M	Kingston Upon Hull	04:12.92

1500m Heat 2

1	328	Gareth Raven	SNR	M	Sale Harriers Manchester	04:10.58
2	269	Will Monaghan	SNR	M	University of Leeds	04:11.57
3	306	Harry Collier	U17	M	Oldham and Royton	04:11.93
4	325	Luke Gamble	U20	M	Warrington AC	04:12.11
5	221	Patrick Cusack	U17	M	Trafford AC	04:12.17
6	298	Tim Hartley	U20	M	Wigan Harriers	04:13.22
7	268	John Tayleur	SNR	M	Herne Hill Harriers	04:13.44
8	324	Daniel Fox	U20	M	Warrington AC	04:16.17
9	310	Craig Pearson	SNR	M	Cannock and Stafford	04:16.66
10	274	Christopher Fardon	SNR	M	University of Manchester	04:17.79
11	212	Alex Kirkland	U17	M	Chesterfield AC	04:18.36
12	290	Sam Rostron	U20	M	Warrington AC	04:18.51
13	315	Ella Mcniven	U17	F	Liverpool Harriers	04:22.71
14	304	David Lewis	U17	M	Hallamshire	04:27.03
15	276	Brad Thornton	U20	M	Sale Harriers Manchester	04:32.36

1500m Heat 3

1	135	Jonathan Hill	SNR	M	Harrow AC	04:24.48
2	320	Matthew Bond	SNR	M	Liverpool Harriers	04:30.81
3	314	Rochelle Harrison	SNR	F	Lincoln Wellington	04:34.21
4	144	Zoe Bates	U20	F	Edinburgh AC	04:34.88
5	180	Will Mckay	U17	M	Vale Royal AC	04:36.20
6	332	Claudia Cowan	U20	F	Sale Harriers Manchester	04:37.84
7	139	Holly Smith	U17	F	Vale Royal AC	04:38.68
8	307	Eleanor Robinson	U20	F	Keighley and Craven	04:39.43
9	285	Sarah Mackness	SNR	F	Notts AC	04:39.90
10	308	Hannah Delaney	U20	F	Liverpool Harriers	04:41.60
11	287	Evie Brailsford	SNR	F	Leeds Beckett University	04:42.20
12	286	Aninia Atkinson	SNR	F	City of Sheffield	04:44.75
13	252	Tom Whitley	U20	M	Kingston Upon Hull	04:44.80
14	263	Heidi Murray	U20	F	Lancaster and Morcambe	05:04.83

1500m Heat 4

1	330	Juliet Downs	U20	F	Sale Harriers Manchester	04:43.50
2	162	Abbey Brooke	U17	F	Wakefield Harriers	04:43.71
3	288	Max Parry	U17	M	Copeland	04:47.95
4	305	Gareth Williams	SNR	M	Vale Royal AC	04:53.80
5	295	Amy Nutall	U17	F	Warrington AC	04:55.83

6	302	Alice Stiles	U17	F	Manchester Harriers	04:59.29
7	318	Cara Gibbons	U20	F	Vale Royal AC	05:00.14
8	284	Laura Trask	U17	F	Hallamshire	05:01.50
9	323	George Thornley	U20	M	Unattached	05:02.56
10	322	Ellie Grinnell	U17	F	Crewe and Nantwich	05:05.37
11	279	Ashlyn Holliday	U20	F	Border Harriers	05:07.68
12	329	Orla Holt	U17	F	Rossendale Harriers	05:18.49
13	317	Natasha Moore	U17	F	Stockport Harriers	05:19.80

HAMMER

WEIGHT

1	141	Sam Gaskell	U17	M	Blackburn Harriers	57.44	5
2	175	William Schofield	U20	M	Sale Harriers Manchester	48.90	6
3	151	Holly Rodgers	SEN	F	Rotherham Harriers	47.88	4
4	168	Hannah Blood	U17	F	Sale Harriers Manchester	44.88	3

DISCUS

WEIGHT

1	257	Jenny Pyatt	U20	F	Liverpool Pembroke Sefton	40.00	1.0
2	247	Thomas Hilditch	U17	M	Vale Royal AC	36.26	1.5
3	258	Holly Benson	U17	F	Stockport Harriers	35.87	1.0
4	175	William Schofield	U20	M	Sale Harriers Manchester	35.73	1.8
5	272	Teddy Cooper	U17	M	Stockport Harriers	29.27	1.5
6	291	Leeroy Golding	SEN	M	Pendle AC	28.30	2.0
7	209	Nathan Booth	U17	M	Sale Harriers Manchester	26.15	1.5
8	260	Darren Scott	SEN	M	St Helens Sutton	25.56	2.0
9	227	Bethan Kelly	U17	F	Stockport Harriers	25.50	1.0
10	294	Alex Baker	U17	F	Pendle AC	24.07	1.0
11	240	Greg Marcroft	SEN	M	Trafford AC	20.72	1.0
12	293	Lynn Baker	SEN	F	Pendle AC	19.32	1.0
13	220	Paul Hudson	SEN	M	Vale Royal AC	17.87	1.0
14	248	Fletcher Reid	U17	M	Wigan Harriers	NDR	1.5

SHOT PUTT

WEIGHT

1	294	Alex Baker	U17	F	Pendle AC	10.63	3.00
2	280	Laura Hickey	U17	F	Leigh Harriers	9.80	3.00
3	261	Mike Coogan	SEN	M	East Cheshire	8.76	7.26
4	291	Leeroy Golding	SEN	M	Pendle AC	8.18	7.26
5	260	Darren Scott	SEN	M	St Helens Sutton	8.02	7.26

JAVELIN

WEIGHT

1	296	Sam Dean	U20	M	Sale Harriers Manchester	59.25	800
2	297	Harry Ditchfield	U17	M	Sale Harriers Manchester	54.38	700
3	331	Peter Rice	SEN	M	Altricham and District	36.64	800
4	294	Alex Baker	U17	F	Pendle AC	36.13	500
5	261	Mike Coogan	SEN	M	East Cheshire	33.66	800
6	227	Bethan Kelly	U17	F	Stockport Harriers	33.51	500
7	209	Nathan Booth	U17	M	Sale Harriers Manchester	32.38	700
8	260	Darren Scott	V45	M	St Helens Sutton	31.60	800
9	309	Rebekah Hopper	U17	F	Wigan Harriers	30.73	500
10	246	Natasha Webster	U17	F	Blackpool	29.55	500
11	220	Paul Hudson	V60	M	Vale Royal AC	20.71	600

POLE VAULT

1	195	Sophie Ashurst	U15	F	Sale Harriers Manchester	3.16
2	148	Hattie Vaughan	U17	F	Bury AC	3.06
3	194	Matilda Waters	U17	F	Sale Harriers Manchester	2.96
4	165	Lucie Wovenden	U17	F	Sale Harriers Manchester	2.76
5	159	Kirsty Shefferd	SEN	F	Vale of Aylesbury AC	2.06
6	196	Brook Wyatt	U15	M	Sale Harriers Manchester	1.96
7	174	Zak Stiller	U15	M	Sale Harriers Manchester	1.60