

**Long Jump U15 Girls**

1	389 Abigail Pawlett	West Cheshire Harriers	F	U15	5.07
2	582 Alicia Gregory	Scunthorpe	F	U15	4.98
3	70 Anna Caryston	West Cheshire Harriers	F	U15	4.82
3	49 Holly Aitchison	Stockport Harriers	F	U15	4.81
5	593 Praise Owoeye	Sale Harriers Manchester	F	U15	4.55
6	40 Rebekah Hopper	Wigan Harriers	F	U15	4.47
7	356 Alice Dale	Sale Harriers Manchester	F	U15	4.38
8	518 Ellie Bamfield	Keighley and Craven	F	U15	4.35
9	97 Emilia Povall-clarke	Sale Harriers Manchester	F	U15	4.34
10	38 Sadie Mcnulty	Liverpool Pembroke and Sefton	F	U15	4.33
11	96 Ayla Hewitt	Sale Harriers Manchester	F	U15	4.31
12	355 Scarlett Whittaker	Sale Harriers Manchester	F	U15	4.24
13	530 Emma Simpson	Altrincham	F	U15	4.18
14	90 Alice Prescott	Liverpool Pembroke and Sefton	F	U15	4.15
15	564 Megan Shields	City of Stoke	F	U15	4.09
16	2 Amy Reeves	Liverpool Harriers	F	U15	4.09
17	512 Maisey Howson	Leeds AC	F	U15	4.03
18	397 Zoe Leydon	Crewe and Nantwich	F	U15	3.94
19	352 Lauren Burgess	Stockport Harriers	F	U15	3.74
20	46 Scarlet Whitfield	Liverpool Pembroke and Sefton	F	U15	3.45
21	552 Bolaji Adenuga	Sale Harriers Manchester	F	U15	3.38
22	577 Rosangela Terim	Rochdale	F	U15	3.15
23	568 Precious Adayeh	Sale Harriers Manchester	F	U15	2.17

**Long Jump U15 Boys**

1	563 Morgan Frith	Macclesfield Harriers	M	U15	5.69
2	533 Samuel Ebonine	Sale Harriers Manchester	M	U15	5.34
3	11 Sam Burgess	Crewe and Nantwich	M	U15	4.79
4	204 Harry Miller-reedman	Stockport Harriers	M	U15	3.87

**Long Jump U13 Girls**

1	386 Julia Winogrodzka	Bolton United	F	U13	4.66
2	143 Megan Harris-wood	High Peak AC	F	U13	4.47
3	378 Leah Howard	Blackpool	F	U13	4.25
4	548 Rebecca Leather	Stockport Harriers	F	U13	4.18
5	565 Ellina Connor	Trafford AC	F	U13	4.14
6	3 Aisha Quafley-davis	Liverpool Harriers	F	U13	4.09
7	53 Ella Hall	Bury AC	F	U13	4.08
8	20 Eleanor Nablet	Preston	F	U13	4.02
9	30 Hannah Smith	Deeside	F	U13	3.98
10	394 Elle-grace Hinchliffe	City of Sheffield	F	U13	3.89
11	516 Sofija Dragisic-wood	Sale Harriers Manchester	F	U13	3.79
12	98 Georgia Dawson	Birchfield Harriers	F	U13	3.69
13	14 Dids Parish	Sale Harriers Manchester	F	U13	3.53
14	383 Rosie Meakin	Crewe and Nantwich	F	U13	3.49
15	399 Nell Tolley	High Peak AC	F	U13	3.45
16	390 Rebecca Roach	Stockport Harriers	F	U13	3.38
17	528 Fiora Macinnes	Stockport Harriers	F	U13	3.01
18	392 Olivia Ashown	Leigh Harriers	F	U13	NM

**Long Jump U13 Boys**

1	63 Joshua Stammers	Southport Waterloo	M	U13	4.64
2	510 George Hahn	Bingley Harriers	M	U13	4.61
3	365 Louis Morrison	Trafford AC	M	U13	4.58
4	599 Jake Minshull	Coventry	M	U13	4.46
5	83 Elliot Savage	Bury AC	M	U13	4.29

6	556	Matthew Liu	Liverpool Harriers	M	U13	4.26
7	519	Michael Maxwell	West Cheshire Harriers	M	U13	4.22
8	379	Sam Coupland	Southport Waterloo	M	U13	4.10
9	363	Charles Hodgson	Preston	M	U13	3.99
10	385	Hatden Middleton	Preston	M	U13	3.90
11	380	Sam Harrison	Liverpool Harriers	M	U13	3.75
12	10	George Lowe	Preston	M	U13	3.63
13	37	Ethan Hyland	Stockport Harriers	M	U13	3.57
14	372	Leo Ferguson	Stockport Harriers	M	U13	3.13
15	150	Jack Doodson	Stockport Harriers	M	U13	NM
15	132	Ryan Douglas	Stockport Harriers	M	U13	NM

### Long Jump U11 Girls

1	532	Madeline Eaton-lymer	Unattached	F	U11	3.94
2	374	Iola Unsworth	Stockport Harriers	F	U11	3.70
3	60	Darcy Breen	Stockport Harriers	F	U11	3.66
4	23	Aisling Mchale	Altrincham	F	U11	3.58
5	558	Pip Nutall	Horwich	F	U11	3.50
6	146	Holly Stewart	Stockport Harriers	F	U11	3.50
7	581	Ava Gregory	Scunthorpe	F	U11	3.46
8	368	Matilda Anderson	High Peak AC	F	U11	3.38
9	507	Emma Wood-doyle	Stockport Harriers	F	U11	3.38
10	149	Poppy Dunne	Bolton Harriers	F	U11	3.38
11	367	Freya Hatcher	High Peak AC	F	U11	3.35
12	358	Lauren Waddington	Chorley Tri AC	F	U11	3.29
13	549	Rebecca Dilworth	Macclesfield Harriers	F	U11	3.28
14	41	Eleanor Hopper	Wigan Harriers	F	U11	3.23
15	505	Alice Tolley	High Peak AC	F	U11	3.23
16	561	Jessica Lord	Stockport Harriers	F	U11	3.19
17	44	Maisy Parry	Deeside	F	U11	3.17
18	551	Charlotte Blackstone	Deeside	F	U11	3.04
19	148	Saffron Meade	Stockport Harriers	F	U11	2.93
20	371	Rosa Ferguson	Stockport Harriers	F	U11	2.75
21	542	Kady Thompson	Clayton le Moors	F	U11	2.48
22	594	Holly Abbott	Sale Harriers Manchester	F	U11	2.44
23	572	Freya Williams-evans	Altrincham	F	U11	2.20

### Long Jump U11 Boys

1	520	James Ince	Preston	M	U11	4.55
2	589	Hayden Blunn	Macclesfield Harriers	M	U11	4.37
3	545	Sebastian Chiarella	Preston	M	U11	3.97
4	8	Joshua Colquhoun	Sale Harriers Manchester	M	U11	3.77
5	22	Callum Wain	Macclesfield Harriers	M	U11	3.67
6	398	Isaac Leydon	Crewe and Nantwich	M	U11	3.60
7	52	Harvey Kenny	Bolton	M	U11	3.54
8	384	Corey Middleston	Preston	M	U11	3.45
9	24	Jacob Roberts	St Helens Sutton	M	U11	3.45
10	591	Rhys Watson	Stockport Harriers	M	U11	3.39
11	9	George Mackenzie	Blackpool	M	U11	3.38
12	396	Ollie Cox	Stockport Harriers	M	U11	3.37
13	509	Jack Bamber	Liverpool Pembroke and Sefton	M	U11	3.30
14	595	Daniel Abbott	Sale Harriers Manchester	M	U11	3.24
15	377	Kieran Howard	Blackpool	M	U11	3.17
16	366	Jacob Mason	Preston	M	U11	3.15
17	579	Daniel Mccann	Stockport Harriers	M	U11	2.75
18	75	Lee Crawford	Sale Harriers Manchester	M	U11	2.70
19	597	Harvey Prince	Unattached	M	U11	2.57
20	592	Harrison Szmit	Stockport Harriers	M	U11	2.56
21	596	Elijah Adeolu-lambert	Pendle	M	U11	2.35

22	567 Dom Gibson	Altrincham	M	U11	2.33
23	81 Fabian Thompson	Macclesfield Harriers	M	U11	2.28

#### Discus U15 Girls

1	142 Bethan Kelly	Vale Royal AC	F	U15	27.08
2	364 Lydia Cater	Wigan Harriers	F	U15	24.24
3	512 Maisey Howson	Leeds AC	F	U15	23.37
4	523 Alex Baker	Pendle	F	U15	22.59
5	88 Connie Seiler	Vale Royal AC	F	U15	22.20
6	360 Bekki Roche	Liverpool Harriers	F	U15	22.06
7	361 Natasha Webster	Blackpool	F	U15	20.31
8	518 Ellie Bamfield	Keighley and Craven	F	U15	19.88
9	40 Rebekah Hopper	Wigan Harriers	F	U15	19.50
10	513 Holly Pemberton	Wrexham	F	U15	19.13
11	42 Sophie Tilley	Sale Harriers Manchester	F	U15	18.82
12	517 Jemma Richards	Keighley and Craven	F	U15	12.72

#### Discus U15 Boys

1	381 Kieran Vallet	Bromsgrove and Redditch	M	U15	28.61
2	43 Adam Howe	West Cheshire Harriers	M	U15	26.46
3	144 Danny Meredith	City of Stoke	M	U15	22.18
4	538 Thomas Hart	Leeds AC	M	U15	18.27
5	89 Ben Kersh	Sale Harriers Manchester	M	U15	16.24

#### Discus U13 Girls

1	45 Natalie Owen	Menai	F	U13	24.76
2	540 Izzy Thompson	Blackburn	F	U13	24.25
3	555 Nicky Saunders	Blackburn	F	U13	21.56
4	58 Emily Pemberton	Trafford AC	F	U13	20.58
5	529 Tamin Fayle	Northern AC	F	U13	18.29
6	521 Jade Buckley-ratcliff	Altrincham	F	U13	17.57
7	4 Gerogia Parkinson	Menai	F	U13	13.16

#### Discus U13 Boys

1	137 Toby Wilson	Barrow and Furness	M	U13	21.83
2	373 Cameron Unsworth	Stockport Harriers	M	U13	17.56
3	51 Ed Parry	Rushcliffe AC	M	U13	15.69
4	576 Joseph Herbert	Sale Harriers Manchester	M	U13	15.39
5	12 Gilbert Vaughan	Bury AC	M	U13	15.05
6	547 Luke Greenhalgh	Bolton	M	U13	11.92
7	539 Daniel Hart	Leeds AC	M	U13	NM

#### High Jump U15 Girls

1	38 Sadie McNulty	Liverpool Pembroke and Sefton	F	U15	1.50
2	59 Charlie Seymour	Trafford AC	F	U15	1.45
3	46 Scarlet Whitfield	Liverpool Pembroke and Sefton	F	U15	1.40
3	531 Imogen Ayers	Liverpool Pembroke and Sefton	F	U15	1.40
5	355 Scarlett Whittaker	Sale Harriers Manchester	F	U15	1.35
6	515 Ella Wilson	Sale Harriers Manchester	F	U15	1.35
7	530 Emma Simpson	Altrincham	F	U15	1.30
8	382 Evie Wild	Stockport Harriers	F	U15	1.30
9	352 Lauren Burgess	Stockport Harriers	F	U15	1.15

#### High Jump U15 Boys

1	533 Samuel Ebonine	Sale Harriers Manchester	M	U15	1.65
2	574 Harry Ditchfield	East Cheshire Harriers	M	U15	1.60
3	526 Liam Blackwell	Preston	M	U15	1.40

#### High Jump U13 Girls

1	378 Leah Howard	Blackpool	F	U13	1.45
2	395 Rebecca Cox	Stockport Harriers	F	U13	1.35
3	386 Julia Winogrodzka	Bolton United	F	U13	1.25
3	525 Imogen Blackwell	Preston	F	U13	1.25
3	369 Olivia Fowler	Crewe and Nantwich	F	U13	1.25
6	57 Laure Kiclukula	DMSF	F	U13	1.25

### High Jump U13 Boys

1	64 Will Atkinson	Keighley and Craven	M	U13	1.35
2	363 Charles Hodgson	Preston	M	U13	1.35
3	365 Louis Morrison	Trafford AC	M	U13	1.30
4	375 Thomas Roberts	Macclesfield Harriers	M	U13	1.30
5	353 Tyler Johnson	East Cheshire Harriers	M	U13	1.30
5	519 Michael Maxwell	West Cheshire Harriers	M	U13	1.30
6	562 Eli Itua	East Cheshire Harriers	M	U13	1.25
7	586 Dylan Carney	Vale Royal AC	M	U13	1.20
8	10 George Lowe	Preston	M	U13	1.20
9	31 Jay Cook	Bury AC	M	U13	1.10
10	511 Zack Howson	Leeds AC	M	U13	NM

### Javelin U15 Boys

1	574 Harry Ditchfield	East Cheshire Harriers	M	U15	53.39
2	212 Sam Bannon	Liverpool Harriers	M	U15	37.97
3	5 Brett Parkinson	Menai	M	U15	33.15
3	89 Ben Kersh	Sale Harriers Manchester	M	U15	32.04
5	210 John Gillbert	Sale Harriers Manchester	M	U15	30.84
6	598 Oscar Mitchell	Shrewsbury School	M	U15	29.12
7	204 Harry Miller-reedman	Stockport Harriers	M	U15	27.33

### Javelin U15 Girls

1	523 Alex Baker	Pendle	F	U15	33.62
2	93 Abby O'Neill	East Cheshire Harriers	F	U15	32.03
3	513 Holly Pemberton	Wrexham	F	U15	28.25
3	142 Bethan Kelly	Vale Royal AC	F	U15	27.81
5	40 Rebekah Hopper	Wigan Harriers	F	U15	27.80
6	361 Natasha Webster	Blackpool	F	U15	27.05
7	522 Daisy Worthington	Bury AC	F	U15	24.54
8	209 Tess Mchugh	Sale Harriers Manchester	F	U15	23.91
9	515 Ella Wilson	Sale Harriers Manchester	F	U15	20.14
10	530 Emma Simpson	Altrincham	F	U15	19.01
11	360 Bekki Roche	Liverpool Harriers	F	U15	18.61
12	42 Sophie Tilley	Sale Harriers Manchester	F	U15	18.36
13	577 Rosangela Terim	Rochdale	F	U15	17.25
14	564 Megan Shields	City of Stoke	F	U15	16.42
15	517 Jemma Richards	Keighley and Craven	F	U15	11.99

### Javelin U13 Girls

1	6 Abbi Parkinson	Menai	F	U13	24.47
2	135 Mia Walker	East Cheshire Harriers	F	U13	23.17
3	36 Megan Henshall	Vale Royal AC	F	U13	22.82
3	94 Megan Bentley	Horwich	F	U13	21.97
5	521 Jade Buckley-ratcliff	Altrincham	F	U13	20.80
6	540 Izzy Thompson	Blackburn	F	U13	19.45
7	4 Gerogia Parkinson	Menai	F	U13	19.11
8	45 Natalie Owen	Menai	F	U13	19.03
9	555 Nicky Saunders	Blackburn	F	U13	19.03
10	58 Emily Pemberton	Trafford AC	F	U13	18.63
11	54 Erin Kenyon	Bury AC	F	U15	16.27

12	516 Sofija Dragisic-wood	Sale Harriers Manchester	F	U13	15.65
13	529 Tamin Fayle	Northern AC	F	U13	15.64
14	20 Eleanor Nablet	Preston	F	U13	12.48
15	47 Jasmine Richardson	Sale Harriers Manchester	F	U13	9.70
16	560 Rebecca Kerman	Bingley Harriers	F	U13	9.43

#### Javelin U13 Boys

1	34 Abraham Fobil	DMSF	M	U13	42.20
2	51 Ed Parry	Rushcliffe AC	M	U13	36.61
3	214 Benjamin Mcparland	Pendle	M	U13	33.90
3	145 Morgan Meredith	City of Stoke	M	U13	30.08
5	373 Cameron Unsworth	Stockport Harriers	M	U13	27.45
6	82 Evan Savage	Bury AC	M	U13	22.27
7	61 Jude Roberts	East Cheshire Harriers	M	U13	20.02
8	10 George Lowe	Preston	M	U13	19.25
9	547 Luke Greenhalgh	Bolton	M	U13	18.09
10	31 Jay Cook	Bury AC	M	U13	17.15
11	375 Thomas Roberts	Macclesfield Harriers	M	U13	NM
12	215 Ryan O'neill	East Cheshire Harriers	M	U13	NM

#### Shot U13 Boys

1	139 Benjamin Verbickas	Crewe and Nantwich	M	U13	7.81
2	214 Benjamin Mcparland	Pendle	M	U13	7.39
3	373 Cameron Unsworth	Stockport Harriers	M	U13	7.25
3	137 Toby Wilson	Barrow and Furness	M	U13	6.90
5	539 Daniel Hart	Leeds AC	M	U13	5.44
6	12 Gilbert Vaughan	Bury AC	M	U13	4.58
7	590 Oliver Bradley	Macclesfield Harriers	M	U13	4.40

#### Shot U15 Boys

8	574 Harry Ditchfield	East Cheshire Harriers	M	U15	11.46
9	136 Ryan Wilson	Barrow and Furness	M	U15	10.58
10	381 Kieran Vallet	Bromsgrove and Redditch	M	U15	10.33
11	538 Thomas Hart	Leeds AC	M	U15	7.38

#### Shot U15 Girls

1	360 Bekki Roche	Liverpool Harriers	F	U15	12.05
2	523 Alex Baker	Pendle	F	U15	9.87
3	364 Lydia Cater	Wigan Harriers	F	U15	9.56
3	582 Alicia Gregory	Scunthorpe	F	U15	8.60
5	2 Amy Reeves	Liverpool Harriers	F	U15	7.50

#### Shot U13 Girls

1	45 Natalie Owen	Menai	F	U13	8.09
2	540 Izzy Thompson	Blackburn	F	U13	7.57
3	555 Nicky Saunders	Blackburn	F	U13	7.44
4	131 Osarumen Odemwengie	Sale Harriers Manchester	F	U13	6.99
5	53 Ella Hall	Bury AC	F	U13	6.66
6	571 Olivia Evans	Holmfirth	F	U13	6.49
7	359 Kate Waddington	Chorley Tri AC	F	U13	6.20
8	548 Rebecca Leather	Stockport Harriers	F	U13	6.16
9	390 Rebecca Roach	Stockport Harriers	F	U13	5.96
10	147 Abbie Hirst	East Cheshire Harriers	F	U13	5.85
11	529 Tamin Fayle	Northern AC	F	U13	5.81
12	391 Erin Coldclough	Preston	F	U13	5.40
13	138 Charlotte Verbickas	Crewe and Nantwich	F	U13	4.81
14	47 Jasmine Richardson	Sale Harriers Manchester	F	U13	4.71

#### 70mH Heat 1

1	357	Hermione Mason	Sale Harriers Manchester	F	U13	12.33
2	370	Christie Sturgess	Blackburn	F	U13	12.48
3	393	Elizabeth Greenall	St Helens Sutton	F	U13	12.55
4	138	Charlotte Verbickas	Crewe and Nantwich	F	U13	17.17

#### 70mH Heat 2

1	383	Rosie Meakin	Crewe and Nantwich	F	U13	12.04
2	386	Julia Winogrodzka	Bolton United	F	U13	12.12
3	546	Alys-rees Jones	Menai	F	U13	12.39
4	516	Sofija Dragisic-wood	Sale Harriers Manchester	F	U13	12.52

#### 70mH Heat 3

1	394	Elle-grace Hinchliffe	City of Sheffield	F	U13	11.33
2	369	Olivia Fowler	Crewe and Nantwich	F	U13	12.27
3	557	Lucy Robinson	Macclesfield Harriers	F	U13	12.82
4	395	Rebecca Cox	Stockport Harriers	F	U13	14.76

#### 75mH Heat 1

1	389	Abigail Pawlett	West Cheshire Harriers	F	U15	11.95
2	356	Alice Dale	Sale Harriers Manchester	F	U15	12.89
3	361	Natasha Webster	Blackpool	F	U15	14.25
4	543	Liberty Thompson	Blackburn	F	U15	14.76
5	352	Lauren Burgess	Stockport Harriers	F	U15	15.94

#### 75mH Heat 2

1	522	Daisy Worthington	Bury AC	F	U15	12.70
2	397	Zoe Leydon	Crewe and Nantwich	F	U15	12.85
3	355	Scarlett Whittaker	Sale Harriers Manchester	F	U15	12.97
4	564	Megan Shields	City of Stoke	F	U15	14.01

#### 75mH Heat 3

1	379	Sam Coupland	Southport Waterloo	M	U13	14.44
2	385	Hatden Middleton	Preston	M	U13	14.78
3	353	Tyler Johnson	East Cheshire Harriers	M	U13	16.75
4	130	Ben Lyons	DMSF	M	U13	18.61

#### 75mH Heat 4

1	150	Jack Doodson	Stockport Harriers	M	U13	13.30
2	139	Benjamin Verbickas	Crewe and Nantwich	M	U13	13.36
3	519	Michael Maxwell	West Cheshire Harriers	M	U13	13.98
4	72	Rowan Norbury	Bury AC	M	U13	17.20
5	365	Louis Morrison	Trafford AC	M	U13	18.33

#### 80mH Heat 1

1	534	Caleb Adenuga	Sale Harriers Manchester	M	U15	12.09
2	514	Brogan Rudman	Sale Harriers Manchester	M	U15	13.16

#### 600m Heat 1

1	520	James Ince	Preston	M	U11	01:49.48
2	541	Dexta Thompson	Blackburn	M	U11	01:49.53
3	52	Harvey Kenny	Bolton	M	U11	01:59.39
4	376	William Roberts	Macclesfield Harriers	M	U11	02:00.80
5	8	Joshua Colquhoun	Sale Harriers Manchester	M	U11	02:00.80
6	22	Callum Wain	Macclesfield Harriers	M	U11	02:08.19
7	75	Lee Crawford	Sale Harriers Manchester	M	U11	02:08.32
8	579	Daniel Mccann	Stockport Harriers	M	U11	02:08.69
9	587	Huga Cullen	Doncaster	M	U11	02:09.11
10	592	Harrison Szmit	Stockport Harriers	M	U11	02:25.21

**600m Heat 2**

1	81 Fabian Thompson	Macclesfield Harriers	M	U11	01:50.70
2	29 James Ashworth	Pendle	M	U11	02:02.50
3	9 George Mackenzie	Blackpool	M	U11	02:07.51
4	591 Rhys Watson	Stockport Harriers	M	U11	02:15.02
5	578 Jack Burgess	Stockport Harriers	M	U11	02:15.08
6	384 Corey Middleston	Preston	M	U11	02:15.87
7	396 Ollie Cox	Stockport Harriers	M	U11	02:22.60
8	567 Dom Gibson	Altrincham	M	U11	02:32.49
9	366 Jacob Mason	Preston	M	U11	02:35.70

**600m Heat 3**

1	580 Jasmine Reed	Stockport Harriers	F	U11	01:50.82
2	549 Rebecca Dilworth	Macclesfield Harriers	F	U11	01:57.94
3	44 Maisy Parry	Deeside	F	U11	01:59.66
4	535 #N/A	#N/A	##	#N/A	02:01.04
5	558 Pip Nutall	Horwich	F	U11	02:01.96
6	505 Alice Tolley	High Peak AC	F	U11	02:03.33
7	33 Grace Edmundson	Sale Harriers Manchester	F	U11	02:11.42
8	18 Ella Chatwin	Crewe and Nantwich	F	U11	02:12.01
9	67 Cleo Bentall	Trafford AC	F	U11	02:16.38

**600m Heat 4**

1	358 Lauren Waddington	Chorley Tri AC	F	U11	01:51.98
2	60 Darcy Breen	Stockport Harriers	F	U11	01:53.30
3	368 Matilda Anderson	High Peak AC	F	U11	01:57.95
4	23 Aisling Mchale	Altrincham	F	U11	01:59.34
5	39 Annabelle Bygrave	Sale Harriers Manchester	F	U11	02:08.08
6	148 Saffron Meade	Stockport Harriers	F	U11	02:18.44
7	371 Rosa Ferguson	Stockport Harriers	F	U11	02:30.61

**800m Heat 1**

1	599 Jake Minshull	Coventry	M	U13	02:24.19
2	550 Cian Healy	Horwich	M	U13	02:26.17
3	83 Elliot Savage	Bury AC	M	U13	02:27.17
4	82 Evan Savage	Bury AC	M	U13	02:31.65
5	12 Gilbert Vaughan	Bury AC	M	U13	02:37.02
6	32 Harry Edmundson	Sale Harriers Manchester	M	U13	02:37.85
7	569 Wilf Dight	Vale Royal AC	M	U13	02:43.39
8	590 Oliver Bradley	Macclesfield Harriers	M	U13	02:52.12

**800m Heat 2**

1	588 Henry Cullen	Doncaster	M	U13	02:22.23
2	585 Joseph Fountain	Wirral AC	M	U13	02:22.61
3	17 Alex Jones	Sale Harriers Manchester	M	U13	02:30.19
4	379 Sam Coupland	Southport Waterloo	M	U13	02:39.90
5	350 Ben Dargan	DMSF	M	U13	02:40.99
6	16 Tom Bentall	Trafford AC	M	U13	02:42.23
7	99 Alex Macparlane	Stockport Harriers	M	U13	02:46.75
8	31 Jay Cook	Bury AC	M	U13	02:47.54

**800m Heat 3**

1	57 Laure Kiclukula	DMSF	F	U13	02:29.67
2	30 Hannah Smith	Deeside	F	U13	02:31.94
3	100 Sebastienne Bairstow	Keighley and Craven	F	U13	02:35.86
4	6 Abbi Parkinson	Menai	F	U13	02:42.15
5	92 Georgia Heath	Sale Harriers Manchester	F	U13	02:47.15
6	7 Ellie Colquhoun	Sale Harriers Manchester	F	U13	02:50.54
7	359 Kate Waddington	Chorley Tri AC	F	U13	02:55.96

**800m Heat 4**

1	56 Angel Okeohukuu	DMSF	F	U13	02:36.60
2	525 Imogen Blackwell	Preston	F	U13	02:39.98
3	369 Olivia Fowler	Crewe and Nantwich	F	U13	02:42.62
4	54 Erin Kenyon	Bury AC	F	U15	02:46.74
5	86 Nieve Barton	Sale Harriers Manchester	F	U13	02:59.41
6	528 Fiora Macinnes	Stockport Harriers	F	U13	03:26.80

**800m Heat 5**

1	527 James Jones	Deeside	M	U15	02:09.38
2	387 Louie Johnson	Eden	M	U15	02:09.90
3	19 Luke Chatwin	Crewe and Nantwich	M	U15	02:18.06
4	80 George Safranauskas	Sale Harriers Manchester	M	U15	02:24.13
5	55 Matthew Torkington	Trafford AC	M	U15	02:29.63
6	66 Joe Bentall	Trafford AC	M	U15	02:31.65
7	141 Bailey Hulse	Sale Harriers Manchester	M	U15	02:35.76

**800m Heat 6**

1	35 Harry Collier	Oldham and Royton	M	U15	02:11.33
2	526 Liam Blackwell	Preston	M	U15	02:17.76
3	65 Cynog Williams	Trafford AC	M	U15	02:20.45
4	25 Charlie Roberts	St Helens Sutton	M	U15	02:24.85
5	570 Shaun Jones	Crewe and Nantwich	M	U15	02:28.54
6	13 Jed Bailey	Sale Harriers Manchester	M	U15	02:33.15
7	204 Harry Miller-reedman	Stockport Harriers	M	U15	02:33.47

**800m Heat 7**

1	73 Catherine Gallagher	Wirral AC	F	U15	02:22.14
2	93 Abby O'Neill	East Cheshire Harriers	F	U15	02:22.81
3	524 Darcey Lonsdale	Preston	F	U15	02:25.64
4	362 Sosseh Badjie	High Peak AC	F	U15	02:27.41
5	28 Holly Dykes	City of Stoke	F	U15	02:34.56
6	577 Rosangela Terim	Rochdale	F	U15	02:35.80
7	87 Emily-kate Hall	Sale Harriers Manchester	F	U15	02:36.90
8	50 Rebecca Young	Trafford AC	F	U15	02:38.01
9	77 Molly Atherton	Sale Harriers Manchester	F	U15	02:42.62

**800m Heat 8**

1	70 Anna Caryston	West Cheshire Harriers	F	U15	02:28.93
2	85 Tiarae Barton	Sale Harriers Manchester	F	U15	02:31.89
3	600 Ellie Hinshull	Coventry	F	U15	02:32.80
4	76 Lara Crawford	Sale Harriers Manchester	F	U13	02:35.82
5	79 Sam Kyriacou	Macclesfield Harriers	F	U15	02:39.05
6	553 Natasha Hutchinson	DMSF	F	U15	02:59.87

**100m Heat 1**

1	576 Joseph Herbert	Sale Harriers Manchester	M	U13	13.65
2	330 #N/A	#N/A	##	#N/A	14.08
3	145 Morgan Meredith	City of Stoke	M	U13	14.35
4	37 Ethan Hyland	Stockport Harriers	M	U13	15.18
5	547 Luke Greenhalgh	Bolton	M	U13	15.79

**100m Heat 2**

1	134 Jake Bradley	Macclesfield Harriers	M	U13	13.51
2	132 Ryan Douglas	Stockport Harriers	M	U13	14.01
3	556 Matthew Liu	Liverpool Harriers	M	U13	14.20
4	353 Tyler Johnson	East Cheshire Harriers	M	U13	15.29
5	72 Rowan Norbury	Bury AC	M	U13	15.70



**100m Heat 3**

1	562 Eli Itua	East Cheshire Harriers	M	U13	13.80
2	61 Jude Roberts	East Cheshire Harriers	M	U13	13.98
3	511 Zack Howson	Leeds AC	M	U13	14.70
4	27 Ben Broughton	Ribble Valley	M	U13	15.01
5	539 Daniel Hart	Leeds AC	M	U13	15.90

**100m Heat 4**

1	34 Abraham Fobil	DMSF	M	U13	12.37
2	510 George Hahn	Bingley Harriers	M	U13	13.90
3	63 Joshua Stammers	Southport Waterloo	M	U13	14.10
4	363 Charles Hodgson	Preston	M	U13	14.59

**100m Heat 5**

1	95 Michael Fisher	Preston	M	U15	11.85
2	136 Ryan Wilson	Barrow and Furness	M	U15	12.27
3	534 Caleb Adenuga	Sale Harriers Manchester	M	U15	12.28
4	208 Lewis Hindle	Sale Harriers Manchester	M	U15	12.39
5	514 Brogan Rudman	Sale Harriers Manchester	M	U15	12.58
6	538 Thomas Hart	Leeds AC	M	U15	14.01

**100m Heat 6**

1	15 Theodore Uduoise	Sale Harriers Manchester	M	U15	12.17
2	213 Sam Worthington	Sale Harriers Manchester	M	U15	12.65
3	43 Adam Howe	West Cheshire Harriers	M	U15	13.02
4	91 Daniel Edmundson	Altrincham	M	U15	13.06
5	11 Sam Burgess	Crewe and Nantwich	M	U15	13.65
6	144 Danny Meredith	City of Stoke	M	U15	13.77

**100m Heat 7**

1	388 Chloe Newbigging	Sale Harriers Manchester	F	U15	13.14
2	584 Beth Laidlaw	Wigan Harriers	F	U15	13.34
3	583 Lauren Mellor	Birchfield Harriers	F	U15	14.06
4	97 Emilia Povall-clarke	Sale Harriers Manchester	F	U15	14.38
5	552 Bolaji Adenuga	Sale Harriers Manchester	F	U15	14.72

**100m Heat 8**

1	593 Praise Owoeye	Sale Harriers Manchester	F	U15	13.11
2	201 Tyler Hill	Sale Harriers Manchester	F	U15	13.72
3	1 Tiffany James	Trafford AC	F	U15	13.94
4	568 Precious Adayeh	Sale Harriers Manchester	F	U15	13.98

**100m Heat 9**

1	71 Anya Stocks	Crewe and Nantwich	F	U15	13.41
2	49 Holly Aitchison	Stockport Harriers	F	U15	13.81
3	68 Mia-rose Llewellyn	Stockport Harriers	F	U15	14.03
4	506 Imogen Grover	Stockport Harriers	F	U15	14.04

**75m Heat 1**

1	573 Holly Nelson	East Cheshire Harriers	F	U13	10.86
2	202 Kia-licia Clarkson	Sale Harriers Manchester	F	U13	11.01
3	56 Angel Okeohukuu	DMSF	F	U13	11.01
4	521 Jade Buckley-ratcliff	Altrincham	F	U13	11.03
5	58 Emily Pemberton	Trafford AC	F	U13	11.28
6	370 Christie Sturgess	Blackburn	F	U13	11.43

**75m Heat 2**

1	565 Ellina Connor	Trafford AC	F	U13	10.71
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2	3	Aisha Quafley-davis	Liverpool Harriers	F	U13	11.10
3	383	Rosie Meakin	Crewe and Nantwich	F	U13	11.30
4	47	Jasmine Richardson	Sale Harriers Manchester	F	U13	11.30
5	53	Ella Hall	Bury AC	F	U13	11.38
6	399	Nell Tolley	High Peak AC	F	U13	11.86

### 75m Heat 3

1	131	Osarumen Odemwengie	Sale Harriers Manchester	F	U13	10.27
2	69	Mia Morrisroe	Liverpool Harriers	F	U13	10.38
3	78	Isabella Marritt	Horwich	F	U13	11.57
4	98	Georgia Dawson	Birchfield Harriers	F	U13	12.11
5	559	Caitlin Nutall	Horwich	F	U13	12.58
6	147	Abbie Hirst	East Cheshire Harriers	F	U13	13.73

### 75m Heat 4

1	394	Elle-grace Hinchliffe	City of Sheffield	F	U13	10.54
2	392	Olivia Ashown	Leigh Harriers	F	U13	10.70
3	508	Abigael Bamber	Liverpool Pembroke and Sefton	F	U13	10.86
4	548	Rebecca Leather	Stockport Harriers	F	U13	10.89
5	203	Rene Goosen	Sale Harriers Manchester	F	U13	10.91
6	20	Eleanor Nablet	Preston	F	U13	11.32

### 75m Heat 5

1	143	Megan Harris-wood	High Peak AC	F	U13	11.06
2	390	Rebecca Roach	Stockport Harriers	F	U13	11.27
3	14	Dids Parish	Sale Harriers Manchester	F	U13	11.60
4	26	Ella Brabham	Stockport Harriers	F	U13	11.61
5	560	Rebecca Kerman	Bingley Harriers	F	U13	13.30

### 75m Heat 6

1	596	Elijah Adeolu-lambert	Pendle	M	U11	12.09
2	29	James Ashworth	Pendle	M	U11	12.39
3	140	James Verbickas	Crewe and Nantwich	M	U11	12.74
4	384	Corey Middleston	Preston	M	U11	12.74
5	544	Finley Hulse	Unattached	M	U11	13.61
6	592	Harrison Szmit	Stockport Harriers	M	U11	13.88

### 75m Heat 7

1	354	Harrison Joynson	Liverpool Harriers	M	U11	10.95
2	589	Hayden Blunn	Macclesfield Harriers	M	U11	11.04
3	24	Jacob Roberts	St Helens Sutton	M	U11	12.08
4	591	Rhys Watson	Stockport Harriers	M	U11	12.14
5	377	Kieran Howard	Blackpool	M	U11	12.31
6	597	Harvey Prince	Unattached	M	U11	12.92

### 75m Heat 8

1	21	Jaeden Reynolds	Liverpool Harriers	M	U11	11.52
2	81	Fabian Thompson	Macclesfield Harriers	M	U11	11.53
3	509	Jack Bamber	Liverpool Pembroke and Sefton	M	U11	11.56
4	9	George Mackenzie	Blackpool	M	U11	12.24
5	595	Daniel Abbott	Sale Harriers Manchester	M	U11	12.36

### 75m Heat 9

1	211	Leonardo Scott	Sale Harriers Manchester	M	U11	10.65
2	545	Sebastian Chiarella	Preston	M	U11	11.54
3	398	Isaac Leydon	Crewe and Nantwich	M	U11	11.55
4	84	Oliver McNulty	Bolton	M	U11	12.15
5	133	Dylan Douglas	Stockport Harriers	M	U11	13.23

**75m Heat 10**

1	551 Charlotte Blackstone	Deeside	F	U11	11.77
2	507 Emma Wood-doyle	Stockport Harriers	F	U11	11.81
3	505 Alice Tolley	High Peak AC	F	U11	12.32
4	561 Jessica Lord	Stockport Harriers	F	U11	12.54
5	206 Summer Bell	Sale Harriers Manchester	F	U11	12.74
6	18 Ella Chatwin	Crewe and Nantwich	F	U11	13.19

**75m Heat 11**

1	74 Zara Burns	Trafford AC	F	U11	11.72
2	23 Aisling Mchale	Altrincham	F	U11	11.91
3	374 Iola Unsworth	Stockport Harriers	F	U11	11.96
4	41 Eleanor Hopper	Wigan Harriers	F	U11	12.76
5	148 Saffron Meade	Stockport Harriers	F	U11	12.85
6	594 Holly Abbott	Sale Harriers Manchester	F	U11	13.67

**75m Heat 12**

1	532 Madeline Eaton-lymer	Unattached	F	U11	11.80
2	149 Poppy Dunne	Bolton Harriers	F	U11	12.01
3	581 Ava Gregory	Scunthorpe	F	U11	12.06
4	575 Lauren Hancock	City of Stoke	F	U11	12.51
5	351 Amy Dargan	DMSF	F	U11	13.05

**75m Heat 13**

1	62 Idowu Taio	Bolton	F	U11	11.74
2	146 Holly Stewart	Stockport Harriers	F	U11	11.85
3	558 Pip Nutall	Horwich	F	U11	11.98
4	367 Freya Hatcher	High Peak AC	F	U11	12.10
5	44 Maisy Parry	Deeside	F	U11	12.34

**300m Heat 1**

1	95 Michael Fisher	Preston	M	U15	38.48
2	48 Michael Farr	St Helens Sutton	M	U15	40.84

**300m Heat 2**

1	522 Daisy Worthington	Bury AC	F	U15	44.23
2	90 Alice Prescott	Liverpool Pembroke and Sefton	F	U15	44.35
3	356 Alice Dale	Sale Harriers Manchester	F	U15	45.15
4	216 Lauren Robinson	Macclesfield Harriers	F	U15	46.10
5	28 Holly Dykes	City of Stoke	F	U15	48.10
6	553 Natasha Hutchinson	DMSF	F	U15	55.19

**300m Heat 3**

1	388 Chloe Newbigging	Sale Harriers Manchester	F	U15	42.18
2	218 Elizabeth Twite	Sale Harriers Manchester	F	U15	43.07
3	582 Allicia Gregory	Scunthorpe	F	U15	44.32
4	96 Ayla Hewitt	Sale Harriers Manchester	F	U15	44.61
5	221 Alie Tonge	Sale Harriers Manchester	F	U15	45.76

**200m Heat 1**

1	34 Abraham Fobil	DMSF	M	U13	24.93
2	576 Joseph Herbert	Sale Harriers Manchester	M	U13	28.70
3	556 Matthew Liu	Liverpool Harriers	M	U13	29.86
4	145 Morgan Meredith	City of Stoke	M	U13	29.96
5	590 Oliver Bradley	Macclesfield Harriers	M	U13	34.39

**200m Heat 2**

1	139 Benjamin Verbickas	Crewe and Nantwich	M	U13	27.54
2	61 Jude Roberts	East Cheshire Harriers	M	U13	28.65

3	385 Hatden Middleton	Preston	M	U13	30.28
4	82 Evan Savage	Bury AC	M	U13	31.21
5	372 Leo Ferguson	Stockport Harriers	M	U13	32.33

### 200m Heat 3

1	134 Jake Bradley	Macclesfield Harriers	M	U13	27.65
2	599 Jake Minshull	Coventry	M	U13	28.05
3	380 Sam Harrison	Liverpool Harriers	M	U13	29.64
4	83 Elliot Savage	Bury AC	M	U13	29.68
5	150 Jack Doodson	Stockport Harriers	M	U13	30.12
6	27 Ben Broughton	Ribble Valley	M	U13	31.70

### 200m Heat 4

1	562 Eli Itua	East Cheshire Harriers	M	U13	28.46
2	375 Thomas Roberts	Macclesfield Harriers	M	U13	31.08

### 200m Heat 5

1	15 Theodore Uduoise	Sale Harriers Manchester	M	U15	24.54
2	136 Ryan Wilson	Barrow and Furness	M	U15	25.04
3	208 Lewis Hindle	Sale Harriers Manchester	M	U15	25.37
4	387 Louie Johnson	Eden	M	U15	27.32
5	570 Shaun Jones	Crewe and Nantwich	M	U15	29.72

### 200m Heat 6

1	534 Caleb Adenuga	Sale Harriers Manchester	M	U15	24.81
2	213 Sam Worthington	Sale Harriers Manchester	M	U15	25.37
3	91 Daniel Edmundson	Altrincham	M	U15	26.63
4	144 Danny Meredith	City of Stoke	M	U15	28.15

### 200m Heat 7

1	201 Tyler Hill	Sale Harriers Manchester	F	U15	28.34
2	68 Mia-rose Llewellyn	Stockport Harriers	F	U15	28.42
3	583 Lauren Mellor	Birchfield Harriers	F	U15	29.06
4	552 Bolaji Adenuga	Sale Harriers Manchester	F	U15	30.16
5	518 Ellie Bamfield	Keighley and Craven	F	U15	31.12

### 200m Heat 8

1	584 Beth Laidlaw	Wigan Harriers	F	U15	26.78
2	59 Charlie Seymour	Trafford AC	F	U15	27.66
3	506 Imogen Grover	Stockport Harriers	F	U15	28.67
4	568 Precious Adayeh	Sale Harriers Manchester	F	U15	29.12
5	543 Liberty Thompson	Blackburn	F	U15	31.74

### 200m Heat 9

1	389 Abigail Pawlett	West Cheshire Harriers	F	U15	26.75
2	209 Tess Mchugh	Sale Harriers Manchester	F	U15	27.65
2	71 Anya Stocks	Crewe and Nantwich	F	U15	27.65
4	1 Tiffany James	Trafford AC	F	U15	29.32

### 150m Heat 1

1	131 Osarumen Odemwengie	Sale Harriers Manchester	F	U13	20.32
2	392 Olivia Ashown	Leigh Harriers	F	U13	21.72
3	26 Ella Brabham	Stockport Harriers	F	U13	22.80
4	54 Erin Kenyon	Bury AC	F	U15	24.08
5	359 Kate Waddington	Chorley Tri AC	F	U13	24.53

### 150m Heat 2

1	69 Mia Morrisroe	Liverpool Harriers	F	U13	20.67
2	508 Abigael Bamber	Liverpool Pembroke and Sefton	F	U13	21.23

3	573 Holly Nelson	East Cheshire Harriers	F	U13	21.65
4	14 Dids Parish	Sale Harriers Manchester	F	U13	22.55
5	147 Abbie Hirst	East Cheshire Harriers	F	U13	27.82

### 150m Heat 3

1	57 Laure Kiclukula	DMSF	F	U13	20.81
2	202 Kia-licia Clarkson	Sale Harriers Manchester	F	U13	21.89
3	30 Hannah Smith	Deeside	F	U13	22.42
4	399 Nell Tolley	High Peak AC	F	U13	24.22
5	395 Rebecca Cox	Stockport Harriers	F	U13	24.57
6	98 Georgia Dawson	Birchfield Harriers	F	U13	24.65

### 150m Heat 4

1	565 Ellina Connor	Trafford AC	F	U13	21.26
2	203 Rene Goosen	Sale Harriers Manchester	F	U13	21.60
3	370 Christie Sturgess	Blackburn	F	U13	22.98
4	391 Erin Coldclough	Preston	F	U13	24.43
5	559 Caitlin Nutall	Horwich	F	U13	25.28

### 150m Heat 5

1	22 Callum Wain	Macclesfield Harriers	M	U11	23.18
2	509 Jack Bamber	Liverpool Pembroke and Sefton	M	U11	24.05
3	84 Oliver McNulty	Bolton	M	U11	24.45
4	541 Dexta Thompson	Blackburn	M	U11	24.99
5	595 Daniel Abbott	Sale Harriers Manchester	M	U11	25.41
6	544 Finley Hulse	Unattached	M	U11	27.36

### 150m Heat 6

1	520 James Ince	Preston	M	U11	22.32
2	21 Jaeden Reynolds	Liverpool Harriers	M	U11	22.97
3	545 Sebastian Chiarella	Preston	M	U11	23.72
4	376 William Roberts	Macclesfield Harriers	M	U11	23.92
5	140 James Verbickas	Crewe and Nantwich	M	U11	25.81
6	579 Daniel Mccann	Stockport Harriers	M	U11	26.16

### 150m Heat 7

1	589 Hayden Blunn	Macclesfield Harriers	M	U11	21.64
2	354 Harrison Joynson	Liverpool Harriers	M	U11	21.82
3	52 Harvey Kenny	Bolton	M	U11	24.21
4	396 Ollie Cox	Stockport Harriers	M	U11	25.54
5	133 Dylan Douglas	Stockport Harriers	M	U11	26.52
6	366 Jacob Mason	Preston	M	U11	26.93

### 150m Heat 8

1	211 Leonardo Scott	Sale Harriers Manchester	M	U11	21.67
2	596 Elijah Adeolu-lambert	Pendle	M	U11	23.75
3	24 Jacob Roberts	St Helens Sutton	M	U11	24.43
4	597 Harvey Prince	Unattached	M	U11	26.79
5	567 Dom Gibson	Altrincham	M	U11	29.80

### 150m Heat 9

1	358 Lauren Waddington	Chorley Tri AC	F	U11	22.76
2	367 Freya Hatcher	High Peak AC	F	U11	24.28
3	581 Ava Gregory	Scunthorpe	F	U11	24.58
4	561 Jessica Lord	Stockport Harriers	F	U11	24.81
5	129 Chloe Lyons	DMSF	F	U11	28.92

### 150m Heat 10

1	62 Idowu Taio	Bolton	F	U11	23.46
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2	368 Matilda Anderson	High Peak AC	F	U11	23.67
3	507 Emma Wood-doyle	Stockport Harriers	F	U11	23.87
4	532 Madeline Eaton-lymer	Unattached	F	U11	24.39
5	41 Eleanor Hopper	Wigan Harriers	F	U11	25.49

#### 150m Heat 11

1	549 Rebecca Dilworth	Macclesfield Harriers	F	U11	23.75
2	374 Iola Unsworth	Stockport Harriers	F	U11	23.92
3	149 Poppy Dunne	Bolton Harriers	F	U11	24.74
4	542 Kady Thompson	Clayton le Moors	F	U11	28.91
5	594 Holly Abbott	Sale Harriers Manchester	F	U11	29.26

#### 150m Heat 12

1	74 Zara Burns	Trafford AC	F	U11	23.50
2	146 Holly Stewart	Stockport Harriers	F	U11	24.41
3	575 Lauren Hancock	City of Stoke	F	U11	24.61
4	371 Rosa Ferguson	Stockport Harriers	F	U11	26.82

#### 1200m Heat 1

1	223 Ella Pendlebury	Horwich	F	U13	04:02.92
2	217 Neisha Roberts	Deeside	F	U13	04:05.64
3	143 Megan Harris-wood	High Peak AC	F	U13	04:08.66
4	78 Isabella Marritt	Horwich	F	U13	04:10.44
5	546 Alys-rees Jones	Menai	F	U13	04:14.98
6	219 Niamh Boyd	Sale Harriers Manchester	F	U15	04:21.30
7	4 Gerogia Parkinson	Menai	F	U13	04:25.42

#### 1500m Heat 1

1	224 Matthew Flatters	Horwich	M	U13	04:59.32
2	51 Ed Parry	Rushcliffe AC	M	U13	05:00.36
3	222 Matthew Mair	Horwich	M	U13	05:04.71
4	64 Will Atkinson	Keighley and Craven	M	U13	05:11.88
5	537 Cameron Murdoch	Stockport Harriers	M	U13	05:27.82
6	554 Mathew Hutchinson	Sale Harriers Manchester	M	U13	05:32.35
7	536 Finlay Mayoh	Stockport Harriers	M	U13	05:34.05
8	586 Dylan Carney	Vale Royal AC	M	U13	05:34.15
9	372 Leo Ferguson	Stockport Harriers	M	U13	06:01.57

#### 1500m Heat 2

1	225 Finley Proffitt	Macclesfield Harriers	M	U15	04:42.51
2	220 Ben Batho	Stockport Harriers	M	U15	04:43.05
3	210 John Gillbert	Sale Harriers Manchester	M	U15	05:00.62
4	566 Ffion-madi Rees-jones	Menai	F	U15	05:07.43
5	205 Eden Schiller	Staffs Moorlands	F	U15	05:14.52
6	216 Lauren Robinson	Macclesfield Harriers	F	U15	05:18.83